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Supporting Healthcare in the Bronx

Healthcare is Bronx County’s leading industry. Lehman has historically had strong relationships with a network of Bronx hospitals, which have strengthened and vitalized our Nursing and Health Sciences programs. This summer we anticipate the launch of our new School of Health Sciences, Human Services and Nursing, which is positioned to become a flagship within CUNY. This will be supported by Lehman’s CUNY Institute of Health Equity, which addresses the very real challenges encountered today by urban, multicultural populations.

Lehman appreciates having a productive relationship with the Bronx. In fact, community engagement is a major component of the College’s new Strategic Plan. In many respects, Bronx County serves as a laboratory and test bed for a number of our initiatives. Though currently experiencing a renaissance, the Bronx is still New York State’s poorest county, and faces challenges in public education, literacy, housing, environmental pollution, and access to quality, affordable healthcare. Long the dumping ground for the New York metropolitan region, the South Bronx has one of the highest asthma rates for children in the country. Diabetes and obesity are not uncommon among Bronx residents.

As we train the next generation of healthcare professionals in New York City, we aspire to transform the quality of life in the communities served by Lehman College. The Leonard Lief Library can play a major role in supporting and facilitating this. Strategically, we were able to hire a new Health and Human Services Librarian last Fall. Robin Wright comes to us with a strong background in Bronx hospital libraries, as well as an MBA in Health Care Administration from Baruch. As liaison librarian to health sciences departments and the helping professions, Robin provides outreach and instructional support to students and faculty in Health Sciences, Nursing, Social Work, and Speech-Language-Hearing Sciences.

In tandem with Electronic Resources-Web Services Librarian Stefanie Havelka, the Library is planning to offer mobile information literacy training to health sciences students on handheld devices, frequently used in hospital settings. This Spring’s Innovation event promoted instruction in Staging Research for students and faculty in these discipline areas. Our new Instructional Technologies Librarian Jennifer Poggiali is currently partnering with students in the Art Department to design a Web Comic themed on seeking information related to diabetes. It will feature none other than Health and Human Services Librarian Robin Wright as an illustrated character!

For this and many other reasons, the Spring 2012 issue of Biblio-Tech highlights the Library’s role in supporting Health Sciences at Lehman.

Both CUNY and SUNY offer free tuition to Veterans returning from the Iraq and Afghanistan wars. In fact, we’re proud that City University of New York is in the top ten of the nation’s universities serving Veteran students. Having grown up during the Vietnam era, I witnessed the shameful and disrespectful treatment of returning soldiers. We now have an opportunity to support these brave men and women by providing education, career and professional training.

The Leonard Lief Library would like to welcome and support our student Veterans in their research and information literacy needs. This issue features a report by Government Documents - Collection Development Librarian Rebecca Arzola on a recent CUNY Veterans Conference she attended.

For those of us privileged to work in libraries, we know that our important work transforms lives. We observe, with pride, as Lehman students evolve into independent learners, empowered with information to proactively address the challenges of a complex, 21st century global environment.

--Kenneth Schlesinger
Chief Librarian
iPads Are Here!

So many students have asked, “When are we getting iPads?” Well, their wait is finally over. They have arrived and are ready to loan.

Thanks to the hard work of Library Technology Manager Raymond Díaz and Reserve Manager Angelina Brea, we began our iPad loan program on April 1st. As expected, it has been a great success. We currently offer a rather modest collection of seven 64GB iPads, five of which are iPad 2s. These tablets are available on a first-come, first-served basis. Students may borrow them for one day within the Library.

iPads are easy to use and provide wireless Internet access from anywhere in the Library. Each tablet is preloaded with about 20 apps ranging from EBSCOhost and Science Direct to Twitter and Skype.

We Want to Hear from You

During each loan, students are given a survey to assess which apps they are seeking and the reasons for using the device. The surveys assist with decisions on future purchases of apps and equipment.

Students have been vocal and primarily requested apps for the sciences, specifically Anatomy and Physiology. They have appreciated using Safari the most. If you have concerns regarding privacy, please be aware iPads are wiped after each loan to remove any personal information.

Have You Used an iPad Yet?

Please stop by the Reserve Desk and try one today. The only way to master advanced technology is to borrow one and explore. Circulation staff is here to help with any technical questions. For more information, please call 718-960-8576.

--Adelaide Soto

NOAH-health.org
A Source for Personal Health Information

Are you looking for personal health information that is high quality, up-to-date, accurate, relevant and unbiased? Well, look no further. NOAH, New York Online Access to Health, http://www.nohah-health.org is available to meet your information needs.

NOAH was started in 1994 by four New York City library organizations including City University of New York Office of Library Services (CUNY), Metropolitan New York Library Council (METRO), New York Academy of Medicine Library (NYAM), and New York Public Library (NYPL).

