



## Counselor Education: Clinical Mental Health Counseling

### Master of Science

Lehman College offers a full-time, cohort-based, 60-credit, Master's degree program in Clinical Mental Health Counseling. Students attend full-time, year-round for two years and upon completion can pursue New York State licensure as a Licensed Clinical Mental Health Counselor (LMHC). The program prepares students to work in varied environments such as: private practice, substance misuse counseling, not-for-profits, community-based organizations, business, government agencies, and healthcare. It provides opportunities for high-quality, accessible, and affordable graduate education in mental health counseling for residents in the Bronx and surrounding areas. The program provides a unique experience: Using a project-based learning framework, students acquire knowledge and skills essential for navigating complex issues and systems impacting the emotional well-being of individuals, families, and communities. Students choose an area of specialization and develop skills for promoting advocacy, leadership, and equity for social justice through projects in specific courses. The program's multimodal pedagogical approach includes synchronous, asynchronous, and in-person instruction where students engage in varied experiences including self-directed and experiential learning and clinical intensives.

#### ADMISSIONS REQUIREMENTS:

- Official transcripts from all prior undergraduate and graduate institutions
  - A bachelor's or master's degree from an accredited institution
  - A **minimum 3.0 G.P.A.** from a completed undergraduate or graduate degree program.
- **Two letters of recommendation** from college faculty and community mental health agency personnel evaluating the applicant's potential as a professional counselor in leadership, advocacy, collaboration, counseling, technology, and affirming culturally diverse clients.
- A current **resume** including: all degrees and GPAs, professional employment and counseling-related positions, service, languages, awards/honors, memberships.
- **A completed application, including a 1,100-word essay** consisting of responses to 2 questions in the graduate admission on-line application.
- Candidates satisfying admissions requirements are invited to **a group interview and provide a writing assessment.**
- Applicants educated outside of the United States are required to submit transcript evaluation(s) and translation(s) for each post-secondary school attended, and Test of English as a Foreign Language (TOEFL) or International English Language Testing System (IELTS) scores.

#### HOW DO I APPLY?

Apply online with all documents received by March 15th deadline at: <https://app.applyyourself.com/?id=lehmangrad>

**NOTE:** We only admit for the fall term.

#### Questions about the program?

Prof. Stuart Chen-Hayes

[Stuart.chen-hayes@lehman.cuny.edu](mailto:Stuart.chen-hayes@lehman.cuny.edu)

#### Questions about admissions?

The Office of Graduate Admissions

<http://www.lehman.edu/admissions>

## DEGREE REQUIREMENTS

### CE: CMHC 60-CREDIT COURSE SEQUENCE:

#### 1<sup>st</sup> YEAR

##### Fall Semester: (10 credits)

- |   | <b>Credits</b> |
|---|----------------|
| • EDG 701 Counseling Theories & Techniques  | 3              |
| • EDG 750 Foundations of Mental Health Counseling   | 3              |
| • EDG 751 Psychopathology in Counseling   | 3              |
| • EDG 755 Seminar 1: Anti-Racist, Anti-Oppression Advocacy and Leadership in Mental Health Counseling | 1              |

##### Winter: (3 credits)

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|-----------------------------|---|
| • EDG 704 Career Counseling | 3 |
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##### Spring: (10 credits)

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|---|---|
| • EDG 702 Multicultural and Social Justice Counseling | 3 |
| • EDG 703 Human Development in Counseling             | 3 |
| • EDG 705 Group Counseling                            | 3 |
| • EDG 756 Seminar 2: Cognitive Behavior Therapy       | 1 |

##### Summer: (7 credits)

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|---|---|
| • EDG 736 Parenting in Diverse Family Structures                                    | 3 |
| • EDG 752 Clinical(s) Assessment and Treatment Planning in Mental Health Counseling | 3 |
| • EDG 757 Seminar 3: Abilities, Disabilities, and Neurodiversity in Mental Health   | 1 |

#### 2<sup>nd</sup> YEAR

##### Fall Semester: (10 credits)

- |   | <b>Credits</b> |
|---|----------------|
| • EDG 708 Counseling Research, Program Development, and Evaluation            | 3              |
| • EDG 732 Crisis, Substance Misuse, and Trauma Counseling                     | 3              |
| • EDG 758 Seminar 4: Supervision and Consultation in Mental Health Counseling | 1              |
| • EDG 761 Practicum in Clinical Mental Health Counseling                      | 3              |

##### Winter: (3 credits)

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|--|---|
| • EDG 731 Sexuality Counseling in Schools and Families | 3 |
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##### Spring: (10 credits)

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|---|---|
| • EDG 735 Family Counseling and School/Community Partnerships | 3 |
| • EDG 738 Brief Counseling of Children and Adolescents        | 3 |
| • EDG 753 Internship in Clinical Mental Health Counseling I   | 3 |
| • EDG 759 Seminar 5 Dialectical Behavior Therapy              | 1 |

##### Summer: (7 credits)

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|--|---|
| • EDG 737 Couples Counseling   | 3 |
| • EDG 754 Internship in Clinical Mental Health Counseling II                               | 3 |
| • EDG 760 Seminar 6: The Business of Managing a Clinical Mental Health Counseling Practice | 1 |