

Lehman College Adult Degree Program

Class Schedule

SUMMER 2020



IBA 250 - Interdisciplinary Studies of People and Culture

Challenge, Change and Resilience (WI), Grizzel, Class #9497

Schedule: June 1-July 8, M/W 6-9:25 pm

This course considers the increasing demands of change and challenges on a person in these times and how a person can adapt and succeed developing their resilience using evidence based techniques and information gleaned from Positive Psychology Research.

IBA 253 - Interdisciplinary Studies in Artistic and Literary Expression

The Historical Fascination with Fear (WI), Green, Class #9498

Schedule: June 2-July 9, T/TH 6-9:25 pm

This course will chronicle the careers of monsters, mad scientists, and psycho killers from “Frankenstein” to “The Shining” and explore the ways in which horror films and fiction help us to manage existential fear. Students will shriek their way through selected works of fiction and feature films while learning the authors' stylistic approaches to writing.

FALL 2020

IBA 135 - Returning Adult Student Seminar

Learning Inside & Outside the Classroom (WI).

Four evening sections and one Saturday section — see below for days/times and instructors

This course will introduce students to principles of cognitive psychology and neuroscience that have a direct bearing on becoming a high performing student. Topics include attention, memory, motivation, and study skills. Students will develop strategies for managing the challenging and increasing workload of returning to school and be able to apply this knowledge as learners, employees and, for those with children, as parents. Students will also have the opportunity to explore learning in the context of current or future career prospects. Highly recommended for all first or second semester students. Five sections available:

Evening sections all meet 6—8:40 pm: Mon. Maritza Rivera, Class #53022; Wed. Ray Grizzel, #53001;

Thurs. Instructor TBA, Class: #53004; Fri. Fernando Aquino-Rodriguez, #53111

Saturday section meets 9—11:40 am: Tricia Clarke, #53112

IBA 250 - Interdisciplinary Studies of People and Culture

Death: A Course for the Living (WI), Grizzel, Class #53006

Schedule: Mon. 6—8:40pm

This course will consider the biopsychosociospiritual aspects of death in its various forms in our society. Endings and losses are experienced by everyone. The impermanence of reality makes them impossible to avoid. Yet these deeply emotional occurrences are rarely openly addressed. Through readings of source material from books, articles, and research, we will consider the biological, psychological, social, and spiritual aspects of these events and the ways that people engage to ineffectively and effectively deal with these significant changes in their lives.

IBA 250 - Interdisciplinary Studies of People and Culture (cont. from previous page)

The Art and Science of Relationships (WI). Friday 6-8:40pm, Grizzel. Class #53010

Humans are social creatures and exist in a social context. While social behavior occurs in the here and now, relationships are also impacted by the past. This course will explore the interpersonal dynamics that occur in a person's life to gain a better understanding of relationships using empirical research and information from psychology and sociology. Variations of relationships will be examined (i.e. intimate, personal, business and familial).

Food for Thought: Eating & Drinking Across Cultures (WI). Saturday 12-2:40pm, Clarke. Class #53116

An exploration of attitudes toward food across cultures, with an emphasis on both literal and figurative roles of eating and drinking in popular literature and film. Readings will be drawn from traditional articles and fiction, as well as websites, blogs, and other forms of New Media. Online viewing of documentaries, feature films, and video clips of food-centric reality television will be an integral part of coursework, as will research and blogging about our discoveries.

IBA 251 - Interdisciplinary Studies in Local and Global Issues

Making NYC Neighborhoods Sustainable.* Thursday 6-8:40 pm, Judd. Class #53094

This course will introduce students to the subjects of urban sustainability and resilience by examining community projects in New York City. The focus will be to compare and contrast these projects in an environmental, economic, political, and sociological context. Projects studied will include local community development projects, affordable green housing projects, parks restoration, and school sustainability projects. Discussions with guest speakers, films, and a field trip will bring students face to face with the people, places and community groups that are on the front lines of the sustainability movement in NYC. * Please note this class is not considered writing intensive.

IBA 252 - Interdisciplinary Studies in Politics, Power and Change

Justice, Justice You Shall Pursue: A Historical and Contemporary Look at the Ongoing Fight for Civil Rights and Justice in America (WI). Wednesday 6-8:40pm, Aquino-Rodriguez. Class #53093

The constant fight for equal rights reveals the United States as an ongoing project in which, from the creation of the nation, one group or another is always pursuing justice and full enjoyment of the privileges of American citizenship. Despite the principles put forward in the Declaration of Independence, every group (except rich white men) has had to fight to obtain full recognition of rights and protections under the law. We will look at the long list of civil rights fights that have defined this country from struggles from slavery through Jim Crow, Indigenous Peoples rights, Women's suffrage and equal rights, selective immigrant discrimination, and LGBTQ discrimination.

