



Brought to you by the Office of Community Engagement & New Student Programs  
Old Gym, Room 302 – Tel: 347-577-4020

***A special thank you from the Office of Community Engagement, to the  
Departments and Clubs that have contributed to Weeks of Welcome  
and all of our volunteers!***

Campus Information Services

Counseling Center

Herbert H. Lehman Center for Student Leadership Development

International Student Services

Latino Nutrition Club

Lehman College Athletics

Lehman College Career Services Center

Lehman Health Promoters

Lehman Teaching & Learning Commons

Nutrition Awareness

Office of Campus Life

Office of Student Disability Services

Office of the Vice President for Student Affairs

Student Government Association

Student Health Center

Urban Male Leadership Program

Wellness Education and Promotion Program



Greetings Lehman Students,

Welcome new and returning students! The Office of Community Engagement and New Student Programs is dedicated to helping you transition to Lehman College and the vast number of opportunities available. I encourage you to find at least one thing that connects you to the Lehman campus; this can range from an on-campus job, to volunteering in the community, to participating in a research study related to your major. We know that your first weeks on campus are especially important in building the foundation for your success at Lehman College. That is why we have created this “Weeks of Welcome” booklet. Enclosed in this booklet is the schedule of activities and programs that will take place between Thursday, August 28, 2014 and Friday, October 3, 2014. Events are updated daily, so be sure to check out the campus events calendar at [www.lehman.edu](http://www.lehman.edu).

The fun starts on Thursday, August 28, 2014 with campus events that will help you learn more about the college and establish relationships with other students, faculty and staff. Be sure to join us on Wednesday, September 3, 2014 at the Fall Semester Kick-Off event to cheer on Lehman Athletics, meet clubs, offices and departments, pick up your free planner and enjoy free pizza! The fun continues at the 2014 Fall Club Carnival sponsored by the Student Government Association on Wednesday, September 10, 2014. Giving back to your community is an essential aspect of the Lehman College experience, sign-up to volunteer with over 40 community-based organizations at Pay it Forward Day on Monday, September 15, 2014, sponsored by our Office.

It is our goal that by the end of Weeks of Welcome, you will have found a connection to our campus and build a network of friends and supporters that will help you succeed at Lehman.

Best wishes,

A handwritten signature in black ink, appearing to read 'Amanda Dubois', with a stylized flourish at the end.

Amanda Dubois  
Director  
Office of Community Engagement and New Student Programs  
Old Gym, Room 302  
Tel: 347-577-4020

**Lehman College**  
**Weeks of Welcome - Fall 2014**  
**08/28/14 to 10/03/14**

**August 28, 2014**

*Thursday*

**10:00 AM - 6:00 PM**

**How May I Help You? -- In front of Shuster Hall**

Campus Information Services (CIS) is an independent service unit that works closely with the Office of Campus Life. CIS student employees possess a general knowledge of the College, its academic programs, and administrative policies in order to quickly and efficiently answer inquiries or make appropriate referrals. During this tabling session, CIS student employees will assist students, staff, faculty, and visitors with any questions that they may have.

Sponsored by Campus Information Services and the Office of Campus Life

**August 29, 2014**

*Friday*

**10:00 AM - 6:00 PM**

**How May I Help You? -- In front of Shuster Hall**

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Sponsored by Campus Information Services and the Office of Campus Life

**September 02, 2014**

*Tuesday*

**9:00 AM - 5:00 PM**

**Health Insurance Assistance -- Student Health Center**

Need Health Insurance? Can't understand the new health insurance policies? Come to the Student Health Center for help. Bring the documents listed on our web site to apply: <http://www.lehman.edu/student-health-center/health-insurance.php>.

Sponsored by the Student Health Center

**10:00 AM - 6:00 PM**

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**Lehman College**  
**Weeks of Welcome - Fall 2014**  
**08/28/14 to 10/03/14**

**September 02, 2014 Continued**

*Tuesday*

**11:00 AM - 1:00 PM**

**Food Stamp Assistance -- Student Health Center**

Think you might be eligible for food stamps? Please come see the prescreener at the health center on alternate. Bring the documents as listed on the Website at <http://www.lehman.edu/student-health-center/health-insurance.php>

Sponsored by the Student Health Center

**12:00 PM - 4:00 PM**

**HIV Testing -- Student Health Center**

Free 20-minute OraSure HIV Testing!

Sponsored by the Student Health Center

**12:00 PM - 3:00 PM**

**Marathon Table Sign Up -- In front of Shuster Hall**

Join us to volunteer for the **2014 TCS New York City Marathon** on **Sunday, November 2**. There will be 48,000 runners who will need water and Gatorade to keep them fueled. They will need *YOU* and *YOUR* spirit at Mile 20, the only Bronx water station, to help cheer and move them along! Visit our Marathon Table and sign up **TODAY!!!!**

You can also sign up online here's HOW!

- Go to <https://mynyrr.nyrr.org/login> and register with New York Road Runners (NYRR)
- Once you register, you will receive a confirmation email. Please follow the link in the email to finish setting up your account. **(Can't find the confirmation email? Check your spam folder)**
- Now, log in to your new account and from the main page select **VOLUNTEER**
- Scroll down and select the volunteering event **FLUID STATIONS 2014 TCS NEW YORK CITY MARATHON**
- Once the page loads, scroll down and select **FLUID STATION MILE 20**
- Complete the missing information and click **ACCEPT AND VOLUNTEER!**

Sponsored by the Office of Community Engagement and New Student Programs

**2:00 PM - 6:00 PM**

**Fall GYN Hours -- Student Health Center**

The Student Health Center has a female nurse practitioner who provides women health care. Visits are scheduled by appointment only, however walk-ins may be accommodated as time allows. Make appointments in person since a validated ID and \$5 deposit are required.

Sponsored by the Student Health Center

**Lehman College**  
**Weeks of Welcome - Fall 2014**  
**08/28/14 to 10/03/14**

**September 03, 2014**

Wednesday

**9:00 AM - 4:00 PM**

**Health Insurance Assistance -- Student Health Center**

Description: Need Health Insurance? Can't understand the new health insurance policies? Come to the Student Health Center for help. Bring the documents listed on our web site to apply: <http://www.lehman.edu/student-health-center/health-insurance.php>

Sponsored by the Student Health Center

**10:00 AM - 6:00 PM**

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Sponsored by Campus Information Services and the Office of Campus Life

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Sponsored by the Student Health Center

**2:00 PM - 5:00 PM**

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**Lehman College**  
**Weeks of Welcome - Fall 2014**  
**08/28/14 to 10/03/14**

**September 03, 2014 Continued**

*Wednesday*

**3:00 PM - 5:00 PM**

**Fall Semester Kick Off -- In front of the Music Building**

Start the semester with a bang! Cheer on Lehman Athletics, meet clubs, offices and departments that will support you at Lehman, mingle with new and returning students, and enjoy free ice cream! Go Lehman!

Sponsored by the Office of Community Engagement and New Student Programs

**3:30 PM - 5:00 PM**

**Steps to Preparing for the Interview – Series 1 -- Shuster Hall, Room 231**

Develop an understanding of the interview process, the importance of professional attire, and follow-up guidelines.

Please RSVP at <https://lehman-cuny-csm.symplicity.com/>  
Go to 'Events' and then 'Information Session'

Sponsored by the Lehman College Career Services Center

**5:00 PM**

**Women's Soccer -- Lehman College South Field**

Lehman Women's Soccer vs. SUNY Maritime

Sponsored by Lehman College Athletics

**5:00 PM - 6:30 PM**

**Ace Your Next Interview: Learn How to Answer Traditional and Behavioral Questions – Series 2 -- Shuster Hall, Room 231**

This is an interactive workshop. You will become familiar with typical interview questions that employers may use in an interview, strategies for responding, and an opportunity to practice.

