

# An Inside Look at



## LEHMAN CAPTURES CUNY MEN'S SWIMMING CHAMPIONSHIP

**Bronx, NY** - The Lehman College men's swim team captured their first-ever City University of New York title on Saturday afternoon at the 2006 CUNYAC Swimming & Diving Championships at Lehman College. Lehman, who totaled a conference record 637 points, ended Staten Island's (363) four-year reign as champions, while conference opponents Baruch (292) and York (122) finished third and fourth respectively.

"We put together a great team effort," said Lehman head coach Peter Kiernan. "Everybody did their part. Our coaching staff and even our own women's team provided great moral support."

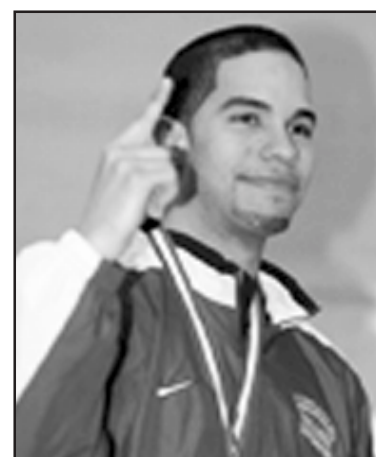
In what was billed as the most competitive field in some time, the Lightning

received a memorable performance from sophomore sensation Darnell James. As Lehman earned three gold medal in the event, **James** set a new meet record in the 100 Butterfly (53.47) and paved the way for a historic moment in Lehman history. Sophomore **Kostya Slavashevich** took the 200 Freestyle (1:56.63) and **Bud Rivera** added a first-place finish in the 50 Freestyle to round out the gold medal Performances.

"This feels great," said James, who scored a team-high 54 points in the meet and was named the CUNY Performer of the Year for the second consecutive year. "We had a team meeting a few weeks ago and I really believe that it helped us turn the corner in terms of giving

maximum effort to finally win CUNY.

Staten Island sophomore **Vadzim Zhgun** was named the Most Outstanding Performer of the meet after totaling 60 points and winning three individual events. Zhgun, who also won the award last season, set a new championship mark in the 1000 Freestyle (10:48.67) and the 500 Freestyle (5:08.31), and also took first in the 200 Individual Medley (2:08.31). Teammate **Keith Cattonar** set new championship standards in the one-meter (325.50) and the three-meter (243.85) diving events. Dolphins' **Vlad Fedosseev** added a win in the 100 Freestyle (51.08) and **Nick Levintov** won the 100 Backstroke with a new meet record time of 57.59.



#3 Freshman Sally Nnamani



#51 Junior Verdayne Townsend



Steve Schulman

**Upcoming Event**  
**Saturday**  
**February 11, 2006**  
**LAST REGULAR SEASON HOME DOUBLEHEADER BASKETBALL GAME VS. BARUCH COLLEGE & WILL BE SHOWN LIVE ON BRONXNET, CH.67**

Women's Game: 12 pm  
 Men's Game: 2:30 pm

**ADMISSION IS FREE!!!**



Eric Harrison