A special thank you from the Office of Community Engagement, to the Departments and Clubs that have contributed to Weeks of Welcome and all of our volunteers!

Campus Information Services
Counseling Center
Herbert H. Lehman Center for Student Leadership Development
Information Technology Division
Lehman College Athletics
Lehman College Career Services Center
Office of Campus Life
Office of Student Disability Services
Office of the Vice President for Student Affairs
Office of Veterans and Military Affairs
Student Government Association
Student Health Center
Title V Sophomore Year Initiative (SYI)
Urban Male Leadership Program
Wellness Education and Promotion Program
Greetings Lehman Students,

Welcome new and returning students! The Office of Community Engagement and New Student Programs is dedicated to helping you transition to Lehman College. I encourage you to find at least one thing that connects you to the Lehman campus; this can range from an on-campus job, to volunteering in the community, to participating in a research study related to your major. We know that your first weeks on campus are especially important in building the foundation for your success at Lehman College. That is why we have created this “Weeks of Welcome” booklet. Enclosed in this booklet is the schedule of activities and programs that will take place between Thursday, August 27, 2015 and Sunday, October 4, 2015. Events are updated daily, so be sure to check out the campus events calendar at www.lehman.edu.

The fun starts on Thursday, August 27, 2015 with campus events that will help you learn more about the college and establish relationships with other students, faculty and staff. Be sure to join us on Wednesday, September 2, 2015 at the Fall Semester Kick-Off event to cheer on Lehman Athletics, meet clubs, offices and departments and enjoy free pizza! Giving back to your community is an essential aspect of the Lehman College experience, sign-up to volunteer with many community-based organizations at the Community Engagement Fair on Thursday, September 10, 2015, sponsored by our office. The fun continues at the 2015 Fall Club Fair sponsored by the Student Government Association on Wednesday, September 16, 2015.

It is our goal that by the end of Weeks of Welcome, you will have found a connection to our campus and build a network of friends and supporters that will help you succeed at Lehman.

Best wishes,

Amanda J. Dubois-Mwake
Director
Office of Community Engagement and New Student Programs
Old Gym, Room 302
Tel: 347-577-4020
Information Technology Division – Ongoing

Blackboard Basics

Date: August 27 to September 11
Time: 10:00 AM to 6:00 PM
Location: IT Center

Blackboard is CUNY’s platform for online education. It is used in your fully-online and hybrid courses and used by many instructors to supplement face-to-face classes. In this workshop you will learn how to navigate a Blackboard class, view documents, access video and audio content, look up grades, upload assignments, participate in a discussion, update settings, and obtain assistance in solving problems.

Registration not required.

Office of Campus Life - Ongoing

Club Registration

Date: July 1 to September 18
Time: 9:00 AM to 5:00 PM
Location: Student Life Building, Room 219A

Bring positive change. Make fun activities. Inspire your peers. Start a Club!! The Office of Campus Life is happy to assist students who wish to form new clubs and organizations. Registering a club brings several benefits, including: free use of campus facilities and equipment, a club office, and funding for your events!

CIS Tabling / May I Help You Desk?

Date: August 31 to October 2
Time: 9:00 AM to 5:00 PM
Location: In front of Shuster Hall

Come to us for information about our campus! Learn about different resources and fun activities at Lehman!
Office of Community Engagement & New Student Programs - Ongoing

Lehman L.I.F.E. Info Session

Location: Old Gym, Room 302

Come and learn about how you can travel to communities outside of the New York City area to complete educational community service projects and give back to the community with us during Spring Break!

Dates and Times

9/8/2015: 12:00 PM - 1:00 PM & 4:00 PM - 5:00 PM

9/16/2015: 3:00 PM - 4:00 PM & 5:00 PM - 6:00 PM

9/17/2015: 3:00 PM - 4:00 PM & 4:00 PM - 5:00 PM

9/24/2015: 11:00 AM - 12:00 PM & 4:30 PM - 5:30 PM

9/25/2015: 2:00 PM - 3:00 PM & 4:00 PM - 5:00 PM
Ongoing Events

Student Health Center - Ongoing

Health Insurance Assistance

Starting August 31: M – TH
Time: 9:30 AM to 4:00 PM
Location: Student Health Center


HIV Testing

Starting August 31: M – W
Time: 12:00 PM to 4:00 PM
Location: Student Health Center

Free HIV Testing!