They were later joined by Queens Borough Public Library and Brooklyn Public Library. Their goal was to develop a single website for the general public with healthcare information that was easily accessible and comprehensible.

NOAH provides consumer and personal health information in English and Spanish. Volunteer editors, who are librarians and health professionals, find, select and organize fulltext consumer health information from reputable and authoritative Web-based sources. NOAH identifies the editors on each page and biographical information is provided.

Resources selected must meet the following criteria: the author, institutions, and names are clearly displayed on the linked page; information on the linked pages is current; links are selected to provide balanced and unbiased information on a topic; links that contain advertising are chosen solely for their informational content, as NOAH does not endorse or represent any commercial venture. Finally, every effort is made to select content that is clear and understandable.

Information is easily accessed. Searching is available in English and Spanish. Search results will include NOAH pages, as well as external pages linked to NOAH pages. Health Topics (Temas de Salud) are listed by body area or disease category. The page also provides sections on Local Health Resources, Procedures and Medicine, Groups, and Health and Wellness. An alphabetical list of all conditions or health issues on NOAH is provided through the Index A to Z (Índice Alfabético).

NOAH also features pages on a monthly basis (Page of the Month). New links will direct you to What’s New for content updated within the last month.

--Robin Wright
Library Offers eBooks on Health and Medicine

Increasingly, the Library is acquiring eBooks in all academic disciplines. CUNY Libraries subscribe to a service called ebrary http://site.ebrary.com/lib/lehman/, which provides online access to books from a wide variety of academic and scholarly publishers. Plus, we now have iPads that can be used in the Library and e-Readers that can be borrowed for seven days!

A quick search in the “Medicine” category brought up 5,938 documents, far too many to list here. However, we would like to encourage you to use these “Electronic Resources” when you find them in the Library Catalog, or to search on ebrary by Subject to browse and select titles. You can also view these resources off-campus.

Ebrary books have the following advantages:
* Available at all times – there is no loan period
* Sign in with your Lehman Login (LDAP) and read books on a PC or Mac.
* Download chapters or books as PDFs. Transfer PDF chapters or books to most e-Readers (except Kindle).
* Search the entire contents of books.

Another eBooks subscription the Library has is through OverDrive. You will find it under the eBooks tab on the Library website under Lehman eLibrary http://lehman.lib.overdrive.com/

OverDrive works as a lending library of eBooks that can be borrowed for one week. These eBooks are in different formats which can be downloaded to a Kindle or Kindle app, supported e-Readers, iPad, or using Adobe Digital Editions on other devices. Instructions are provided on the Lehman eLibrary site.

Below are recent additions in Health and Medicine in Lehman eLibrary. Click on the link above to search for these and many other books. If you would like a quick tutorial on using eBooks, please come to the Reference Desk.

**Derryberry's Educating for Health (2004)**
A Foundation for Contemporary Health Education Practice
by John P. Allegran
e

Derryberry's Educating for Health includes the complete original text of his classic book with new chapters by current experts and teachers in the field of health education and promotion.

**Fundamentals of Health Care Financial Management (2008)**
by Steven Berger

In this thoroughly revised and updated third edition of Fundamentals of Health Care Financial Management, consultant and educator Steven Berger offers a practical step-by-step approach to understanding the fundamental theories and relationships guiding financial decisions in healthcare organization.

**The International Handbook on Aging (2010)**
A Practical Guide to Fiscal Issues and Activities Current Research and Developments
by Suzanne Kunkel

The United Nations World Assembly on Aging has made advancing health and well-being into old age a worldwide call for action. Here, three of America's most esteemed experts on aging lead a global team of contributors - each an expert in his or her country - to show us what the top challenges of each nation are, and what top research is being done there to meet those challenges.

**Methods in Social Epidemiology (2006)**
Public Health/Epidemiology and Biostatistics Series, Book 1
by J. Michael Oakes

This practical, comprehensive introduction to methods in social epidemiology is written by experts in the field.

**Qualitative Methods in Public Health (2004)**
A Field Guide for Applied Research
by Priscilla R. Ulin

Qualitative Methods in Public Health is a comprehensive resource that presents practical strategies and methods for using qualitative research and includes the basic logic and rationale for making qualitative research decisions.

**Research Methods in Health Promotion (2006)**
by Richard A. Crosby

Research Methods in Health Promotion provides students (advanced undergraduate and graduate students) and practitioners with basic knowledge and skills regarding the design, implementation, analysis, and interpretation of research in the field of health promotion.

