











































## **Bronx Telehealth Counseling Center**



### **Client Referral Resources**



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Type of Referral	Resource	Contact Information
  <b>Crisis &amp; Emergency Services</b>	<b>National Suicide Prevention Lifeline</b>	24/7 free, confidential support in English & Spanish <ul style="list-style-type: none"> <li> Call or Text: 988</li> <li> 988lifeline.org</li> </ul>
	<b>NYC Well</b>	Mental Health Crisis <ul style="list-style-type: none"> <li> Call: 1-888-NYC-WELL (1-888-692-9355)</li> <li> Text: "WELL" to 65173</li> <li> nyc.gov/nycwell</li> </ul>
	<b>St. Barnabas Hospital</b>	Psychiatric ER <ul style="list-style-type: none"> <li> 4422 Third Ave, Bronx, NY 10457</li> <li> Call: 718-960-9000</li> </ul>
	<b>Lincoln Hospital</b>	Psychiatric ER <ul style="list-style-type: none"> <li> 234 E 149th St, Bronx, NY 10451</li> <li> Main Line: 718-579-5000</li> <li> Psych ER Direct: 718-579-8096</li> </ul>
  <b>Mental Health &amp; Substance Use Support</b>	<b>New York Psychotherapy &amp; Counseling Center</b>	Counseling & mental health in Bronx, NY <ul style="list-style-type: none"> <li> 579 Courtlandt Ave, Bronx, NY 10451</li> <li> (718) 908-8000</li> </ul>
	<b>Open Path Collective</b>	Low-Cost Therapy Options <ul style="list-style-type: none"> <li> openpathcollective.org</li> </ul>
	<b>The Bridge</b>	Comprehensive services for clients seeking to manage their mental health and/or substance use in NYC. <ul style="list-style-type: none"> <li> Call: 718-681-6000</li> <li> thebridgeny.org</li> </ul>
	<b>The Montefiore Einstein</b>	Department of Psychiatry & Behavioral Sciences <ul style="list-style-type: none"> <li> 111 E. 210th St, Bronx</li> <li> Call: 718-920-4321</li> </ul>
	<b>NYC Narcotics Anonymous (NA)</b>	Offers meetings both virtual and in person <ul style="list-style-type: none"> <li> Hotline: 212-929-6262</li> <li> <a href="https://newyorkna.org/">https://newyorkna.org/</a></li> </ul>

 <b>Domestic Violence &amp; Abuse Support</b>	<b>NYC Domestic Violence Hotline</b>	NYC 24-Hour Domestic Violence Hotline <ul style="list-style-type: none"> <li>•  Call: 1-800-621-HOPE (4673)</li> </ul>
	<b>NYC Family Justice Center (Bronx)</b>	Supports survivors of domestic and gender-based violence <ul style="list-style-type: none"> <li>•  198 E. 161st St, Bronx</li> <li>•  Call: 718-508-1220</li> </ul>
	<b>Adult Protective Services (Bronx)</b>	APS works to help adult at-risk clients live safely in their homes <ul style="list-style-type: none"> <li>•  Call: 929-252-8500</li> <li>•  <a href="http://nyc.gov/site/hra/help/adult-protective-services.page">nyc.gov/site/hra/help/adult-protective-services.page</a></li> </ul>
 <b>Housing &amp; Food Access</b>	<b>Food Bank For NYC (Bronx Distribution)</b>	Food Bank For New York City <ul style="list-style-type: none"> <li>•  Call: 212-566-7855</li> <li>•  <a href="http://www.foodbanknyc.org">www.foodbanknyc.org</a></li> </ul>
	<b>City Relief</b>	Bronx location has: Soup, bread, beverages, socks, hygiene kits, prayer, & Life Care Visits (i.e.: one-on-one referrals to resources.) <ul style="list-style-type: none"> <li>•  Brooke Ave (between 147<sup>th</sup> &amp; 148<sup>th</sup>), Bronx</li> <li>•  Call: 718-508-1220</li> <li>•  Saturdays, 11am-1pm</li> </ul>
	<b>BronxWorks</b>	Adult and Family Homeless Services <ul style="list-style-type: none"> <li>•  Call: 718-993-7100</li> <li>•  <a href="http://bronxworks.org">bronxworks.org</a></li> </ul>
	<b>Partnership for the Homeless</b>	Housing and Crisis Assistance <ul style="list-style-type: none"> <li>•  Call: 212-645-3444  <a href="http://partnershipforthehomeless.org">partnershipforthehomeless.org</a></li> </ul>
 <b>Medical &amp; Disability Services</b>	<b>NYC Health + Hospitals</b>	Offers quality, affordable care in every New York City neighborhood <ul style="list-style-type: none"> <li>•  Call: 1-844-NYC-4NYC</li> <li>•  <a href="http://nychealthandhospitals.org">nychealthandhospitals.org</a></li> </ul>
	<b>Institute for Family Health (Bronx)</b>	Primary medical care, behavioral health, dental care for children and adults of all ages. <ul style="list-style-type: none"> <li>•  718-405-3070</li> <li>•  <a href="http://institute.org">institute.org</a></li> </ul>

