

Therapeutic Recreation, BS

Academic Plan: TRE-BS
Program Code: 34565

This degree map is a term-by-term sample course schedule designed to assist you and your advisor in planning your 4-year academic path to graduation with a Therapeutic Recreation Degree. You and your advisor will use it, along with the program of study for your major (found in the [Lehman Bulletin](#) for the year of your major declaration) and Degree Works (degree audit system), to formulate your customized plan.

30

CUNY Common Core Credits

12

Lehman College Option Credits

52

Major Credits

12

Minor or Certificate Credits (recommended)

14

Elective Credits

LEGEND:

Course Abbreviation

Credits

Class Name

Blue: Lehman Core Requirement (LCR)
Requirement fulfilled

Green: Major Requirement

Gold: Elective, Minor, or Certificate

- see footnote

Underlined information is hyperlinked

FRESHMAN

FALL	
ENG 111 English Composition I <i>Required Core – Communication</i>	3 CR
LCR <i>Flexible Core - US Experience in Its Diversity</i>	3 CR
PSY 166- LCR General Psychology <i>Flexible Core – Individual and Society</i>	3 CR
MAT 104 (depending on your math placement) or Elective	3 CR
Elective LEH 100 (recommended) The Liberal Arts - Freshman Seminar	3 CR

SPRING	
ENG 121 English Composition II <i>Required Core – Communication</i>	3 CR
LCR <i>Required Core – Quantitative Skills</i>	3 CR
BIO 181- LCR Anatomy and Physiology I <i>Required Core – Life and Physical Science</i>	4 CR
PSY 234 Abnormal Psychology	3 CR
Elective	3 CR

15 FALL CREDITS + 16 SPRING CREDITS = 31 CREDITS

SOPHOMORE

FALL	
LCR Foreign Language I <i>Lehman College Option</i>	3 CR
LCR <i>Flexible Core – Scientific World</i>	3 CR
LCR <i>Flexible Core – Creative Expression</i>	3 CR
HIN 268 Growth and Development	3 CR
Elective	2 CR

SPRING	
LCR Foreign Language II <i>Lehman College Option</i>	3 CR
LCR <i>Flexible Core – World Cultures and Global Issues</i>	3 CR
LCR <i>Flexible Core – Any area</i> ^[1]	3 CR
Elective	3 CR
Elective	3 CR

31 PRIOR CREDITS + 14 FALL CREDITS + 15 SPRING CREDITS = 60 CREDITS

JUNIOR

FALL

LCR 3 CR
LEH 352, 353, 354, or 355 ^[2]
Lehman College Option

REC 300 3 CR
History and Philosophy of Recreation

REC 320 3 CR
Recreation Leadership

REC 321 3 CR
Introduction to Therapeutic
Recreation Service

REC 324 3 CR
Therapeutic Recreation for Children and
Youth

SPRING

LCR 3 CR
LEH 352, 353, 354, or 355 ^[2]
Lehman College Option

REC 325 3 CR
Therapeutic Recreation in
Long-Term Care

REC 387 3 CR
Research and Evaluation in Recreation
Service

REC 401 3 CR
Administration of Recreation Services

REC 421 3 CR
Programs in Therapeutic Recreation
Service

60 PRIOR CREDITS + 15 FALL CREDITS + 15 SPRING CREDITS = 90 CREDITS

SENIOR

FALL

REC, REH, EXS, DFN, HEA, HAS, HSD ### ^[3] 3 CR
Recreation elective

REC 425 3 CR
Processes and Techniques of
Therapeutic Recreation

Elective 3 CR

Minor or Certificate Course I ^[4] 3 CR

Minor or Certificate Course II ^[4] 3 CR

SPRING

REC 370 4 CR
Recreation Internship

REC 471 5 CR
Therapeutic Recreation Internship

Minor or Certificate Course III ^[4] 3 CR

Minor or Certificate Course IV ^[4] 3 CR

90 PRIOR CREDITS + 15 FALL CREDITS + 15 SPRING CREDITS = 120 CREDITS

[1] No more than two courses in one discipline may be used to satisfy Flexible Core requirements.

[2] These are variable topics courses, where each section covers a special topic. Take two courses with two different numbers. Pre-requisite: You must have achieved 60 credits and declared your major.
Integration Courses: LEH 352: Studies in Literature, LEH 353: Studies in Arts, LEH 354: Studies in Historical Studies, LEH 355: Studies in Philosophy, Theory & Abstract Thinking. (LEH 351: Studies in Science & Applied Perspectives, is NOT a College Option for this Major).

[3] Take any 3-credit course from REC, REH, EXS, DFN, HEA, HSA, or HSD.

[4] We strongly recommend clustering 12- 15 elective credits to obtain a minor or certificate that complements your general and major field of study. The choice of the minor or certificate depends on your interest and should be coordinated with advisors. Check out more information on Minors or Certificates with your advisor.

NOTE: Writing Intensive Sections: Complete 4 sections designated as writing-intensive - 3 courses prior to earning 60th credit and 1 following. Specific course sections will be designated as writing-intensive and are offered in General Education, major, minor, and elective courses.

See other degree maps.