

Pathways to Success S.M.A.R.T. FORM

Weekly Study Activity and Performance Report

Name: _____ Last 4 SSN: _____ Date: _____

| COURSE NUMBER | # OF HOURS SPENT STUDYING LAST WEEK | GRADES RECEIVED SO FAR (quiz, exam, paper, presentation, etc.) | # OF CLASS DAYS MISSED |
|---------------|-------------------------------------|--|------------------------|
| 1. | | | |
| 2. | | | |
| 3. | | | |
| 4. | | | |
| 5. | | | |
| 6. | | | |

- Did you attend SEEK Supplemental Instruction (S.I.) this week? No Yes, in S.I. Course: _____
- Did you meet with a tutor? No Yes, Date: _____ Time: _____ Subject(s) _____
- Did you meet with your SEEK counselor or other advisor? No Yes, I met with _____

Describe obstacles or barriers to your academic performance or learning that you faced since we last met and how you coped with it.

Identify 2 successes or accomplishments regarding your studying and/or learning this past week.

FRIENDLY REMINDER: Research studies show that an average of 20 hours of study each week is necessary for academic success. This is about 2 hours of study for 1 hour of class time.