	<b>Bronx Aids Services</b>	HIV/AIDS care, PrEP, and support services on sliding scale <ul style="list-style-type: none"> <li>• ☎ 718.295.BOOM</li> <li>• 🌐 boomhealth.org</li> </ul>
	<b>NYC Mayor's Office for People with Disabilities (Bronx Liaison)</b>	Free disability ID cards, transportation passes, accessibility advocacy, and more <ul style="list-style-type: none"> <li>• ☎ 212-788-2830</li> <li>• 🌐 nyc.gov/mopd</li> </ul>
	<b>Center for Independence of the Disabled, NY - Bronx Office</b>	Helps with SSI/SSDI applications, accessible housing, and job training. <ul style="list-style-type: none"> <li>• ☎ 646-442-1520</li> <li>• 📍 1200 Waters Place, Suite 106</li> <li>• 🌐 cidny.org/</li> </ul>
	<b>YAI</b>	Provides more than 300 programs and services for children and adults with disabilities in NYC <ul style="list-style-type: none"> <li>• ☎ 212.273.6100</li> <li>• 🌐 yai.org</li> </ul>
 <b>LGBTQ+ &amp; Marginalized Community Support</b>	<b>Callen-Lorde Bronx Health Center</b>	Offers affirming primary and sexual health care, behavioral health assessments and referrals <ul style="list-style-type: none"> <li>• ☎ (718) 933-1750</li> <li>• 📍 3144 3rd Ave, Bronx</li> <li>• 🌐 callen-lorde.org/bronx</li> </ul>
	<b>The Bronx LGBTQ Center</b>	Advocates for LGBTQIA+ Interests; educating, empowering; and providing social support <ul style="list-style-type: none"> <li>• ☎ (718) 808-1365</li> <li>• 📍 1475 Westchester Ave, Bronx</li> <li>• 🌐 pridecentersi.org</li> </ul>
	<b>Make the Road NY (Bronx)</b>	Provides resources and access to various services for immigrant and working-class communities <ul style="list-style-type: none"> <li>• ☎ (718) 565-8500</li> <li>• 📍 910 Prospect Ave, Bronx</li> <li>• 🌐 maketheroadny.org</li> </ul>
	<b>Ali Forney Center (Citywide, Bronx Housing)</b>	Provides medical & social services for POC, undocumented, trans youth <ul style="list-style-type: none"> <li>• ☎ (212) 222-3427 (24/7 hotline)</li> <li>• 🌐 aliforneycenter.org</li> </ul>
	<b>The Children's Village (Bronx)</b>	Provides foster care, family support, mental health services, and transitional housing for at-risk youth and families.

<b>Child, Youth &amp; Family Services</b>		<ul style="list-style-type: none"> <li>• ☎ 718-220-4700</li> <li>• 📍 400 E. Fordham Road, Bronx</li> <li>• 🌐 childrensvillage.org</li> </ul>
	<b>Good Shepherd Services (Bronx)</b>	Provides 100+ programs for youth and families throughout New York City <ul style="list-style-type: none"> <li>• ☎ 212-243-7070</li> <li>• 🌐 goodshepherds.org</li> </ul>
	<b>Children's Aid</b>	Supports children, youth, and their families in targeted high-needs New York City neighborhoods <ul style="list-style-type: none"> <li>• ☎ 212.949.4800</li> <li>• 🌐 childrensaidnyc.org</li> </ul>
	<b>New York City Department of Youth and Community Development</b>	Offers engaging high-quality programs for young people in all five boroughs of New York City <ul style="list-style-type: none"> <li>• ☎ 800-246-4646</li> <li>• 🌐 nyc.gov/site/dycd/about/about-dycd/about-dycd.page</li> </ul>
 <b>Veterans &amp; Military Families</b>	<b>Bronx VA Medical Center</b>	Provides free medical/mental healthcare, addiction treatment, and housing assistance for veterans. <ul style="list-style-type: none"> <li>• 📍 130 West Kingsbridge Road</li> <li>• Bronx</li> <li>• ☎ Call: 800-877-6976</li> <li>• 🌐 va.gov/bronx-health-care/</li> </ul>
	<b>NYC Department of Veterans' Services (Bronx Office)</b>	Helps veterans access benefits, employment, and family support <ul style="list-style-type: none"> <li>• ☎ *212-416-5250*</li> <li>• 📍 2471 Morris Ave, Suite 1X, Bronx</li> <li>• 🌐 nyc.gov/vets</li> </ul>
	<b>Black Veterans for Social Justice (BVSJ - Bronx Outreach)</b>	Specializes in housing, PTSD counseling, and advocacy for Black/Latino veterans <ul style="list-style-type: none"> <li>• ☎ 718-852-6004</li> <li>• 🌐 bvsj.org</li> </ul>
 <b>Legal &amp; Financial Assistance</b>	<b>Bronx Legal Services</b>	Free civil legal assistance for low-income residents. <ul style="list-style-type: none"> <li>• ☎ 718-928-3700</li> <li>• 🌐 legalservicesnyc.org</li> </ul>
	<b>NYC ACCESS HRA (Benefits)</b>	Apply for SNAP, cash assistance, Medicaid. <ul style="list-style-type: none"> <li>• ☎ Call: 718-557-1399 (Bronx office)</li> </ul>