Please RSVP at <https://lehman-cuny-csm.symplicity.com/>  
Go to 'Events' and then 'Information Session'

Sponsored by the Lehman College Career Services Center

**7:15 PM**

**Men's Soccer -- Lehman College South Field**

Lehman College Men's Soccer vs. SUNY Maritime

Sponsored by Lehman College Athletics

**Lehman College**  
**Weeks of Welcome - Fall 2014**  
**08/28/14 to 10/03/14**

**September 04, 2014**

Thursday

**9:00 AM - 4:00 PM**

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Sponsored by the Student Health Center

**10:00 AM - 6:00 PM**

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Sponsored by Campus Information Services and the Office of Campus Life

**10:00 AM - 12:00 PM**

**H&R Block Recruitment -- Shuster Hall, Room 231**

Are you a Business/Accounting major looking to launch your career in Taxation? Learn about the H&R Block Income Tax Course, Course requirements and get hired for the 2015 tax season as a Tax Preparer. Juniors and Seniors preferred. Interviews will also be conducted on the spot so walk with your resume and dress professionally.

Please RSVP at <https://lehman-cuny-csm.symlicity.com/>  
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Sponsored by the Lehman College Career Services Center

**12:00 PM - 4:00 PM**

**HIV Testing -- Student Health Center**

Free 20-minute OraSure HIV Testing!

Sponsored by the Student Health Center

**12:00 PM - 3:00 PM**

**Marathon Table Sign Up --**

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**Lehman College**  
**Weeks of Welcome - Fall 2014**  
**08/28/14 to 10/03/14**

**September 04, 2014 Continued**

Thursday

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- Once the page loads, scroll down and select **FLUID STATION MILE 20**
- Complete the missing information and click **ACCEPT AND VOLUNTEER!**

Sponsored by the Office of Community Engagement and New Student Programs

**2:00 PM - 4:00 PM**

**H&R Block Recruitment -- Shuster Hall, Room 231**

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Go to 'Events' and then 'Information Session'

Sponsored by the Lehman College Career Services Center

**5:00 PM - 7:00 PM**

**Tau Sigma BBQ Social**

Meet and Greet for Tau Sigma Honor Society Members.

Sponsored by the Division of Student Affairs

**7:00 PM**

**Women's Volleyball -- APEX Main Arena**

Lehman College Women's Volleyball vs. William Paterson University

Sponsored by Lehman College Athletics

**September 05, 2014**

Friday

**10:00 AM - 6:00 PM**

**How May I Help You? -- In front of Shuster Hall**

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**September 05, 2014 Continued**

Friday

**10:00 AM - 12:00 PM**

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Are you a Business/Accounting major looking to launch your career in Taxation? Learn about the H&R Block Income Tax Course, Course requirements and get hired for the 2015 tax season as a Tax Preparer. Juniors and Seniors preferred. Interviews will also be conducted on the spot so walk with your resume and dress professionally.

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Go to 'Events' and then 'Information Session'

Sponsored by the Lehman College Career Services Center

**12:00 PM - 3:00 PM**

**Marathon Table Sign Up -- In front of Shuster Hall**

Join us to volunteer for the **2014 TCS New York City Marathon** on **Sunday, November 2**. There will be 48,000 runners who will need water and Gatorade to keep them fueled. They will need *YOU* and *YOUR* spirit at Mile 20, the only Bronx water station, to help cheer and move them along! Visit our Marathon Table and sign up **TODAY!!!!**

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Sponsored by the Office of Community Engagement and New Student Programs

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**Lehman College**  
**Weeks of Welcome - Fall 2014**  
**08/28/14 to 10/03/14**

**September 06, 2014**

Saturday

**1:00 PM**

**Women's Tennis -- APEX Tennis Courts**

Lehman College Women's Tennis vs. St. Joseph's College

Sponsored by Lehman College Athletics

**September 08, 2014**

Monday

**9:00 AM - 5:00 PM**

**Health Insurance Assistance -- Student Health Center**

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Sponsored by the Student Health Center

**10:00 AM - 6:00 PM**

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Sponsored by Campus Information Services and the Office of Campus Life

**12:00 PM - 4:00 PM**

**HIV Testing -- Student Health Center**

Free 20-minute OraSure HIV Testing!

Sponsored by the Student Health Center

**2:00 PM - 5:00 PM**

**Club Walk -- Campus Walkway**

Come walk the cat walk and meet Lehman's clubs and organizations! Decide which club has created the best shirt by voting for them and learning more about how to join a club, and getting involved in campus life!

Rain Location: Student Life Building

Sponsored by the Office of Campus Life

**2:00 PM - 5:00 PM**

**Marathon Table Sign Up -- In front of Shuster Hall**

Join us to volunteer for the **2014 TCS New York City Marathon** on **Sunday, November 2**. There will be 48,000 runners who will need water and Gatorade to keep them fueled. They will need *YOU* and *YOUR* spirit at Mile 20, the only Bronx water station, to help cheer and move them along! Visit our Marathon Table and sign up **TODAY!!!!**

You can also sign up online here's HOW!

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**September 08, 2014 Continued**

*Monday*

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- Once the page loads, scroll down and select **FLUID STATION MILE 20**
- Complete the missing information and click **ACCEPT AND VOLUNTEER!**

Sponsored by the Office of Community Engagement and New Student Programs

**2:00 PM - 4:00 PM**

**Free STD Testing -- Student Health Center**

Free urine, chlamydia, and gonorrhea testing at the health center on Mondays and Thursdays from 2-4 p.m. starting Sept. 8. First come, first served. A validated ID is required.

Sponsored by the Student Health Center

**2:00 PM - 3:30 PM**

**Make Your Resume Pop! -- Shuster Hall, Room 231**

Develop practical skills and hands-on instructions on how to write an effective professional resume that will help you stand out in your job search.

Please RSVP at <https://lehman-cuny-csm.symplicity.com/>  
Go to 'Events' and then 'Information Session'

Sponsored by the Lehman College Career Services Center

**3:00 PM - 5:00 PM**

**Fall GYN Hours -- Student Health Center**

The Student Health Center has a female nurse practitioner who provides women health care. Visits are scheduled by appointment only, however walk-ins may be accommodated as time allows. Make appointments in person since a validated ID and \$5 deposit are required.

Sponsored by the Student Health Center

**3:00 PM - 5:00 PM**

**New Student Orientation for International Students -- Student Life Building, Room 111**

Welcome new and current international students to a new academic year! Come and learn about immigration policies, along with the different activities available across the campus, with offices like Community Engagement, Campus Life, Student Health Center and many more.

*This event is open to international students only.*

*Sponsored by the Division of Student Affairs*

**Lehman College**  
**Weeks of Welcome - Fall 2014**  
**08/28/14 to 10/03/14**

**September 08, 2014 Continued**

Monday

**3:00 PM - 5:00 PM**

**UMLP Welcome Reception -- Faculty Dining Room**

The Urban Male Leadership Program would like to invite you to their Welcome Reception. The reception is a **welcoming event for incoming freshmen and a welcome back event for continuing students**. The reception will introduce students to the UMLP staff as well as the Vice President and Dean of student Affairs.

Sponsored by the Urban Male Leadership Program

**3:30 PM - 5:00 PM**

**Meet and Greet and Information Session for the Emerging Leaders, Summer Internship Program -- Shuster Hall, Room 179**

Paid summer internship program for self-identifying students with disabilities, are US citizens and maintain a GPA of 3.0 or higher. Please contact Lauren McCarthy, [lauren.mccarthy@Lehman.cuny.edu](mailto:lauren.mccarthy@Lehman.cuny.edu) to see if you qualify!

Sponsored by the Office of Student Disability Services

**3:30 PM - 5:00 PM**

**The Cover Letter - Why Do You Need One? -- Shuster Hall, Room 231**

This interactive workshop will furnish you with the knowledge and skills required to craft an effective cover letter which highlights your qualifications for that position. **You are required to bring a job description of a position for which you are interested in applying.**

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**September 09, 2014**

Tuesday

**9:00 AM - 5:00 PM**

**Health Insurance Assistance -- Student Health Center**

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**September 09, 2014 Continued**

*Tuesday*

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**Marathon Table Sign Up -- In front of Shuster Hall**

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Sponsored by the Office of Community Engagement and New Student Programs

**12:00 PM - 1:00 PM**

**CPR Training -- Aerobics Room, APEX**

Want to learn how to perform hands-only CPR? The NYC Fire Dept. will be offering one-hour uncertified training!

