

SOPHOMORE GUIDELINES (31 – 60 credits)

Academic Guidelines:

I will...

- **Complete** or make significant progress on the general education requirements.
- **Complete** or make significant progress in foreign language and math.
- **Complete** or be on my way to register for my 2nd & 3rd writing intensive course.
- **Establish** an ongoing study group for at least one of my courses.
- **Attend** tutoring consistently for at least one course.
- **Examine** all my syllabi and create a semester calendar of assignments each semester.
- **Attend** a workshop on the CPE offered by SEEK or ACE.
- **Take** & pass the CPE when I reached 45 credits.
- **Excel** each semester to join the Dean's list, Lehman Scholars Program (LSP) and Honor Societies; such as Chi Alpha Epsilon (XAE), Phi Beta Kappa, Golden Key and others.

College Life Guidelines:

I will...

- **Study** and **Review** potential Major/Minor
- **Review** requirements of my prospective major/minor.
- **Meet** with my counselor to discuss my major or prospective major.
- **Visit Career Services**, Shuster 254, to explore potential majors or jobs related to my major.
- **Meet** with a **departmental advisor** to discuss my potential major/minor.
- **Plan** with my counselor or Career Services counselor an internship related to my major or career.
- **Declare** my major prior to 60 credits.
- **Do** a two-year program plan and review it with my counselor.
- **Participate** in an ongoing campus activity or **Community Service** project.
- **Analyze** my rates of progress (TAP chart) for financial aid purposes.

Personal Guidelines:

I will...

- **Identify** a mentor or role model within or outside of the college.
- **Get** involved in the SEEK advisory board and/or Lehman College Clubs to increase my leadership skills.
- **Identify** and visit, during office hours, a faculty member who might be able to provide career and academic advice.
- **Participate** in NYC cultural events in pursuing my education.
- **Evaluate** my need for further education regarding my career plans.
- **Plan** for financing my college education.