		<ul style="list-style-type: none"> <li>•  <a href="https://nyc.gov/site/hra/index.page">nyc.gov/site/hra/index.page</a></li> </ul>
	<b>Neighborhood Trust Financial Partners</b>	<p>Provides free financial coaching, credit repair, and tax preparation to help Bronx residents build economic stability</p> <ul style="list-style-type: none"> <li>•  (212) 740-0220</li> <li>•  <a href="https://neighborhoodtrust.org">neighborhoodtrust.org</a></li> </ul>
	<b>NYC Financial Empowerment Centers</b>	<p>Free one-on-one financial counseling (debt reduction, budgeting, and banking access) for all NYC residents, regardless of income.</p> <ul style="list-style-type: none"> <li>•  (212) 925-4929</li> <li>•  <a href="https://access.nyc.gov/programs/nyc-financial-empowerment-centers/#how-to-apply">access.nyc.gov/programs/nyc-financial-empowerment-centers/#how-to-apply</a></li> </ul>
 <b>Grief &amp; Trauma Support</b>	<b>MJHS Hospice Bereavement Services</b>	<p>Free grief counseling and support groups (virtual/in-person) for all ages, including child-specific programs.</p> <ul style="list-style-type: none"> <li>•  1-800-260-2342 (24/7)</li> <li>•  <a href="https://mjhs.org">mjhs.org</a></li> </ul>
	<b>NYC Crisis Counseling Program (via NYC Well)</b>	<p>Free post-disaster mental health support (floods, fires, community violence).</p> <ul style="list-style-type: none"> <li>•  1-888-NYC-WELL (692-9355)</li> <li>•  <a href="https://nyc.gov/nycwell">nyc.gov/nycwell</a></li> </ul>
 <b>Employment &amp; Education</b>	<b>BronxWorks Workforce Development</b>	<p>Free job training (construction, healthcare, IT), resume workshops, and employer partnerships for Bronx residents 18+.</p> <ul style="list-style-type: none"> <li>•  (718) 402-1212</li> <li>•  60 E Tremont Ave, Bronx</li> <li>•  <a href="https://bronxworks.org/services/workforce">bronxworks.org/services/workforce</a></li> </ul>
	<b>Hot Bread Kitchen (HBK) - Culinary Career Training</b>	<p>Offers free culinary training and job placement for underserved Bronx residents.</p> <ul style="list-style-type: none"> <li>•  75 Port Morris, Bronx, NY</li> <li>•  (646) 863-9444</li> <li>•  <a href="mailto:info@hotbreadkitchen.org">info@hotbreadkitchen.org</a></li> <li>•  <a href="https://hotbreadkitchen.org">hotbreadkitchen.org</a></li> </ul>
	<b>The Lehman College Adult Learning Center (ALC)</b>	<p>Adult education programs</p> <ul style="list-style-type: none"> <li>•  250 Bedford Park Blvd. West Bronx, New York</li> <li>•  718-960-8807</li> <li>•  <a href="mailto:info.alc@lehman.cuny.edu">info.alc@lehman.cuny.edu</a></li> </ul>

		 <a href="http://lehman.edu/academics/education/institute-for-literacy-studies/Programs/alc/">lehman.edu/academics/education/institute-for-literacy-studies/Programs/alc/</a>
	<b>Mercy Center Bronx (Women-Focused)</b>	<p>Women-focused education with free GED classes, childcare, and career support in a safe, holistic environment</p> <ul style="list-style-type: none"> <li>•  (718) 993-2789</li> <li>•  377 E 145th St, Bronx</li> <li>•  <a href="http://mercycenterbronx.org">mercycenterbronx.org</a></li> </ul>