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50	Murch SJ, Simmons BC, Saena PK. Morixin in feverfew and medicinal plants. <i>Lancet</i> 1997;350:1598-9	therefore should not be used, with either known hepatotoxic or analgesic steroids, amiodarone, methotrexate, and ketorolac	UNIVERSITY OF MEDICINE AND HEALTH SCIENCES BALTIMORE, MARYLAND	Page 101
166	Miller LO. Herbal Medicinals: Selected clinical considerations on potential drug-herb interactions. <i>Arch Intern Med</i> 1999;159:11	However, Echinacea lacks the L2 saturated nectine ring assw with hepatotoxicity of pyrrolizidine alkaloids. Nonsteroidal anti-inflammatory drugs may negate the usefulness of feverfew in the treatment of migraine headaches. Feverfew, garlic, Ginkgo, ginger, and ginseng may alter bleeding time and should not be used concomitantly with warfarin sodium. Additionally, ginseng may cause headache, tremulousness, and manic episodes in patients treated with phenelzine sulfate. Ginseng should also not be used with estrogens or corticosteroids because of possible additive effects. Since the mechanism of action of St John's wort is uncertain, concomitant use with monoamine oxidase inhibitors and selective serotonin reuptake inhibitors is ill advised. Valerian should not be used concurrently with barbiturates because excessive sedation may occur. Kysuhen, licorice, pignolan, uzara root, Hawthorn, and ginseng may interfere with either digoxin pharmacodynamically or with digoxin monitoring. Evening	UNIVERSITY OF MEDICINE AND HEALTH SCIENCES BALTIMORE, MARYLAND	Page 101
167	Bennett DA Jr, Pham L, Polk JF, et al. Neuropharmacology of St (Hypericum). <i>Ann Pharmacother</i> 1999;33:1201-8			
203	Verbach EJ, Arnold KH, Hubner WD. Efficacy and tolerability of wort extract U 180 versus imipramine in patients with severe depressive episodes according to ICD-10. <i>Pharmacopsychiatry</i> 1997;30:164			
204	Wheeler D, Li 180, an extract of St John's wort, versus amitriptyline mildly to moderately depressed outpatients - a controlled 6-week trial. <i>Pharmacopsychiatry</i> 1997;30:77-80			
205	Vohr HP. Controlled clinical trials of hypericum extracts in depressed patients - an overview. <i>Pharmacopsychiatry</i> 1997;30 Suppl 2:7			
206	Outcrop RM, McAuliffe V, Hayden-Wilton J, et al. Phase I studies of the active compound in St. John's Wort, as an antidepressant agent in infected adults. <i>AIDS Clinical Trials Group Protocols</i> 150 and 258. <i>Ann Intern Med</i> 1999;130:510-4			
325	O'Beasail AM, Argoughart S. Hypomania and St John's wort. <i>Can J Psychiatry</i> 1999;44:745-7			
326	Hubner WD, Lande S, Podtzwiet H. Hypericum treatment of mild depressive with somatic symptoms. <i>J Geriatr Psychiatry Neurol</i> 1994;7 Suppl 1:S12-4			

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Search Results: **ST. JOHN'S WORT** (St John's Wort)

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ST. JOHN'S WORT

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Food Interaction

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Disease Interaction

Dosage

Comments

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Brand Names

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ST. JOHN'S WORT

(Also Known As: St John's Wort)

Quick Links:

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- Dosage/Administration

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Also Known As:

Amber, Amber Touch-and-Head, Demon Chaser, Eega Daemern, Goolweede, Harshay, Hyperikon, Hyperici Herba, Hypericum, Kalmus, Kalmus-Wurzel, Milieperut, Rosin Rose, Sankt Johannes Wort, Sankt, Tipton Weed

Scientific Name:

Hypericum perforatum

Family: Hypericaceae or Clusiaceae

People Use This For:

Orally, St. John's wort is used for depression, dysthymia, anxiety, head palpitations, mood associated with menopause, atypical depression, bipolar disorder (ADHD), obsessive-compulsive disorder (OCD), and seasonal affective disorder (SAD). Other uses include exhaustion, smoking, fibromyalgia, chronic fatigue syndrome (CFS), menstrual pain syndromes, fibrositis, headache, headache, muscle pain, neuralgia, and sciatica. It is also used orally for secondary syphilis with depression such as fatigue, loss of appetite, insomnia, and anxiety. It is also used as a tincture, HVAIDS, hepatitis C, and as a diuretic. Only St. John's wort preparations are used as ingestion.