---Madeline Cohen
The Odyssey about ILLiad

As we begin our second year using ILLiad for Interlibrary Loan, most users like the service, but still have questions:

I know I set up an ILLiad account, but I don’t remember my login or password.

Please call us at 718-960-7762 and we can check. But after hours, just click the link for first-time user and set up a new account. As long as your other information is the same, ILLiad will recognize you and merge your old account with your new one, and allow you to make a request right away.

I received some articles awhile back in my account under the Electronically Received Articles link, but they don’t seem to be there anymore.

Yes, due to copyright restrictions, articles scanned and delivered to your ILLiad account can only be saved there for 30 days. Storing an article indefinitely may be a violation of copyright law. ILLiad tracks the date an article was received and deletes it automatically after 30 days.

I want to renew a book that I received through Interlibrary Loan.

Please log into your ILLiad account and click on Checked Out Items. As long as the lending library has allowed renewals, a link will appear to renew the item three days before the due date. The renewal link will remain available until two days after the due date.

--Eugene Laper

Local Bronx Newspapers

The Library owns many local Bronx newspapers, some dating back to the early 20th century. Some major national and international issues are covered, but the main focus is news and events of Bronx County. Some like the Riverdale Press and Home News cover the whole Borough, while others are more specifically focused on a neighborhood or group of neighborhoods.

The Bronx Times Reporter has two editions, one that covers the area of Morris Park, Pelham Bay and Allerton, and the other edition covers Throgs Neck and Waterbury. The Co-op City Times reports on news around Co-op City, and the Mott Haven Herald, Norwood News and Hunts Point Express deal with issues and events in multiple surrounding neighborhoods.

These editions are a valuable resource for those examining local Bronx history. Some papers cover only a decade, while others span almost half a century. Besides reporting on current neighborhood issues, births, deaths, political rallies, and special community events are also chronicled. Newspapers can be found in both print and microfilm format.

A list of the newspapers and years of coverage are listed below:

<table>
<thead>
<tr>
<th>Newspaper</th>
<th>Years of Coverage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Bronx Life</td>
<td>1962-1969</td>
</tr>
<tr>
<td>Home News (Bronx)</td>
<td>1907-1948 [microfilm]</td>
</tr>
<tr>
<td>Co-op City Times</td>
<td>1976-1991</td>
</tr>
<tr>
<td>Hunts Point Express</td>
<td>2009-2012</td>
</tr>
<tr>
<td>Mott Haven Herald</td>
<td>2010-2012</td>
</tr>
<tr>
<td>Norwood News</td>
<td>1997-2012</td>
</tr>
</tbody>
</table>

--Edwin Wallace

Early Initiatives in Community Health

What was healthcare like in the Bronx during the early decades of the 20th century? We get an idea by accessing the Library’s Riverdale Neighborhood House Collection in the Special Collections division.

Through Riverdale Health League Minutes (1909-1912), we learn how concerned citizens organized to eradicate preventable diseases and promote health. The League actively promoted the cleanup of trash, the spraying of malaria-carrying mosquitoes, and elimination of stagnant waters through creation of home gardens. They also hired a district nurse to work in direct patient care, as regulated by local physicians.

Prominent League members used their influence to enlist the help of city officials to promote a healthful environment. They raised money, worked to establish ambulance service in the area, and even sponsored public lectures to educate the community about staying healthy.

A later record series of Visiting Nurse Reports (1918-1934) details statistics on the incidence of various diseases, treatments, hospitalizations, births and deaths. The nurse might be treating anything from indigestion, colds, lacerations or simple burns to grippe, whooping cough, scarlet fever, trachoma, or cancer.

There were clinic hours, but home visits allowed for direct observations by the nurse on whether a baby was thriving, if the family had nourishing food and adequate clothing, or even whether the head of household was too ill to work or unemployed. The nurse, later assisted by a social worker, was oftentimes at the center of finding the necessary resources to satisfy some of these concerns.

--Janet Butler Munch
Seen Any Good Movies Lately?

Come visit our Fine Arts division on the second floor to watch some of our newest DVDs:

**DVD 414 – Bag It: Is Your Life Too Plastic?** “What starts as a film about plastic bags evolves into a wholesale investigation into plastic and its effect on our waterways, oceans and even our own bodies.”

**DVD 423 – Standing on My Sisters’ Shoulders.** “This powerful documentary reveals the Civil Rights movement in Mississippi in the 1950s and 1960s from the point of view of the courageous women who lived it and emerged as its grassroots leaders.”

**DVD 416 – Inside Job.** “The first film to expose the shocking truth behind the economic crisis of 2008.”

**DVD 421 – Precious Knowledge.** This film “illuminates what motivates Tucson High School students and teachers to form the front line of an epic civil rights battle.”

