Old Gym, Suite 302 250 Bedford Park Blvd West Bronx, NY 10468

Phone: 347-577-4020 st Fax: 718-960-8243

Thank you for your interest in volunteering with us. If you want to join our email list, please visit our webpage <a href="http://www.lehman.edu/communityengagement">http://www.lehman.edu/communityengagement</a> and select *Register to Volunteer*.

#### **Short-Term Service Projects - Fall 2015**

08/31/15 to 11/07/15

# Tuesday, September 8, 2015

1:00 PM - Old Gym 302B

5:00 PM - Old Gym 302B

#### Wednesday, September 16, 2015

3:00 PM - Old Gym 302B

5:00 PM - Old Gym 302B

### Thursday, September 17, 2015

3:00 PM - Old Gym 302B

4:00 PM - Old Gym 302B

#### Thursday, September 24, 2015

11:00 AM - Old Gym 302B

4:30 PM- Old Gym 302B

#### Friday, September 25, 2015

2:00 PM - Old Gym 302B

4:00 PM - Old Gym 302B

#### Lehman L.I.F.E. Info Session

Come and learn about how you can travel to communities outside of the New York City area to complete educational community service projects and give back to the community with us during Spring Break!

You do not need to pre-register. Please arrive 10 minutes early to check in.

### Monday, August 31, 2015 to

#### Friday, September 4, 2015

Location: Front of Shuster Hall

Rain Location: Music Building Cafeteria

### **Mondays and Tuesdays**

8/31 - 12:00 PM -5:00 PM

9/1 - 12:00 PM -6:00 PM

9/2 - 1:00 PM - 5:00 PM

9/3 - 1:00 PM - 5:00 PM

#### Wednesdays and Thursdays

1:00 PM - 5:00 PM

#### **Marathon Table Sign Up**

Join us to volunteer for the **2015 TCS New York City Marathon** on

**Sunday, November 1.** There will be 48,000 runners who will need water and Gatorade to keep them fueled. They will need *YOU* and *YOUR* spirit at Mile 20, the only Bronx water station, to help cheer and move them

along!

#### Sign up TODAY!!!!

You can also sign up online here's HOW!

Go to https://mynyrr.nyrr.org/login and register with New York Road

Runners (NYRR)

Once you register, you will receive a confirmation email. Please follow

the link in the email to finish setting up your account. (Can't find the

confirmation email? Check your spam folder)

Now, log in to your new account and from the main page select

**VOLUNTEER** 

# OFFICE OF COMMUNITY ENGAGEMENT Old Gym, Suite 302 & NEW STUDENT PROGRAMS

250 Bedford Park Blvd West Fax: 718-960-8243 Bronx, NY 10468

Phone: 347-577-4020

Scroll down and select the volunteering event **FLUID STATIONS 2015** 

#### TCS NEW YORK CITY MARATHON

Once the page loads, scroll down and select FLUID STATION MILE 20 Complete the missing information and click ACCEPT AND VOLUNTEER!

#### Wednesday, September 2, 2015

Time: 3:30 PM - 5:00 PM

Location: In front of the Music Building

Volunteers are needed from

1:30 PM - 5:30 PM

#### Fall Semester Kick Off

Start the semester with a bang! Cheer on Lehman Athletics, meet clubs, offices and departments that will support you at Lehman, mingle with new and returning students, and enjoy free pizza! Go Lehman!

#### Saturday, September 5, 2015

Time: 11:00 AM - 3:00 PM

Location: 454 West 155th Street, New

York, NY 10032

# The National Child ID program

The National Child Identification Program is a community service initiative dedicated to providing parents and guardians with a tool they can use to help protect their children. The ID Kit allows parents to collect specific information by easily recording the physical characteristics and fingerprints of their children on identification cards that are then kept at home by the parent or guardian. If ever needed, this ID Kit will give authorities vital information to assist their efforts to locate a missing child.

Volunteers are needed to help out during the Masonic Child ID Program to direct children during the process by helping the parents fill out the forms and controlling the flow of traffic of the kids. If you do have any Spanish speaking students it would be a great help also.

# Thursday, September 10, 2015

Time: 11:00 AM - 2:00 PM

Location: Lehman College Walkway

# **Community Engagement Service Fair**

Meet with local organizations to learn about volunteer opportunities!

