



Transfer Advising Worksheet – Pathways
A.S. in Community Health Education at Borough of Manhattan Community College to B.S. in Recreation Education at Lehman College

Effective Date: Fall 2023

Borough of Manhattan Community College:

Common Core	
<i>Required Common Core – 12 credits</i>	
English Composition	6
Mathematical & Quantitative Reasoning	3
Life & Physical Sciences	3
<i>Flexible Core – 18 credits</i>	
World Culture & Global Issues	3
U.S. Experience in Its Diversity	3
Creative Expression	6
Individual & Society	3
Scientific World	3
Total Common Core	30
Associate Degree Major Requirements Remaining as Advised	
HED 110 Comprehensive Health Education	3
HED 211 Critical Health Topics & Issues	3
HED 301 Introduction of Community Health Education	3
HED 302 Health Counseling	3
General Electives	2-3
Choose 12 credits from 1 area of study: Health Education and Promotion, Food Studies, Health Services Administration, or Exercise Science: Exercise Science HED 201 Health Education and Exercise, HED 235 Nutrition for Health, HED 240 First Aid, Safety and CPR, HED 260 Fitness & Cardiovascular Health	12
Health Education Electives: Choose 1 course from: ACC 222 Accounting Principles II, AFL 161 Health Probs in Urban Communities, CHE 121 Fundamentals of General, Organic & Biological Chem I, FNB 100 Intro to Finance, HED 190 Human Sexuality and Society, HED 195 Food, Culture and Society, HED 201 Health Ed and Exercise, HED 202 Drug Use in American Society, HED 220 Human Sexuality, HED 225 Health Concerns of Women, HED 230 Consumer Health Survey, HED 235 Nutrition for Health, HED 240 First Aid, Safety and CPR, HED 250 Stress: Awareness, Understanding, and Management, HED 255 Communication Strategies in Health Literacy, Promotion & Programming, HED 260 Fitness & Cardiovascular Health, HED 270 Health Perspectives of Death and Dying, HED 476 Cross Cultural Health Education/Peru and U.S., PHY 110 General Physics, PSY 240 Developmental Psych	3-4
Total Associate Degree Major Credits	30
Total Program Credits	
	60

Lehman College:

College Option	Credits
Choose two of the following: LEH 352 Studies in Literature LEH 353 Studies in the Arts LEH 354 Historical Studies LEH 355 Studies in Philosophy, Theory, and Abstract Thinking	6
Bachelor's Degree Major Requirements Remaining	
21 credits in Recreation Education: REC 200 History and Philosophy of Recreation REC 210 Recreation Leadership REC 240 Inclusive Recreation Service REC 302 Administration of Recreation Service REC 360 Selected Topics in Recreation REC 387 Research and Evaluation in Recreation REC 422 Program Planning in Recreation	21
12 Credits in One Concentration: Either... Recreation Management: REH 330 – Management of Youth Serving Organizations REC 361 Outdoor Recreation and Sustainable Management REC 405 Facility Management in Recreation Service REC 410 Advanced Financial and Human Resource Management in Rec. Service Or... Exercise and Sport: EXS 264 Introduction to Exercise Science EXS 265 Behavioral Aspects of Physical Activity EXS 304 Coaching Youth and Team Sports EXS 424 Principles and Practices of Fitness and Wellness Programming	9-12
6 credits Selected from: REC, REH, EXS, DNC, DFN, HEA, HSA, and/or HSD courses with Departmental approval (electives/required courses taken at BMCC will fulfill this requirement)	0
6 credits in Recreation Internship: REC 470 Recreation Education Internship	6
Remaining credits in the Lehman major	36-39
General Electives	
Students should consult with an advisor when choosing elective courses to ensure the 60-credit Liberal Arts requirement is being satisfied.	15-18
Total Credits Earned at Lehman College	60
Total Credits Transferred from BMCC	60
Total credits Required for Bachelor's degree at Lehman College	120