The Immigrant Experience (WI). Tuesday 6-8:40pm, Aquino-Rodriguez. Class #53017

This course will explore the experiences of immigrants from their decisions to come to America to the struggles and complexities of becoming Americans. Whether propelled out by nations under economic pressure or pulled in by the promise of the imagined American Dream, immigrants are among the main protagonists in the history of the United States. We will examine how different waves of immigrants have impacted the evolution of the United States, while struggling themselves to be recognized as Americans. The course will emphasize the study of the immigrant experience by looking at immigrants not only as the subject, but as the authors of their own history.

IBA 253 - Interdisciplinary Studies in Artistic and Literary Expression

The Language of Love (WI). Tuesday, 6-8:40 pm, Green. Class #53019

Students will read and analyze the most beautiful love poems ever written and poems that speak to every aspect of desire and aspiration. We will cover the "greatest hits" of the English language tradition as well as poems in translation and the most exciting and compelling contemporary poems. The class will take a "nuts and bolts" approach to poetic technique and learn the methods that poets employ to enchant and delight us.

IBA 253 - Interdisciplinary Studies in Artistic and Literary Expression (cont...)

Women in Film Noir (WI). Saturday 12-2:40pm, Holy. Class #53086

Female identity and sexuality in film noir. Emphasis on analytical approaches such as gender performance, feminist film theory, and intersectionality. Film noir examples may include Double Indemnity, The Postman Always Rings Twice, One False Move, Jackie Brown, and Jessica Jones.

IBA 360 - Prior Learning Assessment: Portfolio Development

Prior Learning Assessment: Portfolio Development (WI). Monday 6-8:40pm, Hinden. Class #53087

This course is designed to teach students the organization and structure needed to develop a formal portfolio of their alternative learning experiences. Many adult students have gained substantial learning through work or volunteer experience. The ability to write a comprehensive and convincing document of these experiences is critical for positive evaluation and awarding of credits. To receive credit for prior learning, student must demonstrate that learning is college level in a discipline taught at Lehman College. *This is a three-credit course, in addition to the 1–15 credits which may be awarded for the portfolio.* **Prerequisite: 60 total credits of which 12 must be at Lehman.** For permission to register, please email pamela.hinden@lehman.cuny.edu.

Please note: PLA credits do not count towards residency requirements and are not indexable. They can only be used to fulfill liberal arts electives. Please speak with your advisor to determine if you can utilize PLA credits.

English Classes for ADP Students

English 111—Composition I: T/TH 6-7:40 pm. Instructor and Class Numbers TBA

English 121—Composition II T/TH 7:50-9:30. Instructor and Class Numbers TBA

Focus on all aspects of reading and writing, with particular attention to summary, critical responses to short texts, argumentative development in paragraphs and essays, and the rewriting process. Emphasis on organization, language, accuracy, grammar, and mechanics. Classroom instruction supplemented by individual conferences on drafts with instructor, library resources sessions, and appropriate use of available technology. Note: All students, unless exempt, must pass this course in fulfillment of the General Education Requirement in English Composition. Students who take ENGL 111 but do not pass, should repeat it the following semester. Students who pass ENG 111 proceed to ENG 121 the following semester.

Math Classes for ADP Students

Math 126: Quantitative Reasoning, three sections, one on M/W 6-7:40, one on T/TH at 6-7:40pm, and one on T/TH at 7:50-9:30 pm. Instructors and Class Numbers TBA.

The course provides a survey of modern quantitative techniques in a variety of disciplines. Critical thinking and mathematical/quantitative literacy are emphasized. Course meets requirements for graduation but additional math courses may be required for certain majors. Please speak to your advisor about this.

ALL ADP CLASSES INCLUDING ENGLISH AND MATH ARE BY PERMISSION.

To obtain permission, email adult.degree@lehman.cuny.edu with your name, EMPL ID and the specific course you want, including the course name, and day(s)/time the class meets. Not including this information may cause a delay in processing your permission.

WI—Writing Intensive Designation

All Lehman students need to complete courses with the writing intensive designation.

Some, but not all IBA courses are designated as WI. Other departments also offer WI courses including English, Sociology and LEH. Speak to your advisor about your WI requirements so you can choose classes that will fulfill this requirement.