# Saturday, September 12, 2015

Time: 10:00 AM - 2:00 PM

Location: Mullaly Park

#### The Bronx is Blooming

The Bronx is Blooming engages youth and communities in environmental stewardship through the beautification of local parks. Join us as we help and maintain our Bronx parks!

#### Sign Up Online!

Deadline: 09/18/15

## TCS NYC Marathon Online Sign Up

Join us to volunteer for the 2015 TCS New York City Marathon on Sunday, November 1. There will be 48,000 runners who will need water and Gatorade to keep them fueled. They will need YOU and YOUR spirit at Mile 20, the only Bronx water station, to help cheer and move them

Phone: 347-577-4020 Fax: 718-960-8243

along!

You must register with NYRR by 09/18/15 to participate.

#### Online Registration:

- Go to https://mynyrr.nyrr.org/login and register with New York Road Runners (NYRR)
- Once you register, you will receive a confirmation email. Please follow the link in the email to finish setting up your account. (Can't find the confirmation email? Check your spam folder)
- Now, log in to your new account and from the main page select **VOLUNTEER**
- Scroll down and select the volunteering event FLUID STATIONS 2015 TCS NEW YORK CITY MARATHON
- Once the page loads, scroll down and select FLUID STATION MILE 20
- Complete the missing information and click ACCEPT AND VOLUNTEER!
- We'll see you on Sunday, November 1!

Mond	day, Sept	tember	21, 2015
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Time: 2:00 PM - 6:00 PM

Location: Lehman College Quad

Sponsored by the Student Government

Association

#### Fall 2015 Club Fair

Volunteer as a Station Support Assistant and help SGA in welcoming in the new academic year with floats, food, candy, music and a showcase of organizations and student-led clubs.

# Sunday, September 27, 2015

Time: 6:00 AM - 11:00 AM

Location: Corner of Paul Ave and W 205th

St (1 block from Lehman College)

#### **Bronx 10-Mile**

Volunteer at a fluid station and help us celebrate what makes the Bronx a unique, inspiring, and an amazing place to get out and get moving!

You must register with NYRR to participate.

#### Online Registration:

Go to https://mynyrr.nyrr.org/login and register with New York Road

Phone: 347-577-4020

Runners (NYRR)

- Once you register, you will receive a confirmation email. Please follow the link in the email to finish setting up your account. (Can't find the confirmation email? Check your spam folder)
- Now, log in to your new account and from the main page select **VOLUNTEER**
- Scroll down and select the volunteering event NYRR FIVE BOROUGH SERIES BRONX 10-MILE (VOLUNTEERS RECEIVE GUARANTEED ENTRY TO THE 2016 BRONX 10-MILE)
- Once the page loads, scroll down and select LEHMAN COLLEGE and click NEXT
- Once the page loads, complete the missing information and click ACCEPT AND VOLUNTEER!
- We'll see you on Sunday, September 27!

October 1, 2015 to October 22, 2015

Location: Student Cafeteria, Music

Building

10/01/15, 10/06/15, 10/08/15, 10/13/15,

10/15/15, 10/20/15 and 10/22/15

Time: 1:00 PM - 5:00 PM

Craft of Caring: Trick or Treat Bags for Lehman's Child Care Center

Come and decorate Trick or Treat bags for Halloween to be donated to the Lehman College Child Care Center. The children will travel around campus to trick-or-treat with bags that you have created!

Saturday, October 3, 2015

**Location: Allerton Ballfields, Bronx Park** 

Time: 10:00 AM

First Annual Walk for our Water

Celebrate Our Water!

3k Walk - 5k Run

Music Games Raffles Prizes

Come celebrate and help us protect New York's water with a walk or run along the Bronx River this October 3rd. The event is free and there will be fun for the whole family. We welcome you to join us.

Sign up at www.walkfourourwater.org

Thursday, October 8 2015 **Wellness Week 2015** 

Location: Lehman College Campus

Time: 1:00 PM - 4:00 PM

Become a Wellness Tour Guide!

