



**Transfer Advising Worksheet – Pathways  
A.S. in School Health Education at Borough of Manhattan Community  
College to B.S. in Therapeutic Recreation at Lehman College**

**Effective Date:** Fall 2021

**Borough of Manhattan Community College:**

<b>Common Core</b>	
<i>Required Common Core – 13 credits</i>	
English Composition	6
Mathematical & Quantitative Reasoning	3
Life & Physical Sciences <i>BIO 425 Anatomy and Physiology I</i>	4
<i>Flexible Core – 18 credits</i>	
World Culture & Global Issues	3
U.S. Experience in Its Diversity	3
Creative Expression	6
Individual & Society	3
Scientific World <i>PSY 100 Introduction to Psychology</i>	3
<b>Total Common Core</b>	<b>31</b>
<b>Associate Degree Major Requirements Remaining as Advised</b>	
EDS 201 Adolescent Learning and Development EDU 202 Urban Schools in a Diverse American Society HED 110 Comprehensive Health Education HED 202 Drug Use in American Society HED 220 Human Sexuality HED 230 Consumer Health Survey HED 235 Nutrition for Health HED 302 Health Counseling	25
Program Electives (Choose at least 5 credits) EDU 201 Observing Children and their Development, <b>HED 201 Health Education and Exercise</b> , HED 210 Contemporary Health Issues, <b>HED 211 Critical Health Topics &amp; Issues strongly recommended</b> , HED 240 First Aid, Safety and Cardio Pulmonary Resuscitation, HED 250 Stress: Awareness, Understanding <sup>[SEP]</sup> and Management, HED 260 Fitness & Cardiovascular Health, ECE 201 The Exceptional Child	5
<b>Total Associate Degree Major Credits</b>	<b>30</b>
<b>Total Program Credits</b>	
	<b>61</b>

**Lehman College:**

<b>College Option</b>	<b>Credits</b>
<b>Choose two of the following:</b> LEH 352 Studies in Literature LEH 353 Studies in the Arts LEH 354 Historical Studies LEH 355 Studies in Philosophy, Theory, and Abstract Thinking	<b>6</b>
<b>Bachelor's Degree Major Requirements Remaining</b>	
12 credits in Recreation Education: REC 200 History and Philosophy of Recreation REC 210 Recreation Leadership REC 302 Administration of Recreation Services REC 387 Research and Evaluation in Recreation Service	<b>12</b>
18 credits in Therapeutic Recreation: REC 221 Introduction to Therapeutic Recreation Service REC 322 Assessment in Therapeutic Recreation REC 324 Therapeutic Recreation for Children and Youth REC 325 Therapeutic Recreation in Long-Term Care REC 421 Programs in Therapeutic Recreation Service REC 425 Processes and Techniques of Therapeutic Recreation	<b>18</b>
9 credits in Recreation Internship: REC 370 Recreation Internship REC 471 Therapeutic Recreation Internship	<b>9</b>
13 Credits in Supportive coursework: HIN 268 Growth and Development BIO 181 Anatomy and Physiology I PSY 166 General Psychology PSY 234 Abnormal Psychology	<b>6</b>
<b>Remaining credits in the Lehman major</b>	<b>45</b>
<b>General Electives</b>	
Students should consult with an advisor when choosing elective courses to ensure the 60-credit Liberal Arts requirement is being satisfied.	<b>8</b>
<b>Total Credits Earned at Lehman College</b>	<b>59</b>
<b>Total Credits Transferred from BMCC</b>	<b>61</b>
<b>Total credits Required for Bachelor's degree at Lehman College</b>	<b>120</b>