**DVD 418 – Long Live Pakistan.** “This fascinating documentary explores the country’s brief but turbulent past in order to understand its volatile present.”

**DVD 424 – Women in Politics.** “Engaging and relevant, these individuals will change the way you view the world, and remind you that it only takes one person to make a difference.”

**DVD 422 – Under Our Skin: A Health Care Nightmare.** “A gripping tale of microbes, medicine and money, Under Our Skin exposes the hidden story of Lyme disease, one of the most controversial and fastest growing epidemics of our time.”

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Outreach with the Bronx Library Center

If you walk into the Leonard Lief Library and see a familiar blue and red banner emblazoned with the New York Public Library’s logo, don’t be surprised. You haven’t made a wrong turn. NYPL’s Bronx Library Center is visiting us to sign you up for a public library card and promote their services and events.

Lehman is nestled between the Bronx Library Center, located near the intersection of Kingsbridge and Fordham Roads, and the nearby Jerome Park Branch on Eames Place. With such convenient locations and eBooks a click away, NYPL’s print and digital collections make excellent supplements to the Lehman and CUNY resources to which students and faculty already have access.

Therefore, we’ve partnered with the Bronx Library Center to host a monthly NYPL outreach session in our Library. NYPL staff has already distributed 175 applications for library cards and other information related to their services. Twenty-five library cards were issued in their last two visits alone. On any given visit, you might find fliers for job hunting workshops, film screenings, concerts, lectures by local historians, as well as computer and software classes.

Follow us on Facebook and Twitter. We’ll let you know when NYPL is here. We also retweet and post items they share with us.

--Adelaide Soto

--Robert Farrell

Above the Underground Railroad in Quilts and Canvas

With the collaboration of Lehman’s Office of Campus Life, the Library commemorated Black History Month in February and sponsored the exhibit, “Above the Underground Railroad.”

During the Antebellum period, enslaved peoples in the South traveled North to escape bondage. They were guided along the way through coded messages directing them to secret routes and safe houses. Abolitionist sympathizers might shelter and feed them, or provide clothing to disguise runaways as free blacks.

Painter, sculptor, and fourth generation quilter Robert Charles Hudson drew inspiration from his African American heritage and traditions. His work shows symbols and patterns that held special meaning for those en route to freedom by using mixed media of abstract art and hand-sewed quilts. The Monkey Wrench symbol, illustrated here, was the first pattern one would see when planning to escape to the North. It was a reminder to get ready and collect the physical and mental tools needed for the journey.

Hudson discussed his artworks at a reception held in the Library Gallery. Some 40 individuals attending from Lehman, CUNY, and the community enjoyed hearing him speak about his painting and quilting techniques, and how the commonplace quilt has enjoyed a long tradition in the American experience.

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--Janet Butler Munch
Very Pinterest-ing

The Library has joined Pinterest, the latest online visual sharing network, in order to connect information resources with the Lehman community. According to a recent article in the New York Times, Pinterest is the “most talked about start-up of the spring . . . letting users create “boards” where they can collect images from around the Web and share them with friends and strangers.”

Public libraries, including New York Public Library, and academic libraries have started to use Pinterest to connect with patrons and highlight their collections, programs, and identity. Libraries are using pins to display covers of new books or to recommend books, as visual teaching tools, and to follow topics of interest for specific user groups.

Other Pinterest users are just using these virtual bulletin boards to collect interesting visuals. For pictures of some innovative library designs, see http://pinterest.com/search/?q=cool+libraries.

Did you ever think government documents could provide the makings of a virtual bulletin board? Take a look at one of the Library’s first pin boards pictured to the right, created by Government Documents Librarian Rebecca Arzola. On Pinterest, you can even click through to many of these resource-rich websites.

To follow the Leonard Lief Library on Pinterest, go to http://pinterest.com/lehmanlibrary/ and become part of our online visual community. Look for pinboards that:
- Feature the Library’s special exhibits.
- Show you what’s happening in the Library.
- Highlight features of Library Research Guides.
- Share things that inspire you about the Library.

Watch the Library homepage for featured Pinterest boards on a wide variety of topics. We welcome your comments on this exciting new communication channel.

--Maureen Richards

Mobile Information Literacy: Let’s Use an App for That!

In the past few years, Smartphones (iPhone, Android, Blackberry) and tablets (iPad, Kindle Fire) have become more commonplace at Lehman. Students use their mobile devices to take notes in class, stay in touch with friends and family, and unwind from academic stress by playing games. In a recently released study, the Pew Internet & American Life Project discovered that 63% of undergraduates access e-mail and the Internet on a regular basis from their phones.