Sponsored by the Student Health Center

**12:00 PM - 1:00 PM**

**Lehman L.I.F.E. Info Session -- Old Gym, Room 302**

Come and learn about how you can travel to communities outside of the New York City area to complete educational community service projects and give back to the community with us during Spring Break!

Sponsored by the Office of Community Engagement and New Student Programs

**2:00 PM - 6:00 PM**

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**September 09, 2014 Continued**

*Tuesday*

**5:00 PM - 6:30 PM**

**Online Networking through Linked-In -- Shuster Hall, Room 231**

Familiarize yourself with the benefits of LinkedIn as a powerful networking tool in executing your job search.

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Go to 'Events' and then 'Information Session'

Sponsored by the Lehman College Career Services Center

**5:00 PM - 6:00 PM**

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**September 10, 2014**

*Wednesday*

**9:00 AM - 4:00 PM**

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Sponsored by Campus Information Services and the Office of Campus Life

**11:00 AM - 1:00 PM**

**Suicide Prevention Awareness -- In front of the Bookstore**

With the recent death of Robin Williams, suicide is part of the National conversation. On this National Suicide Awareness Day, come by and write your message of hope to students struggling with depression and thoughts of suicide. An art installation will be created by Lehman students and put on display to show that there is hope and help in this struggle.

Sponsored by the Counseling Center

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**September 10, 2014 Continued**

Wednesday

**12:00 PM - 4:00 PM**

**HIV Testing -- Student Health Center**

Free 20-minute OraSure HIV Testing!

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**2:00 PM - 6:00 PM**

**2014 Fall Club Carnival -- Lehman College Quad**

Join the Student Government Association in welcoming in the new academic year with Floats, Food, Candy, Music and a showcase of student-led clubs and organizations, as well as other campus resources!

Rain Date: September 24, 2014

Sponsored by the Student Government Association

**2:00 PM - 6:00 PM**

**Marathon Table Sign Up -- In front of Shuster Hall**

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- Go to <https://mynyrr.nyrr.org/login> and register with New York Road Runners (NYRR)
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- Now, log in to your new account and from the main page select **VOLUNTEER**
- Scroll down and select the volunteering event **FLUID STATIONS 2014 TCS NEW YORK CITY MARATHON**
- Once the page loads, scroll down and select **FLUID STATION MILE 20**
- Complete the missing information and click **ACCEPT AND VOLUNTEER!**

Sponsored by the Office of Community Engagement and New Student Programs

**3:00 PM - 5:00 PM**

**Crear Futuros Tabling -- In front of the Bookstore**

Are you a freshman student who is curious about resources available to you on campus? Join the Crear Futuros program which will connect you to resources, mentors and helpful workshops.

Sponsored by the Office of Campus Life

**3:30 PM - 5:00 PM**

**New Student Orientation - Access and Technology Center -- Room 215, Library**

New Student Orientation – is designed to acquaint students with info about the services and protocols of the Office of Student Disability Services. We will discuss who is eligible for service, introduce our staff and what the office provides.

Sponsored by the Office of Student Disability Services

**Lehman College**  
**Weeks of Welcome - Fall 2014**  
**08/28/14 to 10/03/14**

**September 10, 2014 Continued**

Wednesday

**3:30 PM - 5:00 PM**

**The Peace Corps Information Session -- Carman Hall, Room TBA**

Peace Corps service is a personal and professional experience like no other. Serve abroad for two years plus training, working directly with community to build capacity in education, health, youth in development, environment, community economic development and agriculture. With a network of 215,000+ Peace Corps alumni and career support services, Volunteers return highly qualified and ready to connect with thousands of employers who are seeking the unique skills of returned Peace Corps Volunteers.

Please RSVP at <https://lehman-cuny-csm.symplicity.com/>

Go to 'Events' and then 'Information Session'

Sponsored by the Lehman College Career Services Center

**3:30 PM - 5:00 PM**

**Who Do You Think You Are? Who Do You Want To Be? -- Shuster Hall, Room 231**

Are you undecided about your choice of major? Uncertain about your goals? Come to this interactive workshop! You will begin the journey of knowing who you are and who you want to be.

Please RSVP at <https://lehman-cuny-csm.symplicity.com/>

Go to 'Events' and then 'Information Session'

Sponsored by the Lehman College Career Services Center

**7:00 PM**

**Men's Soccer -- Lehman College South Field**

Lehman College Men's Soccer vs. SUNY Old Westbury

Sponsored by Lehman College Athletics

**September 11, 2014**

Thursday

**9:00 AM - 4:00 PM**

**Health Insurance Assistance -- Student Health Center**

Need Health Insurance? Can't understand the new health insurance policies? Come to the Student Health Center for help. Bring the documents listed on our web site to apply: <http://www.lehman.edu/student-health-center/health-insurance.php>

Sponsored by the Student Health Center

**10:00 AM - 6:00 PM**

**How May I Help You? -- In front of Shuster Hall**

Campus Information Services (CIS) is an independent service unit that works closely with the Office of Campus Life. CIS student employees possess a general knowledge of the College, its academic programs, and administrative policies in order to quickly and efficiently answer inquiries or make appropriate referrals. During this tabling session, CIS student employees will assist students, staff, faculty, and visitors with any questions that they may have.

Sponsored by Campus Information Services and the Office of Campus Life

**Lehman College**  
**Weeks of Welcome - Fall 2014**  
**08/28/14 to 10/03/14**

**September 11, 2014 Continued**

Thursday

**10:45 AM - 11:15 AM**

**9/11 Commemoration Ceremony -- College Walkway in front of Shuster Hall**

Lehman College will observe the 13th anniversary of the 9-11 attacks on our country on Thursday, Sept. 11.

The commemoration will take place rain or shine on the College Walk outside of Shuster Hall where the Lehman College 9-11 monument is located.

Faculty are encouraged to either bring their students, or to observe a moment of silence in the classroom on that morning.

Sponsored by the Division of Student Affairs

**2:00 PM - 4:00 PM**

**Free STD Testing -- Student Health Center**

Free urine, chlamydia, and gonorrhea testing at the health center on Mondays and Thursdays from 2-4 p.m. starting Sept. 8. First come, first served. A validated ID is required.

Sponsored by the Student Health Center

**4:00 PM**

**Women's Tennis -- APEX Tennis Courts**

Lehman College Women's Tennis vs. College of St. Elizabeth's

Sponsored by Lehman College Athletics

**September 12, 2014**

Friday

**10:00 AM - 6:00 PM**

**How May I Help You? -- In front of Shuster Hall**

Campus Information Services (CIS) is an independent service unit that works closely with the Office of Campus Life. CIS student employees possess a general knowledge of the College, its academic programs, and administrative policies in order to quickly and efficiently answer inquiries or make appropriate referrals. During this tabling session, CIS student employees will assist students, staff, faculty, and visitors with any questions that they may have.

Sponsored by Campus Information Services and the Office of Campus Life

**12:00 PM - 3:00 PM**

**Marathon Table Sign Up -- In front of Shuster Hall**

Join us to volunteer for the **2014 TCS New York City Marathon** on **Sunday, November 2**. There will be 48,000 runners who will need water and Gatorade to keep them fueled. They will need *YOU* and *YOUR* spirit at Mile 20, the only Bronx water station, to help

**Lehman College**  
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**September 12, 2014 Continued**

Friday

cheer and move them along! Visit our Marathon Table and sign up **TODAY!!!!**

You can also sign up online here's HOW!

- Go to <https://mynyrr.nyrr.org/login> and register with New York Road Runners (NYRR)
- Once you register, you will receive a confirmation email. Please follow the link in the email to finish setting up your account. **(Can't find the confirmation email? Check your spam folder)**
- Now, log in to your new account and from the main page select **VOLUNTEER**
- Scroll down and select the volunteering event **FLUID STATIONS 2014 TCS NEW YORK CITY MARATHON**
- Once the page loads, scroll down and select **FLUID STATION MILE 20**
- Complete the missing information and click ACCEPT AND VOLUNTEER!

Sponsored by the Office of Community Engagement and New Student Programs

**1:00 PM - 2:00 PM**

**Lehman L.I.F.E. Info Session -- Old Gym, Room 302**

Come and learn about how you can travel to communities outside of the New York City area to complete educational community service projects and give back to the community with us during Spring Break!