Typically, oral St. John's wort preparations are used for treating bruises and abrasions, and muscle pain, first degree burns, ground rashes, insect bites, hemorrhoids, itching, and skin conditions. In manufacturing, the hypericin extracts of St. John's wort are used in the making of...

Safety:

LIKELY SAFE...when used orally and appropriately. St. John's wort extract seems to be safe for 8 weeks (5647, 5648, 5649, 5650, 5651, 5652, 5653, 5654, 5655, 5656, 5657, 5658, 5659, 5660, 5661, 5662, 5663, 5664, 5665, 5666, 5667, 5668, 5669, 5670, 5671, 5672, 5673, 5674, 5675, 5676, 5677, 5678, 5679, 5680, 5681, 5682, 5683, 5684, 5685, 5686, 5687, 5688, 5689, 5690, 5691, 5692, 5693, 5694, 5695, 5696, 5697, 5698, 5699, 5700, 5701, 5702, 5703, 5704, 5705, 5706, 5707, 5708, 5709, 5710, 5711, 5712, 5713, 5714, 5715, 5716, 5717, 5718, 5719, 5720, 5721, 5722, 5723, 5724, 5725, 5726, 5727, 5728, 5729, 5730, 5731, 5732, 5733, 5734, 5735, 5736, 5737, 5738, 5739, 5740, 5741, 5742, 5743, 5744, 5745, 5746, 5747, 5748, 5749, 5750, 5751, 5752, 5753, 5754, 5755, 5756, 5757, 5758, 5759, 5760, 5761, 5762, 5763, 5764, 5765, 5766, 5767, 5768, 5769, 5770, 5771, 5772, 5773, 5774, 5775, 5776, 5777, 5778, 5779, 5780, 5781, 5782, 5783, 5784, 5785, 5786, 5787, 5788, 5789, 5790, 5791, 5792, 5793, 5794, 5795, 5796, 5797, 5798, 5799, 5800, 5801, 5802, 5803, 5804, 5805, 5806, 5807, 5808, 5809, 5810, 5811, 5812, 5813, 5814, 5815, 5816, 5817, 5818, 5819, 5820, 5821, 5822, 5823, 5824, 5825, 5826, 5827, 5828, 5829, 5830, 5831, 5832, 5833, 5834, 5835, 5836, 5837, 5838, 5839, 5840, 5841, 5842, 5843, 5844, 5845, 5846, 5847, 5848, 5849, 5850, 5851, 5852, 5853, 5854, 5855, 5856, 5857, 5858, 5859, 5860, 5861, 5862, 5863, 5864, 5865, 5866, 5867, 5868, 5869, 5870, 5871, 5872, 5873, 5874, 5875, 5876, 5877, 5878, 5879, 5880, 5881, 5882, 5883, 5884, 5885, 5886, 5887, 5888, 5889, 5890, 5891, 5892, 5893, 5894, 5895, 5896, 5897, 5898, 5899, 5900, 5901, 5902, 5903, 5904, 5905, 5906, 5907, 5908, 5909, 5910, 5911, 5912, 5913, 5914, 5915, 5916, 5917, 5918, 5919, 5920, 5921, 5922, 5923, 5924, 5925, 5926, 5927, 5928, 5929, 5930, 5931, 5932, 5933, 5934, 5935, 5936, 5937, 5938, 5939, 5940, 5941, 5942, 5943, 5944, 5945, 5946, 5947, 5948, 5949, 5950, 5951, 5952, 5953, 5954, 5955, 5956, 5957, 5958, 5959, 5960, 5961, 5962, 5963, 5964, 5965, 5966, 5967, 5968, 5969, 5970, 5971, 5972, 5973, 5974, 5975, 5976, 5977, 5978, 5979, 5980, 5981, 5982, 5983, 5984, 5985, 5986, 5987, 5988, 5989, 5990, 5991, 5992, 5993, 5994, 5995, 5996, 5997, 5998, 5999, 6000, 6001, 6002, 6003, 6004, 6005, 6006, 6007, 6008, 6009, 6010, 6011, 6012, 6013, 6014, 6015, 6016, 6017, 6018, 6019, 6020, 6021, 6022, 6023, 6024, 6025, 6026, 6027, 6028, 6029, 6030, 6031, 6032, 6033, 6034, 6035, 6036, 6037, 6038, 6039, 6040, 6041, 6042, 6043, 6044, 6045, 6046, 6047, 6048, 6049, 6050, 6051, 6052, 6053, 6054, 6055, 6056, 6057, 6058, 6059, 6060, 6061, 6062, 6063, 6064, 6065, 6066, 6067, 6068, 6069, 6070, 6071, 6072, 6073, 6074, 6075, 6076, 6077, 6078, 6079, 6080, 6081, 6082, 6083, 6084, 6085, 6086, 6087, 6088, 6089, 6090, 6091, 6092, 6093, 6094, 6095, 6096, 6097, 6098, 6099, 6100, 6101, 6102, 6103, 6104, 6105, 6106, 6107, 6108, 6109, 6110, 6111, 6112, 6113, 6114, 6115, 6116, 6117, 6118, 6119, 6120, 6121, 6122, 6123, 6124, 6125, 6126, 6127, 6128, 6129, 6130, 6131, 6132

