

SOPHOMORE GUIDELINES (31 - 60 credits)

Academic Guidelines:

I will...

- **Review** academic calendar and make note of important deadlines.
- **Complete** or make significant progress on the general education requirements.
- **Complete** or make significant progress in foreign language and math.
- **Complete** or be on my way to register for my 2nd & 3rd writing intensive course.
- **Establish** an ongoing study group for at least one of my courses.
- **Attend** tutoring consistently for at least one course.
- **Examine** all my syllabi and create a semester calendar of assignments each semester.
- **Excel** each semester to join the Dean's list, Presidential scholar and Honor Societies; such as Chi Alpha Epsilon (XAE), Phi Beta Kappa, Golden Key and others.
- **Study and Review** potential Major.
- **Review** requirements of my prospective major

I will...

- **Visit Career Services**, Shuster 254, to explore potential majors or jobs related to my major, and attend interview/resume workshops.
- **Meet** with my **SEEK counselor** and **departmental advisor** to discuss my potential major; attend a major fair.
- **Plan** with my SEEK counselor or Career Services counselor to apply to an internship, scholarships and other enrichment activities related to my major or career.
- **Declare** my major prior to 60 credits if confirmed and discussed with my counselor.
- **Do** a two-year program plan and review it with my counselor.
- **Be knowledgeable** and proficient in using college resources for information (i.e. Lehman website and CUNYFirst, as well as location of pertinent offices including Registrar's, Bursars and Financial Aid.

College Life & Personal Guidelines:

I will...

- **Participate** in an ongoing campus activity or **Community Service** project.
- **Analyze** my rates of progress (TAP chart and Pell) for financial aid purposes.
- **Identify** a mentor or role model within or outside of the college.
- **Get** involved in Lehman College Clubs to increase my leadership skills.
- **Participate** in NYC cultural events in pursuing my education.
- **Evaluate** my need for further education regarding my career plans.
- **Plan** for financing my college education.
- **Review** my college performance to determine areas for improvements in study approach, (C.O.R.E.) time management and test prep.