GYN Hours

Starting September 2: Wednesdays
Time: 1:00 PM to 5:00 PM
Location: Student Health Center

Visits are scheduled by appointment only, however walk-ins may be accommodated as time allows. Make appointments in person since a validated ID and $5 deposit are required.

Free Nutrition Consultation

Starting September 30
Tuesdays: 1:00 PM – 4:00 PM & Wednesdays: 11:00 AM – 2:00 PM
Location: Student Health Center

Want to keep that New Year’s resolution to eat healthier? Come see the registered dietitian for advice and help. Call 718-960-8900 to schedule an appointment for this free service.
Daily Events

08/28 – 09/01

Sexual Assault Awareness and Training

Date: 8/28/2015
Time: 12:30 PM to 3:30 PM
Location: East Dining Room

Learn how to increase your knowledge and awareness from NYC professionals: NYPD Special Victims Division, NYPD Sex Offender Monitoring Unit, Bronx DA's Child Abuse/Sex Crimes Bureau, Jacobi and North Central Hospital's SART Medical Director, and JJA VM Medical Center Military Sexual Trauma Coordinator.

Sponsored by the Office of Veterans and Military Affairs

Women's Soccer

Date: 9/1/2015
Time: 7:30 PM
Location: Lehman College

Lehman College Women’s Soccer vs Yeshiva

Sponsored by Lehman College Athletics

Men's Soccer

Date: 9/1/2015
Time: 5:00 PM
Location: Lehman College

Lehman College Men’s Soccer vs Mount Saint Vincent

Sponsored by Lehman College Athletics
09/02

New Club Info Session

Date: 9/2/2015
Time: 3:30 PM to 4:30 PM
Location: Student Life Building, Room 222

Are you interested in creating a new club in Lehman but don’t know how?
Come to the New Club Info Session. Here you will learn about all the steps to register your club, as well as the resources available to you.

Sponsored by the Office of Campus Life

Why get involved in Student Government?

Date: 9/2/2015
Time: 4:30 PM to 5:00 PM
Location: Student Life Building, Room 222 (Leadership Lounge)

Do you want to make a difference? Learn about opportunities to serve in an elected position on campus.

Sponsored by Office of Campus Life

Fall Semester Kick-Off

Date: 9/2/2015  Time: 3:30 PM to 5:00 PM
Location: In front of the Music Building

Start the semester with a bang! Cheer on Lehman Athletics, meet clubs, offices and departments that will support you at Lehman, mingle with new and returning students, and enjoy free pizza! Go Lehman!

Sponsored by the Office of Community Engagement and New Student Programs

Weeks of Welcome Fall 2015 - Office of Community Engagement & New Student Programs
09/05 – 09/08

**Women's Tennis**

**Date:** 9/5/2015  
**Time:** 11:00 AM  
**Location:** Lehman College

Lehman College Women’s Tennis vs Baruch  
Sponsored by Lehman College Athletics

**Lehman L.I.F.E. Info Session**

**Date:** 9/8/2015  
**Time:** 12:00 PM to 1:00 PM  
& 4:00 PM to 5:00 PM  
**Location:** Old Gym, Room 302

Come and learn about how you can travel to communities outside of the New York City area to complete educational community service projects and give back to the community with us during Spring Break!

Sponsored by the Office of Community Engagement and New Student Programs

**Women's Soccer**

**Date:** 9/8/2015  
**Time:** 7:00 PM  
**Location:** Lehman College

Lehman College Women’s Soccer vs Purchase  
Sponsored by Lehman College Athletics
Government Special Elections

**Date:** 9/9/2015  
**Location:** Online at Campus Link: [https://lehman.collegiatelink.net](https://lehman.collegiatelink.net)

Vote for the future student leaders in Student Government!

Sponsored by Office of Campus Life

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Smoothie Social

**Date:** 9/9/2015  
**Time:** 3:30 PM to 5:00 PM  
**Location:** In front of Student Life Building (by Gazeebo)

Come join us for a refreshing smoothie and learn about the resources at the Student Life Building.