Sponsored by the Office of Community Engagement and New Student Programs

**2:00 PM - 3:30 PM**

**Your Job Search Action Plan -- Shuster Hall, Room 231**

Did you know that most jobs and internships are NOT found through the internet? Learn best approaches to search for a position and connect with opportunities.

Please RSVP at <https://lehman-cuny-csm.symlicity.com/>

Go to 'Events' and then 'Information Session'

Sponsored by the Lehman College Career Services Center

**2:00 PM - 3:00 PM**

**Lehman L.I.F.E. Info Session -- Old Gym, Room 302**

Come and learn about how you can travel to communities outside of the New York City area to complete educational community service projects and give back to the community with us during Spring Break!

Sponsored by the Office of Community Engagement and New Student Programs

**Lehman College**  
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**September 13, 2014**

*Saturday*

**9:00 AM - 5:00 PM**

**Women's Volleyball -- APEX**  
CUNYAC Multi-Match Volleyball

Sponsored by Lehman College Athletics

**11:00 AM**

**Women's Tennis -- APEX Tennis Courts**  
Lehman College Women's Tennis vs. College of New Rochelle

Sponsored by Lehman College Athletics

**September 15, 2014**

*Monday*

**9:00 AM - 5:00 PM**

**Health Insurance Assistance -- Student Health Center**

Need Health Insurance? Can't understand the new health insurance policies? Come to the Student Health Center for help. Bring the documents listed on our web site to apply: <http://www.lehman.edu/student-health-center/health-insurance.php>.

Sponsored by the Student Health Center

**12:00 PM - 4:00 PM**

**HIV Testing -- Student Health Center**

Free 20-minute OraSure HIV Testing!

Sponsored by the Student Health Center

**1:00 PM - 5:00 PM**

**Marathon Table Sign Up -- In front of Shuster Hall**

Join us to volunteer for the **2014 TCS New York City Marathon** on **Sunday, November 2**. There will be 48,000 runners who will need water and Gatorade to keep them fueled. They will need *YOU* and *YOUR* spirit at Mile 20, the only Bronx water station, to help cheer and move them along! Visit our Marathon Table and sign up **TODAY!!!!**

You can also sign up online here's HOW!

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- Once you register, you will receive a confirmation email. Please follow the link in the email to finish setting up your account. **(Can't find the confirmation email? Check your spam folder)**
- Now, log in to your new account and from the main page select **VOLUNTEER**
- Scroll down and select the volunteering event **FLUID STATIONS 2014 TCS NEW YORK CITY MARATHON**
- Once the page loads, scroll down and select **FLUID STATION MILE 20**
- Complete the missing information and click **ACCEPT AND VOLUNTEER!**

Sponsored by the Office of Community Engagement and New Student Programs

**Lehman College**  
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**September 15, 2014 Continued**

*Monday*

**1:00 PM - 5:00 PM**

**Pay It Forward Day: "I Volunteer..." Campaign & Community Engagement Fair -- Campus Walkway**

Meet local non-profit organizations that you can volunteer your time with! While you're here, tell us why you volunteer and join our photo campaign!

Rain Location: 3<sup>rd</sup> Fl Gym in the Old Gym Building

Sponsored by the Office of Community Engagement & New Student Programs

**2:00 PM - 4:00 PM**

**Free STD Testing -- Student Health Center**

Free urine, chlamydia, and gonorrhea testing at the health center on Mondays and Thursdays from 2-4 p.m. starting Sept. 8. First come, first served. A validated ID is required.

Sponsored by the Student Health Center

**2:30 PM - 3:30 PM**

**Wellness Hour -- Old Gym, 1st FL**

Meet the Lehman Wellness Team and get some coffee and snacks!

Sponsored by Lehman Wellness

**3:00 PM - 5:00 PM**

**Fall GYN Hours -- Student Health Center**

The Student Health Center has a female nurse practitioner who provides women health care. Visits are scheduled by appointment only, however walk-ins may be accommodated as time allows. Make appointments in person since a validated ID and \$5 deposit are required.

Sponsored by the Student Health Center

**3:30 PM - 5:30 PM**

**Introduction To Leadership Certificate Program: Understanding Leadership -- Student Life Building, Room 121**

Learn how to be an effective Leader and gain a certificate of completion at the end of the program!

Sponsored by the H.H.L Center for Student Leadership Development of Campus Life

**3:30 PM - 5:30 PM**

**What Every Leader Should Know! -- Student Life Building, Room 121**

Learn how to be an effective leader and gain a certificate of completion at the end of the program!

Sponsored by the Office of Campus Life

**3:30 PM - 5:00 PM**

**Got Skills? -- Shuster Hall, Room 231**

Do you know the skills that will lead to academic and career success? Come to this workshop and you will have the opportunity to interact and engage in activities that will help you develop these skills and apply them during your college experience.

Please RSVP at <https://lehman-cuny-csm.symplicity.com/>  
Go to 'Events' and then 'Information Session'

Sponsored by the Lehman College Career Services Center

**Lehman College**  
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**September 15, 2014 Continued**

Monday

**3:30 PM - 5:00 PM**

**Workforce Recruitment Program Information Session -- Shuster Hall, Room 179**

Workforce Recruitment Program: For current students and recent graduates with disabilities interested in applying for paid summer internships and jobs within the federal government and the private sector. Please contact Lauren McCarthy: [lauren.mccarthy@lehman.cuny.edu](mailto:lauren.mccarthy@lehman.cuny.edu) for more details and to see if you qualify.

Sponsored by the Office of Student Disability Services

**September 16, 2014**

Tuesday

**9:00 AM - 5:00 PM**

**Health Insurance Assistance -- Student Health Center**

Need Health Insurance? Can't understand the new health insurance policies? Come to the Student Health Center for help. Bring the documents listed on our web site to apply: <http://www.lehman.edu/student-health-center/health-insurance.php>.

Sponsored by the Student Health Center

**11:00 AM - 2:00 PM**

**Annual Health Fair -- In front of the Music Building**

Come join us for our annual health fair to be held outside in front of the Music Bldg. (inside by the cafeteria, if rain) from 11-2pm on Tuesday, September 16. Free sugar, blood pressure, hearing and cholesterol screenings, many outside organizations, freebies and goodies for all.

Rain Location: Inside by the Music Building Cafeteria

Sponsored by the Student Health Center

**12:00 PM - 4:00 PM**

**HIV Testing -- Student Health Center**

Free 20-minute OraSure HIV Testing!

Sponsored by the Student Health Center

**12:00 PM - 3:00 PM**

**Marathon Table Sign Up -- In front of Shuster Hall**

Join us to volunteer for the **2014 TCS New York City Marathon** on **Sunday, November 2**. There will be 48,000 runners who will need water and Gatorade to keep them fueled. They will need *YOU* and *YOUR* spirit at Mile 20, the only Bronx water station, to help cheer and move them along! Visit our Marathon Table and sign up **TODAY!!!!**

You can also sign up online here's HOW!

- Go to <https://mynyrr.nyrr.org/login> and register with New York Road Runners (NYRR)

**Lehman College**  
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**September 16, 2014 Continued**

*Tuesday*

- Once you register, you will receive a confirmation email. Please follow the link in the email to finish setting up your account. **(Can't find the confirmation email? Check your spam folder)**
- Now, log in to your new account and from the main page select **VOLUNTEER**
- Scroll down and select the volunteering event **FLUID STATIONS 2014 TCS NEW YORK CITY MARATHON**
- Once the page loads, scroll down and select **FLUID STATION MILE 20**
- Complete the missing information and click **ACCEPT AND VOLUNTEER!**

Sponsored by the Office of Community Engagement and New Student Programs

**1:30 PM - 2:00 PM**

**Pre-Volunteer Workshop -- Old Gym, Room 302**

Come and learn about the Office of Community Engagement upcoming service projects and volunteer safety guidelines. At the end of this quick orientation, you will receive a free Lehman Leaders in Service t-shirt!