Higher education cannot ignore the impact mobile devices will have on the future of teaching and learning. The Leonard Lief Library has taken an active approach and started piloting Mobile Information Literacy classes as part of our Freshman Year Initiative instruction program. We define Mobile Information Literacy as “teaching students and faculty how to use mobile apps and mobile websites to access, retrieve, and evaluate reliable information.”

Lehman faculty can voluntarily book mobile instruction classes as part of our LEH100 Library introduction class, as a Research Refresher for ENG120, or as an add-on session. The goal is to have students use their mobile devices or the Library’s iPod Touches or iPads to access and retrieve information.

In March 2012, Alevtina Verbovetskaya from City Tech and I shared our experience co-teaching Mobile Information Literacy classes at 3Ts 2012: Engaging Students with Transliteracy, Teaching, and Technology Conference at SUNY Albany. The conference focused on incorporating new technologies into classrooms to educate and prepare college students to be successful digital learners. Our presentation, Mobile Information Literacy: Let’s use an app for that!, was two-fold:

1. We discussed the theoretical framework that analyzes mobile literacy, mobile information literacy, and their implications for teaching and learning in higher education. In addition, we shared initial results from our Library’s pilot study.

2. We offered a live demonstration on how to use mobile websites and apps. Audience members had the opportunity to actively participate using mobile devices, thereby experiencing firsthand how mobile information literacy can be taught to today’s college students.

Overall, audience response was very positive, and we benefited from questions posed during the discussion. To view our presentation slides, see: http://tiny.cc/3ts-mil

By teaching mobile information literacy, librarians and discipline faculty can prepare current students to successfully navigate the mobile world. If you’d like to schedule a mobile information literacy session, please contact Stefanie.Havelka@lehman.cuny.edu, 718-960-7763.

--Stefanie Havelka
Library Research Assignments in Public Health

We invited Jane Levitt, Director of the MPH Program, to present at the Library’s Innovation event, Bridging the Gap. Here are her excerpted remarks:

First, I have a confession to make: I love libraries! I loved the libraries I knew when I was writing my dissertation in the stacks of the sub-basement with dusty books that allowed you to find the gem you were looking for next to the book you went down to find. And I loved taking the occasional nap in the Reading Room after hours of searching and reading journal articles when xeroxing was expensive and you needed to carry coins to be able to read articles at home.

And I love libraries today that are very different – where you can access the library from home, and have instant access to databases, search screens, folders for articles, and flash drives to take fulltext articles home. To me, libraries mean a place to access information – giving you the ability to expand your knowledge and find new ideas all in one place. The method of accessing those books and journals may have changed, but the ability to access the content and gain that knowledge still remains.

Libraries are gateways into a wide, wide world. That’s why I think it’s so important to give students the opportunity to learn how to use the library, which will help them during their time in school, and will also ultimately be valuable to them in their future lives. This is why we have included sessions in the Library in several of our courses.

To begin with, the need to learn how to access and apply information is built into the curriculum of our Master of Public Health Program through three of our fourteen core competencies:

1. Find, use, interpret and critically evaluate methods, analyses and findings commonly found in the public health literature.

2. Apply basic informatics techniques (e.g., bibliographic, database management, graphical and statistical software) to retrieve, analyze and summarize public health information; apply appropriate principles and methods to the collection, management and analysis of public health data; and to answer research questions.

So, right up front in our core competencies required of students are the skills needed to continue their education through their ability to access information.

As faculty in our MPH program, we think of the resources of the library in a structural, skill-building way. We have talked in our faculty meetings about “mapping” library assignments from basic to more advanced research uses. For example, in the History and Philosophy of Public Health course, the library session focuses on navigating the Lehman library system, identifying appropriate databases, using search screens and keywords, finding relevant peer-reviewed journals, and learning correct bibliographic citations. Students are required to turn in a well-defined topic that they intend to research further, and a correctly formatted citation on one article they found that supports their topic.

For my Public Health Policy and Management course, I worked with Robin Wright to identify legal documents and policy and trade journals for students to be able to complete the first of three assignments leading up to a policy analysis paper. The session in the Library was in the format of a treasure hunt. In class, students identified a policy issue they wanted to research and analyze.

After the library presentation, students had to (1) find a Federal law with its full title and number; (2) look up a newspaper article on their topic in Lexis-Nexis; (3) look up an administrative regulation in the Federal Register; (4) identify a Senate or House of Representatives Committee hearing on legislation; and (5) find information on their topic in the trade journals – National Journal and CQ Weekly Report. This information was part of the first of three assignments that are then incorporated into the final policy analysis paper.

