Pathways to Success S.M.A.R.T. FORM

Weekly Study Activity and Performance Report

Name:____________________________________          Last 4 SSN:________________             Date:______________________

COURSE NUMBER

# OF HOURS SPENT STUDYING LAST WEEK

GRADES RECEIVED SO FAR (quiz, exam, paper, presentation, etc.)

# OF CLASS DAYS MISSED

1. 

2. 

3. 

4. 

5. 

6. 

➢ Did you attend SEEK Supplemental Instruction (S.I.) this week?  □ No □ Yes, in S.I. Course:__________

➢ Did you meet with a tutor?  □ No □ Yes, Date:_______ Time:_____ Subject(s)_________________________________

➢ Did you meet with your SEEK counselor or other advisor?  □ No □ Yes, I met with __________________________

Describe obstacles or barriers to your academic performance or learning that you faced since we last met and how you coped with it.

____________________________________________________________________________________________________________________________________

____________________________________________________________________________________________________________________________________

____________________________________________________________________________________________________________________________________

Identity 2 successes or accomplishments regarding your studying and/or learning this past week.

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FRIENDLY REMINDER: Research studies show that an average of 20 hours of study each week is necessary for academic success. This is about 2 hours of study for 1 hour of class time.