Sponsored by Office of Campus Life

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Steps to Preparing for an Interview - Step 1

**Date:** 9/9/2015  
**Time:** 3:30 PM to 4:00 PM  
**Location:** Shuster Hall, Room 231

Develop an understanding of the interview process, the importance of professional attire, and follow-up guidelines.

Sponsored by the Career Services Center

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New Student Orientation

**Date:** 9/9/2015  
**Time:** 3:30 PM to 5:00 PM  
**Location:** Access and Technology Lab, Library room 216

New students registered with the Office of Student Disability Services will meet the staff and learn what services, programs and assistance is offered through our office. Students will learn how to utilize the resources available to them.

Sponsored by the Office of Student Disability Services

Open to all new students registered with the Office of Student Disability Services as well as those who may be considering registering with the Office.
Sophomore Welcome Back Reception

**Date:** 9/9/2015  
**Time:** 3:00 PM to 5:00 PM  
**Location:** Concert Hall Lobby

The “theme-based” Welcome Back Reception targets SYI current student population including the new transfer students entering in Fall 2015 semester. The theme is a (Scavenger Hunt) centered on how faculty, administrators, and other stakeholders are here to help “map student success.” Find out more about resources available to you through SYI including personalized Academic and Career Advising, Counseling, Tutoring Services, Pre-Major Clubs, Programs, Fall events and more. Pick up free planners and school materials. Food will be served.

Sponsored by the Title V Sophomore Year Initiative (SYI)

This event is open to SYI Cohort, and RSVP is Required

Ace your Next Interview: Learn how to Answer Traditional and Behavior Questions - Step 2

**Date:** 9/9/2015  
**Time:** 4:30 PM to 6:00 PM  
**Location:** Shuster Hall, Room 231

This is an interactive workshop. You will become familiar with typical interview questions that employers may use in an interview, strategies for responding, and an opportunity to practice.

Sponsored by the Career Services Center
09/09

**UMLP Welcome Reception**

**Date:** 9/9/2015  
**Time:** 3:00 PM to 5:00 PM  
**Location:** Music Building, Faculty Dining Room

The UMLP welcome reception provides the UMLP staff with the opportunity to welcome the freshman, transfer and UMLP participants to the Fall 2015 semester. The students are given UMLP calendars, the passport to success booklet, and lunch will be provided. The UMLP staff presents a brief overview of upcoming academic and workshop series.

Sponsored by the Urban Male Leadership Program

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**Leadership Mixer**

**Date:** 9/9/2015  
**Time:** 3:30 PM to 4:30 PM  
**Location:** The Student Life Building, Leadership Lounge

Come meet student leaders at Lehman College and learn about an awesome leadership program that is for EVERYONE! Leadership students go to trips off campus, receive free books, meet great friends and learn about many resources on campus. Refreshments will be served!

Sponsored by the Herbert H. Lehman Center for Student Leadership Development

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**Women's Volleyball**

**Date:** 9/9/2015  
**Time:** 6:00 PM  
**Location:** Lehman College

Lehman College Women’s Volleyball vs Cedar Crest

Sponsored by Lehman College Athletics

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**Women's Volleyball**

**Date:** 9/9/2015  
**Time:** 8:00 PM  
**Location:** Lehman College

Lehman College Women’s Volleyball vs Purchase

Sponsored by Lehman College Athletics
09/10

Messages of Hope

**Date:** 9/10/2015  
**Time:** 12:00 PM to 2:00 PM  
**Location:** In front of the Bookstore

For National Suicide Prevention Day:  
Students can create art or written messages to give hope to those students who deal with suicide.

Sponsored by the Counseling Center

New Club Info Session

**Date:** 9/10/2015  
**Time:** 3:30 PM to 4:30 PM  
**Location:** Student Life Building, Room 222

Are you interested in creating a new club in Lehman but don’t know how?  
Come to the New Club Info Session. Here you will learn about all the steps to register your club, as well as the resources available to you.

Sponsored by the Office of Campus Life

Community Engagement Service Fair

**Date:** 9/10/2015  
**Time:** 11:00 AM to 2:00 PM  
**Location:** College Walkway (In front of Shuster)

Meet local non-profit organizations and learn about the many ways that you can get involved! There will be various organizations needing volunteers in areas such as: health, youth, elderly care, environment, education and more!