I think the key to a successful library visit is a very specific – and not too long – assignment that gives meaning to why students are asked to learn these particular skills. I have always found it extremely useful to share that assignment beforehand with the librarian, and work on creating the handout on resources that the librarian will be using. I think it’s important to leave time for the students to begin their research while the librarian and I are in the room. It has been invaluable to be with the librarian in the session to work with the students and answer any questions about the assignment, so the students know that accomplished the first steps in learning library skills and beginning their assignment.

To repeat: I think that as faculty in departments or programs, we need to think about the subject matter we teach, and how to build library and research skills into our courses and curriculum that enable students to move beyond what we talk about in the classroom to their own exploration of information and ideas out there in the world. I think it needs to be done in a coordinated, progressive way throughout the curricula of a department, but starts by being built into a course.

Library skills allow students to go beyond what we as faculty construct in our syllabi, and give students techniques to explore their own ideas. Introducing students to the library and building assignments into our curricula and syllabi gives students those skills. Learning how to use the library is something we can give to our students that they will use for the rest of their lives.

--Jane Levitt
Professional Activities

ROBERT FARRELL was appointed for a three-year term to the New York City School Library System (NYCSLS) Council, a decision-making body that helps align library services to the needs and priorities of City schools and their students. He also won a LACUNY Travel Grant to support his attendance at the American Library Association Annual Conference in Anaheim, where he will participate as a panelist on topics related to the status of academic librarians.

KACHUIEN GEE presented a paper on the family history of Yuan Shikai at the 5th WCILCOS 2012 Conference on the Studies of Overseas Chinese in May.

STEFANIE HAVELKA and Alevtina Verbovetskaya published "Mobile Information Literacy" in College & Research Libraries News. She and Allie Verbovetskaya presented Mobile Information Literacy: Let’s use an app for that! at 3Ts 2012:

Engaging Students with Transliteracy, Technology, and Teaching Conference in Albany in March. Professor Havelka received Lehman’s Faculty Recognition Award for Service in May.

In February, JANET BUTLER MUNCH led a discussion about Glenn Patterson's book, Bás in Éirinn – May You Die in Ireland, for the Symposium. The Short Story in Irish Language Literature, sponsored by CUNY Institute for Irish-American Studies.

KENNETH SCHLESINGER was elected Chair of CUNY’s Council of Chief Librarians for 2012-2013. He also served on the Search Committee for the Provost-Senior Vice President of Academic Affairs, as well as the Task Force on Reappointment, Tenure, and Promotion.

EDWIN WALLACE was elected to a three-year term as Director of the Board for the Westchester Chapter of American Guild of Organists.

Health Resources at Your Fingertips

Spring has finally arrived and the beach season is not far off. Spring and summer usually mean we cannot hide behind layers of clothing. Therefore, Spring is a good time to get back into shape – both physically and mentally.

Most students have very busy schedules and even we librarians struggle at times to balance life and work. Eating healthy, exercising and taking care of oneself often falls by the wayside. Luckily, there are many great mobile websites and applications (apps), often free, that can support us in leading a healthier life.

The Centers for Disease Control and Prevention’s (CDC) mobile website http://m.cdc.gov/ provides a lot of health-related information. You can check out the Healthy Living category, which includes information on maintaining a healthy weight and watch videos on health-related topics. Further, you can sign up to receive health tips via text message: http://m.cdc.gov/signuptext.aspx

Breathe2Relax http://apps.usa.gov/breathe2relax.shtml is an iPhone and Android app that helps you manage stress through breathing exercises. It allows you to select backgrounds such as beaches and forests, personalize your music, and records the length of your breath as you inhale and exhale.

Another useful mobile website is DailyMed from the National Library of Medicine, which offers information on drugs. If you are at the pharmacy and need to know the side effects, uses, warnings, and purpose for medication, you can use this site at http://dailymed.nlm.nih.gov/dailymed/mobile/index.cfm

Health Information

On http://apps.usa.gov/ in the Health and Fitness category, the U.S. government lists several mobile websites which can help you stay healthy on the go.

mobile devices http://www.myfitnesspal.com/mobile. WorkoutTrainer https://play.google.com/store/apps/details?id=com.shimble.workouts&hl=en is a free exercise tool available for iPhones, iPads and Android phones. It gives you the option to choose your workout time, type of exercise, and much more. I tried out several fitness videos, and they are fun and can be pretty much done anywhere and anytime.

Nutrition and Food

AskKaren from the U.S. Department of Agriculture gives you via its mobile website m.AskKaren.gov and Android app https://play.google.com/store/apps/details?id=askkaren.gov tips on safe food handling and storage; safe preparation of meat, poultry, and egg products; and how to prevent foodborne illnesses. As a special feature, you can also chat live with a food safety expert weekdays between 10:00 AM – 4:00 PM.