Sponsored by the Office of Community Engagement & New Student Programs

**2:00 PM - 6:00 PM**

**Fall GYN Hours -- Student Health Center**

The Student Health Center has a female nurse practitioner who provides women health care. Visits are scheduled by appointment only, however walk-ins may be accommodated as time allows. Make appointments in person since a validated ID and \$5 deposit are required.

Sponsored by the Student Health Center

**3:30 PM**

**Women's Tennis -- APEX Tennis Courts**

Lehman College Women's Tennis vs. College of Staten Island

Sponsored by Lehman College Athletics

**7:00 PM**

**Women's Volleyball -- APEX Main Arena**

Lehman College Women's Volleyball vs. College of Staten Island

Sponsored by Lehman College Athletics

**September 17, 2014**

*Wednesday*

**9:00 AM - 4:00 PM**

**Health Insurance Assistance -- Student Health Center**

Need Health Insurance? Can't understand the new health insurance policies? Come to the Student Health Center for help. Bring the documents listed on our web site to apply: <http://www.lehman.edu/student-health-center/health-insurance.php>

Sponsored by the Student Health Center

**Lehman College**  
**Weeks of Welcome - Fall 2014**  
**08/28/14 to 10/03/14**

**September 17, 2014 Continued**

Wednesday

**11:00 AM - 1:00 PM**

**Lehman College Academic Convocation**

The President, the Provost, and the Faculty cordially invite the campus community to attend 2014-2015 Academic Year Convocation ceremony, which marks the official start of the new academic year. Provost Anny Morrobel-Sosa will preside and President Fernández will deliver the keynote address.

**12:00 PM - 4:00 PM**

**HIV Testing -- Student Health Center**

Free 20-minute OraSure HIV Testing!

Sponsored by the Student Health Center

**3:00 PM - 5:30 PM**

**Fall Fun, Fit Challenge -- Lehman College Quad**

Are you fit? Challenge yourself and learn more about nutrition and exercise in our 3rd annual Fall fun, fit challenge.

Rain Location: 3<sup>rd</sup> Fl Gym in the Old Gym Building

Sponsored by Lehman Wellness, Lehman Health Promoters, Nutrition Awareness, and the Latino Nutrition club

**3:00 PM - 5:00 PM**

**Crear Futuros Tabling -- In Front of the Bookstore**

Are you a freshman student who is curious about resources available to you on campus? Join the Crear Futuros program which will connect you to resources, mentors and helpful workshops.

Sponsored by the Office of Campus Life

**3:00 PM - 5:00 PM**

**Marathon Table Sign Up -- In front of Shuster Hall**

Join us to volunteer for the **2014 TCS New York City Marathon** on **Sunday, November 2**. There will be 48,000 runners who will need water and Gatorade to keep them fueled. They will need *YOU* and *YOUR* spirit at Mile 20, the only Bronx water station, to help cheer and move them along! Visit our Marathon Table and sign up **TODAY!!!!**

You can also sign up online here's HOW!

- Go to <https://mynyrr.nyrr.org/login> and register with New York Road Runners (NYRR)
- Once you register, you will receive a confirmation email. Please follow the link in the email to finish setting up your account. **(Can't find the confirmation email? Check your spam folder)**
- Now, log in to your new account and from the main page select **VOLUNTEER**
- Scroll down and select the volunteering event **FLUID STATIONS 2014 TCS NEW YORK CITY MARATHON**
- Once the page loads, scroll down and select **FLUID STATION MILE 20**
- Complete the missing information and click **ACCEPT AND VOLUNTEER!**

Sponsored by the Office of Community Engagement and New Student Programs

Office of Community Engagement &  
New Student Programs

**Lehman College**  
**Weeks of Welcome - Fall 2014**  
**08/28/14 to 10/03/14**

**September 17, 2014 Continued**

*Wednesday*

**3:30 PM - 5:30 PM**

**Introduction To Leadership Certificate Program: Understanding Leadership -- Student Life Building, Room 121**

Learn how to be an effective Leader and gain a certificate of completion at the end of the program!

Sponsored by the H.H.L Center for Student Leadership Development of Campus Life

**4:00 PM - 5:00 PM**

**Lehman L.I.F.E. Info Session -- Old Gym, Room 302**

Come and learn about how you can travel to communities outside of the New York City area to complete educational community service projects and give back to the community with us during Spring Break!

Sponsored by the Office of Community Engagement and New Student Programs

**5:00 PM - 6:30 PM**

**Networking Strategies -- Shuster Hall, Room 231**

Learn tips to master the art of networking. Start making contacts and increase the knowledge and experience of people that will help you reach your goals.

Please RSVP at <https://lehman-cuny-csm.symlicity.com/>

Go to 'Events' and then 'Information Session'

Sponsored by the Lehman College Career Services Center

**5:00 PM - 6:00 PM**

**Lehman L.I.F.E. Info Session -- Old Gym, Room 302**

Come and learn about how you can travel to communities outside of the New York City area to complete educational community service projects and give back to the community with us during Spring Break!

Sponsored by the Office of Community Engagement and New Student Programs

**5:30 PM - 7:30 PM**

**What Every Leader Should Know! -- Student Life Building, Room 121**

Learn how to be an effective leader and gain a certificate of completion at the end of the program!

Sponsored by the Office of Campus Life

**6:00 PM**

**Men's Soccer -- Lehman College South Field**

Lehman College Men's Soccer vs. Valley Forge Christian College

Sponsored by Lehman College Athletics

**Lehman College**  
**Weeks of Welcome - Fall 2014**  
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**September 18, 2014**

Thursday

**9:00 AM - 4:00 PM**

**Health Insurance Assistance -- Student Health Center**

Need Health Insurance? Can't understand the new health insurance policies? Come to the Student Health Center for help. Bring the documents listed on our web site to apply: <http://www.lehman.edu/student-health-center/health-insurance.php>

Sponsored by the Student Health Center

**11:00 AM - 4:00 PM**

**Wellness 101- Workshop series -- Student Life Building, Room 101**

Come learn about different health topics at our Wellness 101 workshop series! Learn about Nutrition, Exercise, Safe Sex, Stress Management and social media/internet addiction.

Sponsored by Lehman Wellness

**11:00 AM - 11:30 AM**

**Pre-Volunteer Workshop -- Old Gym, Room 302**

Come and learn about the Office of Community Engagement upcoming service projects and volunteer safety guidelines. At the end of this quick orientation, you will receive a free Lehman Leaders in Service t-shirt!

Sponsored by the Office of Community Engagement & New Student Programs

**12:00 PM - 4:00 PM**

**HIV Testing -- Student Health Center**

Free 20-minute OraSure HIV Testing!

Sponsored by the Student Health Center

**12:00 PM - 3:00 PM**

**Marathon Table Sign Up -- In front of Shuster Hall**

Join us to volunteer for the **2014 TCS New York City Marathon** on **Sunday, November 2**. There will be 48,000 runners who will need water and Gatorade to keep them fueled. They will need *YOU* and *YOUR* spirit at Mile 20, the only Bronx water station, to help cheer and move them along! Visit our Marathon Table and sign up **TODAY!!!!**

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- Once the page loads, scroll down and select **FLUID STATION MILE 20**
- Complete the missing information and click **ACCEPT AND VOLUNTEER!**

Sponsored by the Office of Community Engagement and New Student Programs

**Lehman College**  
**Weeks of Welcome - Fall 2014**  
**08/28/14 to 10/03/14**

**September 18, 2014 Continued**

*Thursday*

**12:00 PM - 1:00 PM**

**Lehman L.I.F.E. Info Session -- Old Gym, Room 302**

Come and learn about how you can travel to communities outside of the New York City area to complete educational community service projects and give back to the community with us during Spring Break!

Sponsored by the Office of Community Engagement and New Student Programs

**1:00 PM - 2:00 PM**

**Lehman L.I.F.E. Info Session -- Old Gym, Room 302**

Come and learn about how you can travel to communities outside of the New York City area to complete educational community service projects and give back to the community with us during Spring Break!

Sponsored by the Office of Community Engagement and New Student Programs

**2:00 PM - 4:00 PM**

**Free STD Testing -- Student Health Center**

Free urine, chlamydia, and gonorrhea testing at the health center on Mondays and Thursdays from 2-4 p.m. starting Sept. 8. First come, first served. A validated ID is required.