Love to talk to people? Feel that you know a lot about Lehman and all

Old Gym, Suite 302 250 Bedford Park Blvd West Bronx, NY 10468

Phone: 347-577-4020 Fax: 718-960-8243

Sponsored by the Office of Wellness
Education and Promotion

For more information please email dugeidy.ortiz@lehman.cuny.edu or stop by the Old Gym Room 302!

the great resources available for students? Then join us as a Wellness tour guide during Wellness Week- October 8th when we will be holding 10-15 minutes tours on campus of the various places where you can be healthier or learn to live a healthier lifestyle. Volunteers will be trained to guide students through different campus locations and answer questions about what services and resources are available for students at these offices.

Help and connect your fellow students!

#### **All October Long**

**Tabling at Various Campus Locations** 

Sponsored by the Office of Wellness Education and Promotion

For more information please email dugeidy.ortiz@lehman.cuny.edu or stop by the Old Gym Room 302!

#### Wellness Tabling - Breast Cancer Awareness Month

-Interested in health and wellness? Do you feel comfortable talking to people about different health issues? Join us as a peer health ambassador! The Wellness Education program has multiple awareness raising projects monthly and needs students that are motivated and passionate about health. Volunteers are trained monthly and can create their own information/awareness raising projects!

-Help us raise awareness about Breast Cancer- prevention and education. Teach other students how to perform a self breast exam (BSE) and testicular self exam (TSE). Students will be trained by peer health educators on how to talk to other students about breast/testicular cancer symptoms, how to prevent breast cancer and how to perform a BSE & TSE.

The mission of Part of the Solution (POTS) is to be a loving community in

Join us to help students to live well and be well!

Date: Friday, October 9, 2015

**POTS: Part of the Solution** 

Time: 12:00 PM - 4:00 PM

**Location: POTS** 

the Bronx that nourishes the basic needs and hungers of all who come to their door. Join us in POTS Community Dining Room as we help serve hot and healthy meals to families.

Students will meet in the Old Gym, Room

302 and travel to POTS together.

Saturday, October 17, 2015

Times: Tours at 12:00 PM, 1:00 PM, 2:00

Open House New York - Lehman College

Phone: 347-577-4020 Fax: 718-960-8243

PM, 3:00 PM and 4:00 PM

Location: Lehman College Campus

For two days each October, the Annual Open House New York (OHNY) Weekend unlocks the doors of New York's most important buildings, offering an extraordinary opportunity to experience the city and meet the people who design, build, and preserve New York.

Through the unparalleled access that it enables, OHNY Weekend deepens our understanding of the importance of architecture and urban design to foster a more vibrant civic life, and helps catalyze a citywide conversation about how to build a better New York.

Volunteer as a tour guide and help highlight the many unique works of architecture and public art on this historic campus.

An overview and Lehman tour script will be provided

#### Sunday, October 18, 2015

Time: 8:30 AM

Location: Orchard Beach

# Making Strides Against Breast Cancer – American Cancer Society

The fight to end breast cancer starts with a single step. When you walk and raise money for a Making Strides Against Cancer event, you will help bring a lifetime of change for people facing breast cancer and their loved ones. No matter how breast cancer has affected you, your participation in Making Strides Against Breast Cancer walk will move you.

Walk with Lehman College! Fundraise and walk with us to help make this breast cancer's last century!

You must register to participate in this event.

#### Online Registration:

- Visit makingstrides.acsevents.org
- Find "SUPPORT A WALKER OR A TEAM"
- Under "FIND A TEAM" enter the team name: Lehman Team Lightning
- Once the page loads, click on the team name and then click "JOIN OUR TEAM" and complete the form

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Phone: 347-577-4020

	- We'll see you on Sunday, October 18!	
Saturday, October 24, 2015	Park Clean-up in Fort Four Playground	
Location: On Reservoir and Sedgwick	Help beautify the Fort Four Playground! Help plant flowers, put mulch in	
Avenue	the tree pits, paint and more!	
Thursday, October 29, 2015	Child Care Center Halloween Parade	
Time: 10:00 AM		
Location: Child Care Center	Make a child's day! Volunteer to help escort trick-or-treaters from the	
	Child Care Center around campus.	
Sunday November 1 2015	TCS New York City Marathon	

### Sunday, November 1, 2015

Time: 7:30 AM Location: Mile 20 (East 138th between

Alexander and Third Ave)

### ICS New York City Waratnon

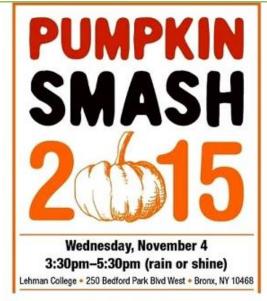
Our events truly cannot succeed without the hard work and dedication of our volunteers. We look forward to welcoming and supporting over 50,000 runners and 260 charities. Lehman College will take over the Mile 20 marker; it is the only station in the Bronx!! We'll hand out water and Gatorade to the runners and cheer them on.