Sponsored by the Office of Community Engagement and New Student Programs
Microsoft Excel 2010 Basics

**Date:** 9/14/2015  
**Time:** 3:00 PM to 5:00 PM  
**Location:** IT Center

Microsoft Excel allows you to enter, manipulate and display numbers and text in a spreadsheet—a grid composed of rows, columns and cells. Participants will be introduced to the Excel user interface including the ribbon, menus, toolbars and keyboard equivalents, cell, column and row references, data entry and formatting, creating and copying simple formulas, setting up a spreadsheet for printing, creating charts and data protection. This workshop will include hands-on exercises.

To register, go to the ITR Workshop Calendar.

Sponsored by the Information Technology Division

Blackboard Basics

**Date:** 9/15/2015  
**Time:** 11:00 AM to 12:00 PM  
**Location:** IT Center

Blackboard is CUNY’s platform for online education. It is used in your fully-online and hybrid courses and used by many instructors to supplement face-to-face classes. In this workshop you will learn how to navigate a Blackboard class, view documents, access video and audio content, look up grades, upload assignments, participate in a discussion, update settings, and obtain assistance in solving problems.

To register, go to the ITR Workshop Calendar.

Sponsored by the Information Technology Division
09/15 – 09/16

Women's Tennis

**Date:** 9/15/2015  
**Time:** 4:00 PM  
**Location:** Lehman College

Lehman College Women’s Tennis vs Purchase  
Sponsored by Lehman College Athletics

Blackboard Basics

**Date:** 9/16/2015  
**Time:** 11:00 AM to 12:00 PM  
**Location:** IT Center

Blackboard is CUNY’s platform for online education. It is used in your fully-online and hybrid courses and used by many instructors to supplement face-to-face classes. In this workshop you will learn how to navigate a Blackboard class, view documents, access video and audio content, look up grades, upload assignments, participate in a discussion, update settings, and obtain assistance in solving problems.

To register, go to the ITR Workshop Calendar.

Sponsored by the Information Technology Division

Make your Resume Pop!

**Date:** 9/16/2015  
**Time:** 3:30 PM to 4:30 PM  
**Location:** Shuster Hall, Room 231

Develop practical skills and learn how to write an effective professional resume that will help you stand out during your job search.

Sponsored by the Career Services Center

Fall 2015 Club Fair

**Date:** 9/16/2015  
**Time:** 3:00 PM to 6:00 PM  
**Location:** The Quad

The Student Government Association invites all Lehman students to enjoy a fun day of games, music and food. The Club Fair is a great opportunity to make friends, get involved with our Lehman student clubs, and find out more about creating your own club!

Sponsored by the Student Government Association
09/16

**Leadership Mixer**

**Date:** 9/16/2015  
**Time:** 3:30 PM to 4:30 PM  
**Location:** Faculty Dining Room

Come meet student leaders at Lehman College and learn about an awesome leadership program that is for EVERYONE! Leadership students go to trips off campus, receive free books, meet great friends and learn about many resources on campus. Refreshments will be served!

Sponsored by the Herbert H. Lehman Center for Student Leadership Development

**Lehman L.I.F.E. Info Session**

**Date:** 9/16/2015  
**Time:** 3:00 PM to 4:00 PM  
& 5:00 PM to 6:00 PM  
**Location:** Old Gym, Room 302

Come and learn about how you can travel to communities outside of the New York City area to complete educational community service projects and give back to the community with us during Spring Break!

Sponsored by the Office of Community Engagement and New Student Programs

**The Cover Letter – Why do you need one?**

**Date:** 9/16/2015  
**Time:** 4:30 PM to 6:00 PM  
**Location:** Shuster Hall, Room 231

This is an interactive workshop in which you will have the opportunity to outline your targeted cover letter. This workshop will furnish you with the knowledge and skills required to craft an effective cover letter which highlights your qualifications for that position. You are required to bring a job description of a position for which you are interested in applying.

Sponsored by the Career Services Center

**Women’s Tennis**

**Date:** 9/16/2015  
**Time:** 3:30 PM  
**Location:** Lehman College

Lehman College Women’s Tennis vs York

Sponsored by Lehman College Athletics
Women's Soccer

Date: 9/16/2015
Time: 7:00 PM
Location: Lehman College

Lehman College Women’s Soccer vs York

Sponsored by Lehman College Athletics

Open House for the Access and Technology Lab

Date: 9/17/2015
Time: 11:00 AM to 6:00 PM
Location: Access and Technology Center, Library Room 215

All are welcome to learn about various accessible technology and software offered to students with disabilities within the ATC.