FoodOnTheTable http://www.foodonthetable.com/ is a website and iPhone app that lets you select recipes according to the food you like, dishes you enjoy, and whether you need to follow a restricted diet. Once you choose a recipe, you can easily create a grocery list, as well as link this app to grocery stores in your neighborhood.

-- Stefanie Havelka
CUNY Veterans Conference

The annual CUNY Veteran Services-Liaison Professional Development Conference was held at the Graduate Center on February 10th. In its fourth iteration, the full-day program included topics geared to student Veterans and to college staff who work with them to support their transition to academic life in a civilian setting.

Thoughtful, yet provocative, topics were discussed including: suicide prevention, invisible wounds of war such as Post Traumatic Stress Disorder (PTSD) and Traumatic Brain Injuries (TBIs), family members dealing with stress, student Veteran retention at colleges, translating the hard skills of a soldier to a civilian career, as well as homelessness.

Many interesting points were made, including:
- Encourage Veterans to go to the VA since Vets associated with this facility have a lower suicide rate
- Clergy are an important resource in counseling and continuity of care of Veterans
- Conflicts of returning service members can be explored through one-on-one dialogue between Veterans and civilians
- CUNY courses created for student Veterans help students in a supportive environment
- Veterans seeking employment need an action plan involving internships, networking, and career training
- Many homeless women Veterans live by “couch surfing” – staying temporarily at friends’ homes.

CUNY is discovering innovative means to support the transition of student Veterans. Although more can always be done, this forum was inspirational. Lt. Col. Daniel E. Harris, 369th Special Troops Battalion Commander, New York Army National Guard, said it best when he posited constructive characteristics Veterans bring to new experiences: common sense, strong follow-through, and determination.

These honorable characteristics must be actively sustained for the long-term transition and evolution of student Veterans.

--Rebecca Arzola

Consultations in the Library and On the Go

Have you ever had a difficult time finding just the right resources for a paper? In-depth consultations with a librarian can show you how to develop search strategies to overcome these struggles, as well as provide guidance on a particular research question. One-on-one consultations offer uninterrupted discussion, instruction, and research. In addition to consultations in the Library, librarians are using mobile technology and digital resources to provide consultations in academic departments outside the Library.

Health and Human Services Librarian Robin Wright held numerous consultations with students since coming to Lehman last Fall. Students frequently hear about this service during library instruction sessions. They make an appointment, then meet in her office, at the Reference Desk, or by e-mail or phone. Sessions can last up to an hour.

Professor Wright says she enjoys offering this service because she is “able to focus on the student and their research needs. Also, because the students schedule the time, they are more relaxed and focused.”

Ayelet Yoles, a student in the Master of Public Health program, met with Professor Wright this semester to discuss how to research data for her epidemiology paper. “I learned about some new search engines,” she says, “and how to better navigate the ones I had been introduced to previously. These skills are invaluable to a graduate student. I also found a couple of good sources, which really helped my paper.”

This Spring, the Library offered consultation services in academic departments around the campus. Head of Reference Madeline Cohen conceived of this Roving Library Consultation service to provide in-depth support to students who might not otherwise come to the Library.

She observes, “These sessions are perfect for students looking into topics where appropriate sources are difficult to find. On-site consultations are also valuable for students who may not have time to stop by the Library before their class, but could use some help with their searching.”

Librarians equipped with laptops and iPads met with students in Carman Hall, the Music Building, and even in a professor’s office in the Sociology Department, to help with strategies to find articles for research papers and bibliographies.

This service will continue in the fall, so visit the Library website for updated information. Questions may be directed to librarians at the Reference Desk during Library hours at http://www.lehman.cuny.edu/library/library-hours.php and at 24/7 chat service online http://www.lehman.cuny.edu/library/ask-us.php.

Appointments can be made with subject librarians at http://www.lehman.cuny.edu/library/library-faculty.php.

--Alison Lehner-Quam
Achieving Success by Demonstrating Civil Behavior

Lehman College’s Vision Statement expresses the commitment to “providing the highest quality education in a caring and supportive environment where respect, integrity, inquiry, creativity, and diversity contribute to individual achievement and the transformation of lives and communities.”

The Leonard Lief Library provides all members of the Lehman community a comfortable space to work, study, and access a variety of educational resources. Many students tell me it is the one place on campus where they can “really study.” However, others complain that “noisy neighbors, cellphone chatter, unnecessary drama, and people forgetting that libraries are supposed to be quiet places” get in the way of concentration.

As one student expresses, “It’s as if people think that they are in the street or in their homes. If I wanted drama, I’d stay home and watch it on TV.” Many students come into the Library with a great deal of stress. Term papers are due, the material is difficult, and noisy environments contribute to the stress. Too much stress results in conflict when or where least expected, making it hard for anyone to accomplish what they need to do to achieve success. What can be done to make the Library the serene learning space we all need and want?

