



Transfer Advising Worksheet – Pathways

A.S. in Community Health Education at Borough of Manhattan Community College to B.S. in Health Education and Promotion, Option II at Lehman College

Effective Date: Fall 2021

Borough of Manhattan Community College:

Common Core	
<i>Required Common Core – 14 credits</i>	
English Composition	6
Mathematical & Quantitative Reasoning <i>MAT 150 Introduction to Statistics (same as MAT 150.5)</i>	4
Life & Physical Sciences <i>BIO 425 Anatomy and Physiology I</i>	4
<i>Flexible Core – 19 credits</i>	
World Culture & Global Issues	3
U.S. Experience in Its Diversity	3
Creative Expression	6
Individual & Society	3
Scientific World <i>BIO 426 Anatomy and Physiology II</i>	4
Total Common Core	33
Associate Degree Major Requirements Remaining as Advised	
HED 110 Comprehensive Health Education	3
HED 211 Critical Health Topics & Issues	3
HED 301 Introduction of Community Health Education	3
HED 302 Health Counseling	3
Choose 12 credits from 1 area of study: Food Studies, Exercise Science, Health Services Administration, or Health Education and Promotion: HED 202 Drug Use in American Society, HED 220 Human Sexuality, HED 235 Nutrition for Health, HED 250 Stress: Awareness, Understanding ^[1] and Management	12
Health Education Electives: Choose 1 course from: ACC 222 Accounting Principles II, AFL 161 Health Problems in Urban Communities, CHE 121 Fundamentals of General, Organic & Biological Chemistry I, FNB 100 Intro to Finance, HED 190 Human Sexuality and Society, HED 195 Food, Culture and Society, HED 201 Health Ed and Exercise, HED 202 Drug Use in American Society, HED 220 Human Sexuality, HED 225 Health Concerns of Women, HED 230 Consumer Health Survey, HED 235 Nutrition for Health, HED 240 First Aid, Safety and CPR, HED 250 Stress: Awareness, Understanding ^[1] and Management, HED 255 Communication Strategies in Health Literacy, Promotion & Programming, HED 260 Fitness & Cardiovascular Health, HED 270 Health Perspectives of Death and Dying, HED 476 Cross Cultural Health Education/Peru and U.S., PHY 110 General Physics, PSY 240 Developmental Psychology	3
Total Associate Degree Major Credits	27
Total Program Credits	60

Lehman College:

College Option	Credits
Choose two of the following: LEH 352 Studies in Literature LEH 353 Studies in the Arts LEH 354 Historical Studies LEH 355 Studies in Philosophy, Theory, and Abstract Thinking	6
Bachelor's Degree Major Requirements Remaining	
HSD 240 Nutrition and Health HSD 266 The U.S. Health Care Delivery System HSD 269 Fundamentals of Biostatistics for Health Professionals HSD 306 Epidemiology HEA 249 Foundations of Health HEA 267 Human Behavior and Health HEA 300 Introduction to Public Health HEA 320 Health Counseling HEA 400 Program Planning and Evaluation HEA 437 Strategies in Community Health and Nutrition Education	24
Option 2 – Community Health and Nutrition: DFN 120 The Nature and Science of Food DFN 220 Foods, Society, and Health DFN 341 Nutrition Throughout the Life Cycle DFN 472 Field Experience in Community Nutrition EXS 264 Introduction to Exercise Science OR EXS 265 Behavioral Aspects of Physical Activity CHE 114 Essentials of General Chemistry Lecture CHE 115 Essentials of General Chemistry Laboratory BIO 181 Anatomy and Physiology I BIO 182 Anatomy and Physiology II	19.5
Remaining credits in the Lehman major	43.5
General Electives	
Students should consult with an advisor when choosing elective courses to ensure the 60-credit Liberal Arts requirement is being satisfied.	10.5
Total Credits Earned at Lehman College	60
Total Credits Transferred from BMCC	60
Total credits Required for Bachelor's degree at Lehman College	120