Sponsored by the Office of Student Disability Services

Blackboard Basics

Date: 9/17/2015
Time: 11:00 AM to 12:00 PM
Location: IT Center

Blackboard is CUNY’s platform for online education. It is used in your fully-online and hybrid courses and used by many instructors to supplement face-to-face classes. In this workshop you will learn how to navigate a Blackboard class, view documents, access video and audio content, look up grades, upload assignments, participate in a discussion, update settings, and obtain assistance in solving problems.

To register, go to the ITR Workshop Calendar.

Sponsored by the Information Technology Division

Lehman L.I.F.E. Info Session

Date: 9/17/2015
Time: 3:00 PM to 4:00 PM & 4:00 PM to 5:00 PM
Location: Old Gym, Room 302

Come and learn about how you can travel to communities outside of the New York City area to complete educational community service projects and give back to the community with us during Spring Break!

Sponsored by the Office of Community Engagement and New Student Programs
09/18 – 09/19

**Dress for Success - Building a Professional Image**

**Date:** 9/18/2015  
**Time:** 2:00 PM to 3:00 PM  
**Location:** Shuster Hall, Room 231

This workshop offers you sound advice and simple steps you can take to immediately transform your professional image on any budget. Understand the difference between appropriate and inappropriate attire, and how having a professional appearance can boost your chance for workplace success.

Sponsored by the Career Services Center

**Getting IT: Get Familiar with Lehman IT Services**

**Date:** 9/19/2015  
**Time:** 11:00 AM to 12:00 PM  
**Location:** IT Center

Learn how to use the IT facilities at Lehman College. This workshop will cover the student email system, printing system, Blackboard, CUNYfirst, CUNY Portal and much more.

To register, go to the ITR Workshop Calendar.

Sponsored by the Information Technology Division

**Men's Soccer**

**Date:** 9/19/2015  
**Time:** 11:00 AM  
**Location:** Lehman College

Lehman College Men’s Soccer vs Medgar Evers

Sponsored by Lehman College Athletics

**Women's Tennis**

**Date:** 9/19/2015  
**Time:** 12:00 PM  
**Location:** Lehman College

Lehman College Women’s Tennis vs Hunter

Sponsored by Lehman College Athletics

**Women's Soccer**

**Date:** 9/19/2015  
**Time:** 2:00 PM  
**Location:** Lehman College

Lehman College Women’s Soccer vs Staten Island

Sponsored by Lehman College Athletics
Internship 101

**Date:** 9/21/2015  
**Time:** 3:30 PM to 5:00 PM  
**Location:** Shuster Hall, Room 231

High grades are not enough! Employers look for candidates who have had experience and who can demonstrate leadership, teamwork, communication and interpersonal skills. An internship is one of the best ways to build on your resume to attract employers. Learn about benefits of internships, where and how to find one.

Sponsored by the Career Services Center

Microsoft Excel 2010 Advanced Level

**Date:** 9/21/2015  
**Time:** 3:00 PM to 5:00 PM  
**Location:** IT Center

In this workshop, participants with a basic knowledge of Excel will learn how to create pivot tables and pivot charts, audit and analyze data, utilize data tools, and collaborate with others using Excel. The workshop will include hands-on exercises.

To register, go to the ITR Workshop Calendar.

Sponsored by the Information Technology Division
09/21 – 09/23

Guidelines to receiving Testing Accommodations

Date: 9/21/2015  
Time: 3:30 PM to 5:00 PM  
Location: Music Building, Room 313

Students new to the Office of Student Disability Services receiving testing accommodations will learn the step by step process to obtaining and receiving this accommodation.

Sponsored by the Office of Student Disability Services

Open to all Student Registered with the Office of Student Disability Services

Women's Volleyball

Date: 9/22/2015  
Time: 7:00 PM  
Location: Lehman College

Lehman College Women’s Volleyball vs Mount Saint Mary

Sponsored by Lehman College Athletics

Women's Soccer

Date: 9/23/2015  
Time: 5:00 PM  
Location: Lehman College

Lehman College Women’s Soccer vs Medgar Evers

Sponsored by Lehman College Athletics

Microsoft Excel 2010 Basics

Date: 9/23/2015  
Time: 7:00 PM to 9:00 PM  
Location: IT Center

Microsoft Excel allows you to enter, manipulate and display numbers and text in a spreadsheet-a grid composed of rows, columns and cells.