Sponsored by the Student Health Center

**2:00 PM - 3:30 PM**

**Elevator Pitch -- Shuster Hall, Room 231**

An elevator pitch (or elevator speech) is a short summary used to quickly and simply define you and your promise of value to an organization/professional. Come prepared to write your own elevator pitch and role play with peers and professionals.

Please RSVP at <https://lehman-cuny-csm.symplicity.com/>  
Go to 'Events' and then 'Information Session'

Sponsored by the Lehman College Career Services Center

**3:30 PM - 5:30 PM**

**Introduction To Leadership Certificate Program: Understanding Leadership -- Student Life Building, Room 121**

Learn how to be an effective Leader and gain a certificate of completion at the end of the program!

Sponsored by the H.H.L Center for Student Leadership Development of Campus Life

**3:30 PM - 5:30 PM**

**What Every Leader Should Know! -- Student Life Building, Room 121**

Learn how to be an effective leader and gain a certificate of completion at the end of the program!

Sponsored by the Office of Campus Life

**Lehman College**  
**Weeks of Welcome - Fall 2014**  
**08/28/14 to 10/03/14**

**September 18, 2014 Continued**

Thursday

7:00 PM

**Women's Volleyball -- APEX Main Arena**

Lehman College Women's Volleyball vs. John Jay College

Sponsored by Lehman College Athletics

**September 19, 2014**

Friday

Departure: 1:00PM

**Leadership Retreat -- Edith Macy Conference Center**

Weekend retreat filled with fun and workshops on leadership!!! Meet the College President and other administrators! Applications are being accepted.

Sponsored by the H.H.L Center for Student Leadership Development of Campus Life

10:00 AM - 12:00 PM

**Know your Health IQ -- Old Gym, Room 114**

Ever wanted to know what your BMI is, or how much alcohol is too much? Come and find out at our Health IQ event and take fun quizzes to assess your health.

Sponsored by Lehman Wellness and the Counseling Center

12:00 PM - 3:00 PM

**Marathon Table Sign Up -- In front of Shuster Hall**

Join us to volunteer for the **2014 TCS New York City Marathon** on **Sunday, November 2**. There will be 48,000 runners who will need water and Gatorade to keep them fueled. They will need **YOU** and **YOUR** spirit at Mile 20, the only Bronx water station, to help cheer and move them along! Visit our Marathon Table and sign up **TODAY!!!!**

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- Scroll down and select the volunteering event **FLUID STATIONS 2014 TCS NEW YORK CITY MARATHON**
- Once the page loads, scroll down and select **FLUID STATION MILE 20**
- Complete the missing information and click **ACCEPT AND VOLUNTEER!**

Sponsored by the Office of Community Engagement and New Student Programs

**September 20, 2014**

Saturday

All Day

**Leadership Retreat -- Edith Macy Conference Center**

**Please See Above**

**Lehman College**  
**Weeks of Welcome - Fall 2014**  
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**September 21, 2014**

Sunday

All Day

**Leadership Retreat -- Edith Macy Conference Center**  
**Please See Above**

**September 22, 2014**

Monday

**9:00 AM - 5:00 PM**

**Health Insurance Assistance -- Student Health Center**

Need Health Insurance? Can't understand the new health insurance policies? Come to the Student Health Center for help. Bring the documents listed on our web site to apply: <http://www.lehman.edu/student-health-center/health-insurance.php>.

Sponsored by the Student Health Center

**12:00 PM - 4:00 PM**

**HIV Testing -- Student Health Center**

Free 20-minute OraSure HIV Testing!

Sponsored by the Student Health Center

**2:00 PM - 4:00 PM**

**Free STD Testing -- Student Health Center**

Free urine, chlamydia, and gonorrhea testing at the health center on Mondays and Thursdays from 2-4 p.m. starting Sept. 8. First come, first served. A validated ID is required.

Sponsored by the Student Health Center

**2:00 PM - 3:30 PM**

**Steps to Preparing for the Interview - Series 1 -- Shuster Hall, Room 231**

Develop an understanding of the interview process, the importance of professional attire, and follow-up guidelines.

Please RSVP at <https://lehman-cuny-csm.symplicity.com/>  
Go to 'Events' and then 'Information Session'

Sponsored by the Lehman College Career Services Center

**3:00 PM - 5:00 PM**

**Fall GYN Hours -- Student Health Center**

The Student Health Center has a female nurse practitioner who provides women health care. Visits are scheduled by appointment only, however walk-ins may be accommodated as time allows. Make appointments in person since a validated ID and \$5 deposit are required.

Sponsored by the Student Health Center

**3:00 PM - 5:00 PM**

**Marathon Table Sign Up -- In front of Shuster Hall**

Join us to volunteer for the **2014 TCS New York City Marathon** on **Sunday, November 2**. There will be 48,000 runners who will need water and Gatorade to keep them fueled. They will need *YOU* and *YOUR* spirit at Mile 20, the only Bronx water station, to help cheer and move them along! Visit our Marathon Table and sign up **TODAY!!!!**

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**08/28/14 to 10/03/14**

**September 22, 2014 Continued**

Monday

You can also sign up online here's HOW!

- Go to <https://mynyrr.nyrr.org/login> and register with New York Road Runners (NYRR)
- Once you register, you will receive a confirmation email. Please follow the link in the email to finish setting up your account. **(Can't find the confirmation email? Check your spam folder)**
- Now, log in to your new account and from the main page select **VOLUNTEER**
- Scroll down and select the volunteering event **FLUID STATIONS 2014 TCS NEW YORK CITY MARATHON**
- Once the page loads, scroll down and select **FLUID STATION MILE 20**
- Complete the missing information and click **ACCEPT AND VOLUNTEER!**

Sponsored by the Office of Community Engagement and New Student Programs

**3:30 PM - 6:00 PM**

**Sophomore Welcome Back Reception -- East Dining Room**

Join your fellow classmates and meet the Sophomore Year Initiative Staff. Find out more about resources available to you through SYI including personalized Academic and Career Advising, Counseling, Tutoring Services, Pre-Major Clubs, Programs, Fall events and more. Pick up free planners and school materials. Food will be served.

Sponsored by the Title V Sophomore Year Initiative (SYI)

**3:30 PM - 5:30 PM**

**Introduction To Leadership Certificate Program: Model The Way -- Student Life Building, Room 121**

Learn how to be an effective leader and gain a certificate of completion at the end of the program!

Sponsored by the H.H.L Center for Student Leadership Development of Campus Life

**3:30 PM - 5:30 PM**

**What Every Leader Should Know! -- Student Life Building, Room 121**

Learn how to be an effective leader and gain a certificate of completion at the end of the program!

Sponsored by the Office of Campus Life

**3:30 PM - 5:00 PM**

**Ace Your Next Interview: Learn How to Answer Traditional and Behavioral Questions – Series 2 -- Shuster Hall, Room 231**

This is an interactive workshop. You will become familiar with typical interview questions that employers may use in an interview, strategies for responding, and an opportunity to practice.

Please RSVP at <https://lehman-cuny-csm.symlicity.com/>  
Go to 'Events' and then 'Information Session'

Sponsored by the Lehman College Career Services Center

**Lehman College**  
**Weeks of Welcome - Fall 2014**  
**08/28/14 to 10/03/14**

**September 22, 2014 Continued**

Monday

**3:30 PM - 4:30 PM**

**Lehman L.I.F.E. Info Session -- Old Gym, Room 302**

Come and learn about how you can travel to communities outside of the New York City area to complete educational community service projects and give back to the community with us during Spring Break!

Sponsored by the Office of Community Engagement and New Student Programs

**4:30 PM - 5:30 PM**

**Lehman L.I.F.E. Info Session -- Old Gym, Room 302**

Come and learn about how you can travel to communities outside of the New York City area to complete educational community service projects and give back to the community with us during Spring Break!

Sponsored by the Office of Community Engagement and New Student Programs

**September 23, 2014**

Tuesday

**9:00 AM - 5:00 PM**

**Health Insurance Assistance -- Student Health Center**

Need Health Insurance? Can't understand the new health insurance policies? Come to the Student Health Center for help. Bring the documents listed on our web site to apply: <http://www.lehman.edu/student-health-center/health-insurance.php>.

