



Transfer Advising Worksheet – Pathways
A.S. in Community Health Education at Borough of Manhattan Community
College to B.S. in Therapeutic Recreation at Lehman College

Effective Date: Fall 2021

Borough of Manhattan Community College:

Common Core	
<i>Required Common Core – 13 credits</i>	
English Composition	6
Mathematical & Quantitative Reasoning	3
Life & Physical Sciences BIO 425 Anatomy and Physiology I	4
<i>Flexible Core – 18 credits</i>	
World Culture & Global Issues	3
U.S. Experience in Its Diversity	3
Creative Expression	6
Individual & Society	3
Scientific World PSY 100 Introduction to Psychology	3
Total Common Core	31
Associate Degree Major Requirements Remaining as Advised	
HED 110 Comprehensive Health Education	3
HED 211 Critical Health Topics & Issues	3
HED 301 Introduction of Community Health Education	3
HED 302 Health Counseling	3
General Electives	2
Choose 12 credits from 1 area of study: Health Education and Promotion, Food Studies, Exercise Science, Health Services Administration	12
Health Education Electives: Choose 1 course from: ACC 222 Accounting Principles II, AFL 161 Health Problems in Urban Communities, CHE 121 Fundamentals of General, Organic & Biological Chemistry I, FNB 100 Introduction to Finance, HED 190 Human Sexuality and Society, HED 195 Food, Culture and Society, HED 201 Health Education and Exercise, HED 202 Drug Use in American Society, HED 220 Human Sexuality, HED 225 Health Concerns of Women, HED 230 Consumer Health Survey, HED 235 Nutrition for Health, HED 240 First Aid, Safety and Cardio Pulmonary Resuscitation, HED 250 Stress: Awareness, Understanding ^[1] and Management, HED 255 Communication Strategies in Health Literacy, Promotion & Programming, HED 260 Fitness & Cardiovascular Health, HED 270 Health Perspectives of Death and Dying, HED 476 Cross Cultural Health Education/Peru and U.S., PHY 110 General Physics, PSY 240 Developmental Psychology	3
Total Associate Degree Major Credits	29
Total Program Credits	60

Lehman College:

College Option	Credits
Choose two of the following: LEH 352 Studies in Literature LEH 353 Studies in the Arts LEH 354 Historical Studies LEH 355 Studies in Philosophy, Theory, and Abstract Thinking	6
Bachelor's Degree Major Requirements Remaining	
12 credits in Recreation Education: REC 200 History and Philosophy of Recreation REC 210 Recreation Leadership REC 387 Research and Evaluation in Recreation Service REC 302 Administration of Recreation Services	12
18 credits in Therapeutic Recreation: REC 221 Introduction to Therapeutic Recreation Service REC 322 Assessment in Therapeutic Recreation REC 324 Therapeutic Recreation for Children and Youth REC 325 Therapeutic Recreation in Long-Term Care REC 421 Programs in Therapeutic Recreation Service REC 425 Processes and Techniques of Therapeutic Recreation	18
9 credits in Recreation Internship: REC 370 Recreation Internship REC 471 Therapeutic Recreation Internship	9
13 Credits in Supportive coursework: HIN 268 Growth and Development BIO 181 Anatomy and Physiology I PSY 166 General Psychology PSY 234 Abnormal Psychology	6
<i>Remaining credits in the Lehman major</i>	45
General Electives	
Students should consult with an advisor when choosing elective courses to ensure the 60-credit Liberal Arts requirement is being satisfied.	9
Total Credits Earned at Lehman College	60
Total Credits Transferred from BMCC	60
Total credits Required for Bachelor's degree at Lehman College	120