Participants will be introduced to the Excel user interface including the ribbon, menus, toolbars and keyboard equivalents, cell, column and row references, data entry and formatting, creating and copying simple formulas, setting up a spreadsheet for printing, creating charts and data protection.

This workshop will include hands-on exercises.

To register, go to the ITR Workshop Calendar.

Sponsored by the Information Technology Division
09/23 – 09/24

Women's Volleyball

Date: 9/23/2015
Time: 7:30 PM
Location: Lehman College

Lehman College Women’s Soccer vs Brooklyn

Sponsored by Lehman College Athletics

Free CPR Trainings

Date: 9/24/2015
Time: 12:00 PM to 1:00 PM
Location: Apex Aerobics Room

Free Hands-Only (non-certified) CPR training.

Sponsored by the Student Health Center

Lehman L.I.F.E. Info Session

Date: 9/24/2015
Time: 11:00 AM to 12:00 PM & 4:30PM to 5:30PM
Location: Old Gym, Room 302

Come and learn about how you can travel to communities outside of the New York City area to complete educational community service projects and give back to the community with us during Spring Break!

Sponsored by the Office of Community Engagement and New Student Programs

Leadership Mixer

Date: 9/24/2015
Time: 3:30 PM to 4:30 PM
Location: Carman Hall, Room B04

Come meet student leaders at Lehman College and learn about an awesome leadership program that is for EVERYONE! Leadership students go to trips off campus, receive free books, meet great friends and learn about many resources on campus.

Refreshments will be served!

Sponsored by the Herbert H. Lehman Center for Student Leadership Development
Mock Interview Clinic - Step 3

Date: 9/25/2015
Time: 2:00 PM to 3:30 PM
Location: Shuster Hall, Room 231

Prerequisite: Steps to Preparing for the Interview AND Ace Your Next Interview

In this practice session you will be interviewed by a professional to help you develop your communication, interpersonal skills, and confidence in an interview.

Dress professionally as if you were in an actual interview.

Sponsored by the Career Services Center

Lehman L.I.F.E. Info Session

Date: 9/25/2015
Time: 2:00 PM to 3:00 PM
& 4:00 PM to 5:00 PM
Location: Old Gym, Room 302

Come and learn about how you can travel to communities outside of the New York City area to complete educational community service projects and give back to the community with us during Spring Break!

Sponsored by the Office of Community Engagement and New Student Programs

Women's Tennis

Date: 9/25/2015
Time: 4:00 PM
Location: Lehman College

Lehman College Women’s Tennis vs Kean

Sponsored by Lehman College Athletics

Lehman College : Student Leadership Retreat

Date: 9/25/2015 – 9/27/15
Location: The Edith Macy Conference Center, Briarcliff Manor

If you are a student who wants to serve the Lehman student body this retreat is for you! You will learn leadership models, through fun workshops and activities and meet the Administrators of Lehman College. Stop by The Student Life Building for any questions.

Sponsored by the Herbert H. Lehman Center for Student Leadership Development
**09/28**

**Steps to Preparing for an Interview - Step 1**

**Date:** 9/28/2015  
**Time:** 2:00 PM to 3:00 PM  
**Location:** Shuster Hall, Room 231

Develop an understanding of the interview process, the importance of professional attire, and follow-up guidelines.

Sponsored by the Career Services Center

**Monday Meditation**

**Date:** 9/28/2015  
**Time:** 12:15 PM to 1:00 PM  
**Location:** Old Gym, Room 114

Relax your mind, body and spirit with meditation.

Sponsored by the Counseling Center

**Feeling Some Kind of Way?**

**Date:** 9/28/2015  
**Time:** 2:15 PM to 3:15 PM  
**Location:** Old Gym, Room 114


Sponsored by the Counseling Center

**Ace your Next Interview: Learn how to Answer Traditional and Behavior Questions - Step 2**

**Date:** 9/28/2015  
**Time:** 3:00 PM to 4:30 PM  
**Location:** Shuster Hall, Room 231

This is an interactive workshop. You will become familiar with typical interview questions that employers may use in an interview, strategies for responding, and an opportunity to practice.