Disinfectant/Carotenoids/Heat/Cold Stabilizers
Leukotriene Inhibitors/Immunotherapy/Mitochondrion
The Bottom Line

Allergic rhinitis is very common. It affects about 17% of the population in North America.^{16,100} Interestingly, in the last 20 years, there's been a dramatic increase in the incidence of allergic rhinitis.¹⁰⁰⁰¹

People with allergic rhinitis are also more likely to develop asthma, bronchitis, sinusitis, otitis media with effusion, otitis media, and other complications.¹⁰⁰⁰¹

Allergic Rhinitis Risk Factors	
Allergic rhinitis is MORE common in: ¹⁰⁰⁰²	• nonwhite populations • people who live in high pollution areas. • higher socioeconomic classes. • people with a family history of allergy. • people who were born during peak pollen season. • firstborn children. • children exposed to heavy cigarette smoking during their first year. • children given foods or formula in infancy.
Allergic rhinitis is LESS common in people who: ¹²³¹⁰	• attend a large family. • come from a disaster area at an early age. • were exposed to common community infections. • did NOT get antibiotics for treatment of common childhood illnesses.

Practical evidence-based information on using natural medicines for specific conditions and other topics. Courses and reports provide accredited continuing education (CE/CME) for physicians, pharmacists, NPs, CNMs, PAs, and RDs.

er extend, the leaves. Several active
nents that play a significant role are
ought to be the component of St. John's
hypericin, adhyperin, and several other
4620, 7007, 11400). Both hypericin and
and norepinephrine
nations 763-6257 (9296).

Brands Containing: ST. JOHN'S

A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P	Q	R	S	T	U	V	W	X	Y	Z
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Acme Gel by Nelson Bach.
Alcohol-Free Echinacea Goldenseal
Alleviate by Upsher-Smith Laboratories
Alvid by Selmidea Healthcare.
Amazing Herbs Black Seed Female
Amberoz by Selmidea Healthcare.
Amoxidin by Selmidea Healthcare.
Amoryn by Biotech Corporation.
Animal Cuts Free by
Anti-Depressant Fo

1 2 3 4 5 6 7 8 9 10
Lowest Rated Highest Rated

Ingredients: [hide](#)

Two softgels contain: Fish Oil concentrate 2400 mg, containing Eicosapentaenoic Acid (EPA, omega-3) 432 mg, and Docosahexaenoic Acid (DHA, omega-3) 288 mg. Other Ingredients: Gelatin (non-bovine), Glycerin, Water, Tocopherol.

Contains: Fish (anchovy, sardine) and Soy.

Brand name products often contain multiple ingredients. To read detailed information about each ingredient, click on the link for the individual Ingredient shown above.

[hide ingredients](#)

Editor's Comments: [hide](#)
(USP Verified Product)
 This product has been certified by the United States Pharmacopeia (USP) [Certified Supplement Verification Program](#). This certification ensures that this product contains the ingredients listed on the label and meets USP standards for purity and good manufacturing practices. This certification does not ensure safety or effectiveness. For information about safety, effectiveness, side effects, interactions and other clinical information, click the links for the individual ingredients to review the detailed ingredient monographs.