



**Essay**

The events of 9/11 caused many people to reflect on what it means to be an American and live in a free and democratic society. Sometimes it means taking on duties and responsibilities that benefit one's fellow citizens, and actively participating in civil, political and community affairs. **In 500 words or more:**

- discuss what it means to live in a free and democratic society;
- discuss the set of values you believe are associated with a democratic way of life, and how these values motivated you to become involved in helping your community, school, and/or fellow citizens;
- describe specifically the project or activity you developed or participated in that provided service to others; and
- reflect on the impact that experience had on your life.

Although you are not required to answer in a specific order, please remember to **address each of the above within your essay.**

**Volunteer, Work, and Extracurricular Experiences**

List volunteer, work, and extracurricular experiences such as student government, campus organizations, etc. Feel free to attach a separate sheet with additional experiences.

Name of organization/activity (Ex: Citizen's Community Center)	Year(s) & duration (Ex: 2008, 3 months)	Briefly describe activity and number of hours per week (Ex: Tutored 3 <sup>rd</sup> graders afterschool, twice a week, 4 hrs. total)

**Teacher/Guidance Counselor/Supervisor Recommendation Letter**

Please include a letter indicating why you chose to recommend this student for the *Myself Third: Spirit of New York Scholarship*, referring specifically to the student's sense of civic responsibility as demonstrated through his/her experience in civic service and willingness to take on duties and responsibilities that benefit others.

**Signatures**

1.) College Now liaison's or coordinator's verification of student's registration in or completion of at least one College Now course or workshop

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

2.) Principal's signature

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**Instructions for submitting application**

Upon completion, return application packet by **March 30, 2009** to:  
 Lehman College, College Now Office  
 Carman Hall Room 189