Sponsored by the Career Services Center
Leadership Workshop: Understanding Your Leadership Identity

Date: 9/28/2015
Time: 3:30 PM to 5:30 PM
Location: The Student life Building, Room 111

Are we born leaders? Can anyone be a leader? What is your leadership style? Come find out the answers to these questions and meet a group of fun students! This is the first of a seven part module that will lead to a certificate at the end of the course. The workshops, books and all resources are provided at no cost to Lehman students.

Sponsored by the Herbert H. Lehman Center for Student Leadership Development

Annual Health Fair

Date: 9/29/2015
Time: 11:00 AM to 2:00 PM
Location: Outside the Music Bldg

Come join us for our annual health fair to be held outside in front of the Music Bldg. Free screenings for cholesterol, sugar, blood pressure and hearing. Lots of goodies and freebies!

Rain Location: By the student cafeteria

Sponsored by the Student Health Center

Blood Drive

Date: 9/29/2015 and 09/30/15
Time: 12:00 PM to 6:00 PM
Location: East Dining Room

Please help others by donating an hour and a unit of blood on Tuesday, Sept. 29 and Wednesday, September 30 from 12-6 p.m. in the East Dining Room.

Sponsored by the Student Health Center

Did you know...
a single blood donation can save up to 3 lives?
09/29 – 09/30

Coming Out of Your Shell

Date: 9/29/2015
Time: 2:00 PM to 3:00 PM
Location: Old Gym, Room 114

Are you shy? Do you spend more time with friends online than in person? Learn how to feel at ease in social situations. Build skills to be your most confident self.

Sponsored by the Counseling Center

Make your Resume Pop!

Date: 9/29/2015
Time: 5:00 PM to 6:00 PM
Location: Shuster Hall, Room 231

Develop practical skills and learn how to write an effective professional resume that will help you stand out during your job search.

Sponsored by the Career Services Center

Blood Drive

Date: 9/30/2015
Time: 12:00 PM to 6:00 PM
Location: East Dining Room

Please help others by donating an hour and a unit of blood on Tuesday, Sept. 29 and Wednesday, September 30 from 12-6 p.m. in the East Dining Room.

Sponsored by the Student Health Center

Elevator Pitch

Date: 9/30/2015
Time: 3:30 PM to 5:00 PM
Location: Shuster Hall, Room 231

An elevator pitch (or elevator speech) is a short summary used to quickly and simply define you and your promise of value to an organization/profession. Come prepared to write your own elevator pitch and role-play with peers and professionals.

Sponsored by the Career Services Center
Leadership Workshop: Understanding Your Leadership Identity

Date: 9/30/2015
Time: 5:30 PM to 7:30 PM
Location: Student life Building, Room 111

Are we born leaders? Can anyone be a leader? What is your leadership style? Come find out the answers to these questions and meet a group of fun students! This is the first of a seven part module that will lead to a certificate at the end of the course. The workshops, books and all resources are provided at no cost to Lehman students.

Sponsored by the Herbert H. Lehman Center for Student Leadership Development

Women's Volleyball

Date: 9/30/2015
Time: 7:00 PM
Location: Lehman College

Lehman College Women’s Volleyball vs St. Joseph’s (Bklyn)

Sponsored by Lehman College Athletics

Citing your Work and Avoiding Plagiarism Workshop

Date: 9/30/2015
Time: 3:30 PM to 5:00 PM
Location: Music Building, Room 313

Students will learn about the importance of citing their references, using the EasyBib website, and preventing plagiarism.

Sponsored by the Office of Student Disability Services
Open to all Student Registered with the Office of Student Disability Services

Microsoft Excel 2010 Advanced Level

Date: 9/30/2015
Time: 7:00 PM to 9:00 PM
Location: IT Center

In this workshop, participants with a basic knowledge of Excel will learn how to create pivot tables and pivot charts, audit and analyze data, utilize data tools, and collaborate with others using Excel. The workshop will include hands-on exercises.

To register, go to the ITR Workshop Calendar.