Sponsored by the Student Health Center

**12:00 PM - 3:00 PM**

**Marathon Table Sign Up -- In front of Shuster Hall**

Join us to volunteer for the **2014 TCS New York City Marathon** on **Sunday, November 2**. There will be 48,000 runners who will need water and Gatorade to keep them fueled. They will need *YOU* and *YOUR* spirit at Mile 20, the only Bronx water station, to help cheer and move them along! Visit our Marathon Table and sign up **TODAY!!!!**

You can also sign up online here's HOW!

- Go to <https://mynyrr.nyrr.org/login> and register with New York Road Runners (NYRR)
- Once you register, you will receive a confirmation email. Please follow the link in the email to finish setting up your account. **(Can't find the confirmation email? Check your spam folder)**
- Now, log in to your new account and from the main page select **VOLUNTEER**
- Scroll down and select the volunteering event **FLUID STATIONS 2014 TCS NEW YORK CITY MARATHON**
- Once the page loads, scroll down and select **FLUID STATION MILE 20**
- Complete the missing information and click **ACCEPT AND VOLUNTEER!**

Sponsored by the Office of Community Engagement and New Student Programs

**Lehman College**  
**Weeks of Welcome - Fall 2014**  
**08/28/14 to 10/03/14**

**September 23, 2014 Continued**

Tuesday

**1:30 PM - 2:00 PM**

**Pre-Volunteer Workshop -- Old Gym, Room 302**

Come and learn about the Office of Community Engagement upcoming service projects and volunteer safety guidelines. At the end of this quick orientation, you will receive a free Lehman Leaders in Service t-shirt!

Sponsored by the Office of Community Engagement & New Student Programs

**2:00 PM - 6:00 PM**

**Fall GYN Hours -- Student Health Center**

The Student Health Center has a female nurse practitioner who provides women health care. Visits are scheduled by appointment only, however walk-ins may be accommodated as time allows. Make appointments in person since a validated ID and \$5 deposit are required.

Sponsored by the Student Health Center

**5:00 PM - 6:30 PM**

**The Cover Letter - Why Do You Need One? -- Shuster Hall, Room 231**

This interactive workshop will furnish you with the knowledge and skills required to craft an effective cover letter which highlights your qualifications for that position. **You are required to bring a job description of a position for which you are interested in applying.**

Please RSVP at <https://lehman-cuny-csm.symlicity.com/>  
Go to 'Events' and then 'Information Session'

Sponsored by the Lehman College Career Services Center

**September 24, 2014**

Wednesday

**9:00 AM - 4:00 PM**

**Health Insurance Assistance -- Student Health Center**

Need Health Insurance? Can't understand the new health insurance policies? Come to the Student Health Center for help. Bring the documents listed on our web site to apply: <http://www.lehman.edu/student-health-center/health-insurance.php>

Sponsored by the Student Health Center

**12:00 PM - 4:00 PM**

**HIV Testing -- Student Health Center**

Free 20-minute OraSure HIV Testing!

Sponsored by the Student Health Center

**3:00 PM - 5:00 PM**

**Marathon Table Sign Up -- In front of Shuster Hall**

Join us to volunteer for the **2014 TCS New York City Marathon** on **Sunday, November 2**. There will be 48,000 runners who will need water and Gatorade to keep them fueled. They will need *YOU* and *YOUR* spirit at Mile 20, the only Bronx water station, to help

**Lehman College**  
**Weeks of Welcome - Fall 2014**  
**08/28/14 to 10/03/14**

**September 24, 2014 Continued**

Wednesday

cheer and move them along! Visit our Marathon Table and sign up **TODAY!!!!**

You can also sign up online here's HOW!

- Go to <https://mynyrr.nyrr.org/login> and register with New York Road Runners (NYRR)
- Once you register, you will receive a confirmation email. Please follow the link in the email to finish setting up your account. **(Can't find the confirmation email? Check your spam folder)**
- Now, log in to your new account and from the main page select **VOLUNTEER**
- Scroll down and select the volunteering event **FLUID STATIONS 2014 TCS NEW YORK CITY MARATHON**
- Once the page loads, scroll down and select **FLUID STATION MILE 20**
- Complete the missing information and click **ACCEPT AND VOLUNTEER!**

Sponsored by the Office of Community Engagement and New Student Programs

**5:30 PM - 7:30 PM**

**What Every Leader Should Know! -- Student Life Building, Room 121**

Learn how to be an effective leader and gain a certificate of completion at the end of the program!

Sponsored by the Office of Campus Life

**September 25, 2014**

Thursday

**9:00 AM - 4:00 PM**

**Health Insurance Assistance -- Student Health Center**

Need Health Insurance? Can't understand the new health insurance policies? Come to the Student Health Center for help. Bring the documents listed on our web site to apply: <http://www.lehman.edu/student-health-center/health-insurance.php>

Sponsored by the Student Health Center

**2:00 PM - 4:00 PM**

**Free STD Testing -- Student Health Center**

Free urine, chlamydia, and gonorrhea testing at the health center on Mondays and Thursdays from 2-4 p.m. starting Sept. 8. First come, first served. A validated ID is required.

Sponsored by the Student Health Center

**September 27, 2014**

Saturday

**12:00 PM**

**Women's Tennis -- APEX Tennis Courts**

Lehman College Women's Tennis vs. Kean University

Sponsored by Lehman College Athletics

**Lehman College**  
**Weeks of Welcome - Fall 2014**  
**08/28/14 to 10/03/14**

**September 28, 2014**

*Sunday*

**10:30 AM**

**Women's Soccer -- Lehman College South Field**

Lehman Women's Soccer vs. Sarah Lawrence College

Sponsored by Lehman College Athletics

**September 29, 2014**

*Monday*

**9:00 AM - 5:00 PM**

**Health Insurance Assistance -- Student Health Center**

Need Health Insurance? Can't understand the new health insurance policies? Come to the Student Health Center for help. Bring the documents listed on our web site to apply: <http://www.lehman.edu/student-health-center/health-insurance.php>.

Sponsored by the Student Health Center

**12:00 PM - 4:00 PM**

**HIV Testing -- Student Health Center**

Free 20-minute OraSure HIV Testing!

Sponsored by the Student Health Center

**2:00 PM - 4:00 PM**

**Free STD Testing -- Student Health Center**

Free urine, chlamydia, and gonorrhea testing at the health center on Mondays and Thursdays from 2-4 p.m. starting Sept. 8. First come, first served. A validated ID is required.

Sponsored by the Student Health Center

**3:00 PM - 5:00 PM**

**Fall GYN Hours -- Student Health Center**

The Student Health Center has a female nurse practitioner who provides women health care. Visits are scheduled by appointment only, however walk-ins may be accommodated as time allows. Make appointments in person since a validated ID and \$5 deposit are required.

Sponsored by the Student Health Center

**3:00 PM - 5:00 PM**

**Marathon Table Sign Up -- In front of Shuster Hall**

Join us to volunteer for the **2014 TCS New York City Marathon** on **Sunday, November 2**. There will be 48,000 runners who will need water and Gatorade to keep them fueled. They will need *YOU* and *YOUR* spirit at Mile 20, the only Bronx water station, to help cheer and move them along! Visit our Marathon Table and sign up **TODAY!!!!**

You can also sign up online here's HOW!

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**Lehman College**  
**Weeks of Welcome - Fall 2014**  
**08/28/14 to 10/03/14**

**September 29, 2014 Continued**

Monday

Check your spam folder)

- Now, log in to your new account and from the main page select **VOLUNTEER**
- Scroll down and select the volunteering event **FLUID STATIONS 2014 TCS NEW YORK CITY MARATHON**
- Once the page loads, scroll down and select **FLUID STATION MILE 20**
- Complete the missing information and click **ACCEPT AND VOLUNTEER!**

Sponsored by the Office of Community Engagement and New Student Programs

**3:30 PM - 5:30 PM**

**Introduction To Leadership Certificate Program : Inspire a Shared Visions -- Student Life Building, Room 121**

Learn how to be an effective Leader and gain a certificate of completion at the end of the program!