Only volunteers that registered by 09/18/15 with NYRR can participate in this event.

# Online Registration:

- Go to https://mynyrr.nyrr.org/login and register with New York Road Runners (NYRR)
- Once you register, you will receive a confirmation email. Please follow the link in the email to finish setting up your account. (Can't find the confirmation email? Check your spam folder)
- Now, log in to your new account and from the main page select **VOLUNTEER**
- Scroll down and select the volunteering event FLUID STATIONS 2015 TCS NEW YORK CITY MARATHON
- Once the page loads, scroll down and select FLUID STATION MILE 20
- Complete the missing information and click ACCEPT AND VOLUNTEER!
- We'll see you on Sunday, November 1!





Location: The Quad

### Volunteer to support community composting!

- Learn about composting pumpkins
- Help with set-up
- Help guide participants through the pumpkin smashing process
- Smash pumpkins!

Sponsored by the Lehman College Sustainability Council and the NYC Compost Project

If you are ready to volunteer for this event, please email jenny.landsman@lehman.cuny.edu the following information:

Subject: Pumpkin Smash 2015, Full Name, Phone Number

# Thursday, November 5, 2015

#### Winter Wonderland Decoration Creation

Time: 2:00 PM - 5:00 PM

Location: Old Gym, Room 302

Join us as we make winter-themed decorations. Help us make snowflakes, wreathes, snowman, and more for the Lehman College's Child Care Center. Hot Chocolate and snacks will be served!

Please visit us in the Old Gym, Room 302. You do not need to preregister.

## Saturday, November 7, 2015

Time: 10:00 AM - 2:00 PM

Location: Pier 64 at West 24th Street and

the Hudson River

# 2015 Birch Family Services 5K

Birch Family Services will be holding a 5K run to support children and adults with autism and other developmental disabilities. Volunteers are

250 Bedford Park Blvd West Fax: 718-960-8243 Bronx, NY 10468

Phone: 347-577-4020

needed to ensure the success of this event.

Volunteer to help with set up, course support, fluid station support and

clean up.

All interested volunteers should email Michael Woliver at

Michael.Woliver@birchfamilyservices.org.

Wednesday, November 18, 2015

Time: 2:00 PM - 6:00 PM

Location: Volunteers will meet up in the

Old Gym, Room 302

Thursday, November 19, 2015

Time: 12:00 PM Location: South Field **Winter Wonderland Childcare Decorating** 

Join us as we decorate the Child Care Center with the winter-themed

decorations we created!

Fun Run/Walk & Turkey Trot

RACE FOR A FROZEN TURKEY!

Participate in our Annual Fun Run/Walk and Turkey Trot to benefit the Lehman L.I.F.E. Alternative Break Scholarship Program. The Lehman College community will participate in a walk around the South Field. \$5

for Students, \$10 for Faculty, Staff and Community Members.

Friday, November 20, 2015

Time: 12:00 PM - 4:00 PM

Location: POTS

**POTS: Part of the Solution** 

The mission of Part of the Solution (POTS) is to be a loving community in the Bronx that nourishes the basic needs and hungers of all who come to their door. Join us in POTS Community Dining Room as we help serve

hot and healthy meals to families.

Monday, November 23, 2015

Shifts Available:

3:30 PM - 7:00 PM: First Serving & Check-In

7:30 PM - 9:00 PM:

Second Serving & Check-In

Location: Music Building, **Faculty Dining Room** 

Sponsored by the Student Government

Association

**SGA Annual Thanksgiving Dinner** 

On November 23, 2015, SGA will be hosting their annual Thanksgiving Dinner in the Faculty Dining Room. Volunteer at the dinner and help make this a special Thanksgiving. There are various positions available

(Ex. Set-up, food server) and all students are welcome.