Sponsored by the Information Technology Division
10/01

**Stress Less**

**Date:** 10/01/2015  
**Time:** 11:00 AM to 12:00 PM  
**Location:** Old Gym, Room 114

School, romantic partner or family obligations getting you stressed? Feel torn in a million directions? Learn how to stand up, de-stree and let go.

Sponsored by the Counseling Center

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**Women's Tennis**

**Date:** 10/01/2015  
**Time:** 3:30 PM  
**Location:** Lehman College

Lehman College Women’s Tennis vs Brooklyn

Sponsored by Lehman College Athletics

**Leadership Workshop:**

**Understanding Your Leadership Identity**

**Date:** 10/01/2015  
**Time:** 3:30 PM to 5:30 PM  
**Location:** The Student life Building, Room 111

Are we born leaders? Can anyone be a leader? What is your leadership style? Come find out the answers to these questions and meet a group of fun students! This is the first of a seven part module that will lead to a certificate at the end of the course. The workshops, books and all resources are provided at no cost to Lehman students.

Sponsored by the Herbert H. Lehman Center for Student Leadership Development
The Cover Letter – Why do you need one?

Date: 10/02/2015
Time: 2:00 PM to 3:30 PM
Location: Shuster Hall, Room 231

This is an interactive workshop in which you will have the opportunity to outline your targeted cover letter. This workshop will furnish you with the knowledge and skills required to craft an effective cover letter which highlights your qualifications for that position. You are required to bring a job description of a position for which you are interested in applying.

Sponsored by the Career Services Center

Women's Tennis

Date: 10/3/2015
Time: 2:00 PM
Location: Lehman College

Lehman College Women’s Tennis vs St. Joseph’s College (Bklyn)
Sponsored by Lehman College Athletics

Microsoft Excel 2010 Basics

Date: 10/4/2015
Time: 12:30 PM to 2:30 PM
Location: IT Center

Microsoft Excel allows you to enter, manipulate and display numbers and text in a spreadsheet—a grid composed of rows, columns and cells. Participants will be introduced to the Excel user interface including the ribbon, menus, toolbars and keyboard equivalents, cell, column and row references, data entry and formatting, creating and copying simple formulas, setting up a spreadsheet for printing, creating charts and data protection. This workshop will include hands-on exercises.

To register, go to the ITR Workshop Calendar.
Sponsored by the Information Technology Division
Start the semester with a bang!
Cheer on Lehman Athletics, meet clubs, offices and departments that will support you at Lehman, mingle with new and returning students, and enjoy free pizza!

September 2, 2015
3:30pm – 5:00pm
In front of the Music Building

Office of Community Engagement & New Student Programs
Old Gym, Room 302 – Tel: 347-577-4020
Active Shooter Training Seminar
Alert, Lockdown, Information, Counter and Evacuation, (A.L.I.C.E.)

Contact Director: Fausto Ramirez at Fausto.Ramirez@lehman.cuny.edu or 718.960.8594 if you are interested in attending the training seminar.

A.L.I.C.E. Training
The CUNY Department of Public Safety at Lehman College is conducting ALICE workshops. The 2 hour long A.L.I.C.E. sessions are designed to give participants insight and response options when encountering an active shooter.

This highly effective and "common sense" training has been readily adopted by many educational law enforcement institutions throughout the United States. The training is open to everyone but we are encouraging faculty and staff to take the time to attend one of the sessions. Hopefully you will never have to use the information you will learn, but if a situation does arise in a class-room or in an office, you will have an idea of what you can do to increase your survivability.

“A.L.I.C.E.” is a program designed to supplement cur-rent “Lockdown” procedures used frequently in our public schools and workplaces as a stand-alone defensive strategy for an Active Shooter event. Tragic events in schools and workplaces have dictated the need of enhanced options provided to staff and students to increase their chances of surviving a horrific event.

“A.L.I.C.E.” is an acronym for Alert, Lockdown, Inform, Counter, and Evacuate. The main objective of the program is to provide the students and staff with Options to increase their chance of survival during an “Active Shooter on Campus” emergency.

Date: Friday, September 18th
Time: 11 AM
Location: Please RSVP at www.lehman.edu/communityengagement
Office of Community Engagement
& New Student Programs
Old Gym, Room 302
Tel: 347-577-4020

SIGN UP TO VOLUNTEER WITH US!
www.lehman.edu/communityengagement

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