

Health Education and Promotion, BS

Subplan Community Health and Nutrition

Academic Plan: HEP-BS
Program Code: 02587

This degree map is a term-by-term sample course schedule designed to assist you and your advisor in planning your 4-year academic path to graduation with a Health Education and Promotion Degree. You and your advisor will use it, along with the program of study for your major (found in the [Lehman Bulletin](#) for the year of your major declaration) and Degree Works (degree audit system), to formulate your customized plan.

30

CUNY Common Core Credits

12

Lehman College Option Credits

48-57.5

Major Credits

12

Minor or Certificate Credits (recommended)

8.5-18

Elective Credits

LEGEND:

Course Abbreviation

Credits

Class Name

Blue: Lehman Core Requirement (LCR)
Requirement fulfilled

Green: Major Requirement

Gold: Elective, Minor, or Certificate

- see footnote

Underlined information is hyperlinked

FRESHMAN

FALL

ENG 111 English Composition I <i>Required Core – Communication</i>	3 CR
PSY 166- LCR General Psychology <i>Flexible Core – Individual and Society</i>	3 CR
MAT 104 (depending on your math placement) or Elective	3 CR
BIO 181- LCR Anatomy and Physiology <i>Required Core – Life and Physical Science</i>	4 CR
Elective LEH 100 (recommended) The Liberal Arts - Freshman Seminar	3 CR

SPRING

ENG 121 English Composition II <i>Required Core – Communication</i>	3 CR
MAT 132-LCR Introduction to Statistics <i>Required Core – Quantitative Skills</i>	4 CR
LCR <i>Flexible Core – World Cultures and Global Issues</i>	3 CR
BIO 182 Anatomy and Physiology II	4 CR
Elective	2 CR

16 FALL CREDITS + 16 SPRING CREDITS = 32 CREDITS

SOPHOMORE

FALL

LCR Foreign Language I <i>College Option - Foreign Language</i>	3 CR
CHE 114-LCR Essentials of General Chemistry <i>Flexible Core – Scientific World</i>	3 CR
CHE 115 Essentials of General Chemistry Lab	1.5 CR
DFN 120 The Nature and Science of Food	3 CR
HEA 249 Foundations of Health	3 CR
HSD 240 Nutrition and Health	3 CR

SPRING

LCR Foreign Language II <i>College Option - Foreign Language</i>	3 CR
LCR <i>Flexible Core – Any area</i> ^[1]	3 CR
DFN 220 Foods, Society and Health	4 CR
HEA 267 Human Behavior and Health	3 CR
HSD 266 The US Healthcare Delivery System	3 CR

32 PRIOR CREDITS + 16.5 FALL CREDITS + 16 SPRING CREDITS = 64.5 CREDITS

JUNIOR

FALL	
LCR <u>LEH 352, 353, 354, or 355</u> ^[2] <i>Lehman College Option</i>	3 CR
LCR <i>Flexible Core- US Experience in its Diversity</i>	3 CR
HEA 300 Introduction to Public Health	3 CR
HEA 320 Health Counseling	3 CR
HSD 269 Fundamentals of Biostatistics for Health Professionals	3 CR

SPRING	
LCR <u>LEH 352, 353, 354, or 355</u> ^[2] <i>Lehman College Option</i>	3 CR
LCR <i>Flexible Core-Creative Expression</i>	3 CR
EXS 264 or EXS 265 Physical Fitness and Exercise or Behavioral Aspects of Physical Activity	3 CR
HEA 400 Program Planning and Evaluation	3 CR
HSD 306 Epidemiology	3 CR

64.5 PRIOR CREDITS + 15 FALL CREDITS + 15 SPRING CREDITS = 94.5 CREDITS

SENIOR

FALL	
DFN 341 Nutrition Throughout the Life Cycle	3 CR
HEA 437 Strategies in Community Health and Nutritional Education	3 CR
Minor or Certificate Course I ^[3]	3 CR
Minor or Certificate Course II ^[3]	3 CR

SPRING	
DFN 472 Field Experience in Community Nutrition	2 CR
Elective	3 CR
Elective	2.5 CR
Minor or Certificate Course III ^[3]	3 CR
Minor or Certificate Course IV ^[3]	3 CR

94.5 PRIOR CREDITS + 12 FALL CREDITS + 13.5 SPRING CREDITS = 120 CREDITS

[1] No more than two courses in one discipline may be used to satisfy Flexible Core requirements.

[2] These are variable topics courses, where each section treats a special topic. Take two courses with two different numbers. Pre-requisite: You must have achieved 60 credits and declared your major. Integration Courses: LEH 352: Studies in Literature; LEH 353: Studies in Arts; LEH 354: Studies in Historical Studies; LEH 355: Studies in Philosophy, Theory & Abstract Thinking. (LEH 351: Studies in Science & Applied Perspectives, is NOT a College Option for this Major).

[3] We strongly recommend clustering 12- 15 elective credits to obtain a minor or certificate that complements your general and major field of study. The choice of the minor or certificate depends on your interest and should be coordinated with advisors. Check out more information on other Minors or Certificates with your advisor.

NOTE: Writing Intensive Sections: Complete 4 sections designated as writing-intensive, 3 prior to earning 60 credits and 1 following. These sections may be searched by class attribute and are offered in General Education, major, minor and elective courses.

See other degree maps.

June 18, 2018