Sponsored by the H.H.L Center for Student Leadership Development of Campus Life

**3:30 PM - 5:30 PM**

**What Every Leader Should Know! -- Student Life Building, Room 121**

Learn how to be an effective leader and gain a certificate of completion at the end of the program!

Sponsored by the Office of Campus Life

**3:30 PM - 5:00 PM**

**Mock Interview Clinic - Series 3 -- Shuster Hall, Room 231**

**Prerequisite: Steps to Preparing for the Interview AND Ace Your Next Interview.**

In this practice session you will be interviewed by a professional to help you develop your communication, interpersonal skills, and confidence in an interview.

**Dress professionally as if you were in an actual interview.**

Please RSVP at <https://lehman-cuny-csm.symplicity.com/>  
Go to 'Events' and then 'Information Session'

Sponsored by the Lehman College Career Services Center

**3:30 PM - 5:00 PM**

**Student Advisory Board Meeting -- Music Building, Room 313**

This is open to all Lehman students who are interested in initiating change on campus and advocating for people with disabilities.

Sponsored by the Office of Student Disability Services

**September 30, 2014**

Tuesday

**9:00 AM - 5:00 PM**

**Health Insurance Assistance -- Student Health Center**

Need Health Insurance? Can't understand the new health insurance policies? Come to the Student Health Center for help. Bring the documents listed on our web site to apply: <http://www.lehman.edu/student-health-center/health-insurance.php>

Sponsored by the Student Health Center

**Lehman College**  
**Weeks of Welcome - Fall 2014**  
**08/28/14 to 10/03/14**

**September 30, 2014 Continued**

*Tuesday*

**12:00 PM - 6:00 PM**

**Blood Drive -- East Dining Room**

Please help others by donating a unit of blood on Tuesday, Sept. 30 and Wednesday, October 1 from 12-6 p.m. in the East Dining Room.

Sponsored by the Student Health Center

**12:00 PM - 4:00 PM**

**HIV Testing -- Student Health Center**

Free 20-minute OraSure HIV Testing!

Sponsored by the Student Health Center

**12:00 PM - 3:00 PM**

**Marathon Table Sign Up -- In front of Shuster Hall**

Join us to volunteer for the **2014 TCS New York City Marathon** on **Sunday, November 2**. There will be 48,000 runners who will need water and Gatorade to keep them fueled. They will need *YOU* and *YOUR* spirit at Mile 20, the only Bronx water station, to help cheer and move them along! Visit our Marathon Table and sign up **TODAY!!!!**

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- Now, log in to your new account and from the main page select **VOLUNTEER**
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- Once the page loads, scroll down and select **FLUID STATION MILE 20**
- Complete the missing information and click **ACCEPT AND VOLUNTEER!**

Sponsored by the Office of Community Engagement and New Student Programs

**1:00 PM - 4:00 PM**

**Nutritionist Consultations -- Student Health Center**

Want to keep that New Year's resolution to eat healthier? Come see the registered dietitian for advice and help. Available on Tuesdays from 1-4pm and Wednesdays from 11-2pm. Call 718-960-8900 to schedule an appointment for this free service.

Sponsored by the Student Health Center

**2:00 PM - 6:00 PM**

**Fall GYN Hours -- Student Health Center**

The Student Health Center has a female nurse practitioner who provides women health care. Visits are scheduled by appointment only, however walk-ins may be accommodated as time allows. Make appointments in person since a validated ID and \$5 deposit are required.

Sponsored by the Student Health Center

**Lehman College**  
**Weeks of Welcome - Fall 2014**  
**08/28/14 to 10/03/14**

**September 30, 2014 Continued**

*Tuesday*

**4:00 PM - 5:00 PM**

**Leadership Series/Dialogue -- Student Life Building, Room 111**

Come discuss current issue affecting our community and ways in which we can address them!!!

Sponsored by the Office of Campus Life

**5:00 PM - 6:30 PM**

**Make Your Resume Pop! -- Shuster Hall, Room 231**

Develop practical skills and hands-on instructions on how to write an effective professional resume that will help you stand out in your job search.

Please RSVP at <https://lehman-cuny-csm.symplicity.com/>  
Go to 'Events' and then 'Information Session'

Sponsored by the Lehman College Career Services Center

**7:00 PM**

**Women's Volleyball -- APEX Main Arena**

Lehman College Women's Volleyball vs. College of Mount St. Vincent

Sponsored by Lehman College Athletics

**October 01, 2014**

*Wednesday*

**9:00 AM - 4:00 PM**

**Health Insurance Assistance -- Student Health Center**

Need Health Insurance? Can't understand the new health insurance policies? Come to the Student Health Center for help. Bring the documents listed on our web site to apply: <http://www.lehman.edu/student-health-center/health-insurance.php>

Sponsored by the Student Health Center

**11:00 AM - 2:00 PM**

**Nutritionist Consultations -- Student Health Center**

Want to keep that New Year's resolution to eat healthier? Come see the registered dietitian for advice and help. Available on Tuesdays from 1-4pm and Wednesdays from 11-2pm. Call 718-960-8900 to schedule an appointment for this free service.

Sponsored by the Student Health Center

**12:00 PM - 6:00 PM**

**Blood Drive -- East Dining Room**

Please help others by donating a unit of blood on Tuesday, Sept. 30 and Wednesday, October 1 from 12-6 p.m. in the East Dining Room.

Sponsored by the Student Health Center

**Lehman College**  
**Weeks of Welcome - Fall 2014**  
**08/28/14 to 10/03/14**

**October 01, 2014 Continued**

*Wednesday*

**3:00 PM - 4:30 PM**

**Public Speaking Workshop -- Student Life Building, Room 111**

Are you afraid of speaking in public? Come out and learn tip and strategies to overcome your fears!

Sponsored by the Office of Campus Life

**3:30 PM - 5:30 PM**

**Introduction To Leadership Certificate Program: Model The Way -- Student Life Building, Room 121**

Learn how to be an effective leader and gain a certificate of completion at the end of the program!

Sponsored by the H.H.L Center for Student Leadership Development of Campus Life

**3:30 PM - 5:30 PM**

**Wellness Hour -- Student Life**

Open House and introduction to Lehman Wellness.

*This event is open to student clubs only*

Sponsored by Lehman Wellness

**3:30 PM - 4:30 PM**

**Lehman GPS -- Old Gym, Room 114**

Whether you enter Lehman sure about your major or questioning your career, everyone wants to be a success! In this workshop you will learn how to create short and long term goals to help get you to graduation on time. You will also get an introduction to all of the valuable resources Lehman has to help you for free!

Sponsored by the Counseling Center

**5:00 PM**

**Men's Soccer -- Lehman College South Field**

Lehman College Men's Soccer vs. York College

Sponsored by Lehman College Athletics

**5:30 PM - 7:30 PM**

**What Every Leader Should Know! -- Student Life Building, Room 121**

Learn how to be an effective leader and gain a certificate of completion at the end of the program!

Sponsored by the Office of Campus Life

**October 02, 2014**

*Thursday*

**9:00 AM - 4:00 PM**

**Health Insurance Assistance -- Student Health Center**

Need Health Insurance? Can't understand the new health insurance policies? Come to the Student Health Center for help. Bring the documents listed on our web site to apply: <http://www.lehman.edu/student-health-center/health-insurance.php>

Sponsored by the Student Health Center

**Lehman College**  
**Weeks of Welcome - Fall 2014**  
**08/28/14 to 10/03/14**

**October 02, 2014 Continued**

*Thursday*

**2:00 PM - 4:00 PM**

**Free STD Testing -- Student Health Center**

Free urine, chlamydia, and gonorrhea testing at the health center on Mondays and Thursdays from 2-4 p.m. starting Sept. 8. First come, first served. A validated ID is required.

Sponsored by the Student Health Center

**3:30 PM - 5:30 PM**

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Learn how to be an effective leader and gain a certificate of completion at the end of the program!

Sponsored by the Office of Campus Life



# LEHMAN COLLEGE

**Office of Community Engagement &  
New Student Programs**

Old Gym, Room 302

Tel: 347-577-4020

[www.lehman.edu/student-affairs/community-engagement/](http://www.lehman.edu/student-affairs/community-engagement/)