



Counselor Education: Clinical Mental Health Counseling

Master of Science

Lehman College offers a full-time, cohort-based, 60-credit, Master's degree program in Clinical Mental Health Counseling. Students attend full-time, year-round for two years and upon completion can pursue New York State licensure as a Licensed Clinical Mental Health Counselor (LMHC). The program prepares students to work in varied environments such as: private practice, substance misuse counseling, not-for-profits, community-based organizations, business, government agencies, and healthcare. It provides opportunities for high-quality, accessible, and affordable graduate education in mental health counseling for residents in the Bronx and surrounding areas. The program provides a unique experience: Using a project-based learning framework, students acquire knowledge and skills essential for navigating complex issues and systems impacting the emotional well-being of individuals, families, and communities. Students choose an area of specialization and develop skills for promoting advocacy, leadership, and equity for social justice through projects in specific courses. The program's multimodal pedagogical approach includes synchronous, asynchronous, and in-person instruction where students engage in varied experiences including self-directed and experiential learning and clinical intensives.

ADMISSIONS REQUIREMENTS:

- Official transcripts from all prior undergraduate and graduate institutions
 - A bachelor's or master's degree from an accredited institution
 - **A minimum 3.0 G.P.A.** from a completed undergraduate or graduate degree program
- **Two letters of recommendation** from college faculty and community mental health agency personnel evaluating the applicant's potential as a professional counselor in leadership, advocacy, collaboration, counseling, technology, and affirming culturally diverse clients
- A current **resume** including: all degrees and GPAs, professional employment and counseling-related positions, service, languages, award/honor, memberships.
- A completed application, including a 1,100-word essay consisting of responses to 2 essay questions in the graduate admissions on-line application.
- Applicants educated outside of the United States are required to submit transcript evaluation(s) and translation(s) for each post-secondary school attended, and Test of English as a Foreign Language (TOEFL) or international English Language Testing System (IELTS) scores.

HOW DO I APPLY?

Students apply online by **March 15** at <https://app.applyyourself.com/?id=lehmangrad>.

NOTE: Students are admitted only for the **fall** term

Questions about the program?

Prof. Anna Locke

anna.locke@lehman.cuny.edu

Questions about admissions?

The Office of Graduate Admissions

<https://www.lehman.edu/graduate-admissions/applying/>

DEGREE REQUIREMENTS

CE:CMHC 60-CREDIT COURSE SEQUENCE:

1st YEAR

Fall Semester: (10 credits)

• EDG 701	Counseling Theories & Techniques	3
• EDG 750	Foundations of Mental Health Counseling	3
• EDG 751	Psychopathology in Counseling	3
• EDG 755	Seminar 1: Anti-Racist, Anti-Oppression Advocacy and Leadership in Mental Health Counseling	1

Winter: (3 credits)

• EDG 704	Career Counseling	3
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Spring: (10 credits)

• EDG 702	Multicultural and Social Justice Counseling	3
• EDG 703	Human Development in Counseling	3
• EDG 705	Group Counseling	3
• EDG 756	Seminar 2: Cognitive Behavior Therapy	1

Summer: (7 credits)

• EDG 736	Parenting in Diverse Family Structures	3
• EDG 752	Clinical(s) Assessment and Treatment Planning in Mental Health Counseling	3
• EDG 757	Seminar 3: Abilities, Disabilities, and Neurodiversity in Mental Health	1

2nd YEAR

Fall Semester: (10 credits)

• EDG 708	Counseling Research, Program Development, and Evaluation	3
• EDG 732	Crisis, Substance Misuse, and Trauma Counseling	3
• EDG 758	Seminar 4: Supervision and Consultation in Mental Health Counseling	1
• EDG 761	Practicum in Clinical Mental Health Counseling	3

Winter: (3 credits)

• EDG 731	Sexuality Counseling in Schools and Families	3
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Spring: (10 credits)

• EDG 735	Family Counseling and School/Community Partnerships	3
• EDG 738	Brief Counseling of Children and Adolescents	3
• EDG 753	Internship in Clinical Mental Health Counseling I	3
• EDG 759	Seminar 5 Dialectical Behavior Therapy	1

Summer: (7 credits)

• EDG 737	Couples Counseling	3
• EDG 754	Internship in Clinical Mental Health Counseling II	3
• EDG 760	Seminar 6: The Business of Managing a Clinical Mental Health Counseling Practice	1