Lehman aims to teach its community in an environment of civility. In this context, civility means showing basic courtesy and respect for others and treating others the way we wish to be treated. Addressing library faculty and staff in a friendly and courteous manner; setting cellphones on vibrate and answering these outside the Library; limiting conversations to a minimum; eating in designated areas only; and showing your Lehman ID when requested are examples of behaviors that help make the Library a pleasant environment where learning and creativity can occur.

Stress can interfere with demonstrating your best behavior. When you are stressed, seek ways to reduce it. The following is a short but proven list of behaviors that help reduce stress and improve productivity: exercise regularly; practice stress-reducing techniques like deep breathing, meditation, or yoga; talk to an experienced counselor about stress management; and manage your time so you can do all the things you need to do and want to do.

The Counseling Center offers a Relax and Renew class most Fridays at 2:00 PM, where you can learn relaxation and meditation techniques to apply to any stressful situation. Additionally, you may visit the Counseling Center at 114 Old Gym to speak with one of the counselors about any issues that is making it hard to achieve your academic or personal goals.

Please call 718-960-8761 for an appointment. Alternatively, you can come to the Counseling Center during our walk-in hours, Monday through Friday from 12:00 to 2:00 PM. We will be happy to help you tackle your personal triggers for stress, as well as help you develop techniques to move beyond stress, so you can be a positive force in any environment where you live and work.

--Norma Cofresi, PhD
Director, Counseling Center

Google Art Project

The Google Art Project http://www.googleartproject.com/ has been presented as another digital initiative undertaken by Google for the public good. Amit Sood, one of the creators of the site – which brings together high-resolution images of more than 30,000 artworks from museums worldwide – said on the company’s official blog, “The Art Project is part of our efforts to bringing culture online and making it accessible to the widest possible audience.”

In this case, Google appears to believe that digitization is the better part of access. Consider the site’s main navigational structures: users can scroll through a random array of images; browse by collection or artist; or search only for titles, artists, or museums. You cannot search or browse by medium, genre, geography, period, movement, or content. Even Google’s list of artists is maddeningly inefficient: it is alphabetized by first name and does not include “see also” references. So while images can be found, the site’s metadata and navigation do not promote varied points of access.

Google’s understanding of what constitutes culture is similarly narrow. Historical information (provided at the discretion of the museum) is hidden behind a “Details” link, sometimes with regrettable results. For example, it takes two clicks to discover that the Philadelphia Museum of Art’s Death of Sardanapalus is a replica executed by Delacroix, 17 years after the original. That painting is housed at the Louvre, which did not contribute to the site, so the casual and uninformed viewer might conclude that an inferior oil replica is one of the masterworks of French painting.

Moreover, one of the great masters of the 20th century, Andy Warhol, is represented only by 13 photographs. Since there are no biographies in the Art Project, one might never know that though his career is defined in part by the broad array of media he employed, he is not widely remembered for his photography.

Enthusiasts will throw up their hands and say I’m missing the point. The point, they’ll tell me, is the art. The art does look beautiful. With some works, you can zoom in on details that would never be visible even to a museum visitor. And the virtual tours allow you to wander the halls of faraway museums, clicking on artworks for a closer look.

It’s ravishing and it’s addictive, but what else is it? The question is not purely rhetorical. If Google – one of the most resourceful and innovative companies in the world – has failed to meet their stated goals for the Art Project, might there be some unstated goals that occupied more of their time and attention?

--Jennifer Poggiiali
The Disability Experience

More than 350 Lehman students with disabilities are registered with the Office of Student Disability Services. Resources are available at the Assistive Technology Center (ATC), located on the Library’s second floor. The ATC provides writing coaches, assistive technology including ten computers, two Kurzweil reading machines, a printer, as well as other resources for students with disabilities. We invited a guest writer to offer insights into students who face challenges on our campus.

Perhaps one of every five students in your class has some disabling condition. Most of these, however, are not visible or not obvious most of the time.

Imagine that you couldn’t move around at all except in a wheelchair, or that older bus riders verbally assault you because they assume you are an able-bodied young woman monopolizing one of those coveted front seats. Imagine the shock of being diagnosed with a disabling illness as a young adult, the challenge of struggling with a debilitating condition from birth, or the bittersweet experience of nurturing a child with a brain disorder.

These were some of the perspectives offered by the student panel at the Disability Experience presentation, sponsored by the Office of Student Disability Services for CUNY Disability Awareness Month. This event was coordinated by LEADS Counselor Lauren McCarthy and supported by the Office’s Director, Merrill Parra, who made opening and closing remarks.

Four current students and two Lehman graduates expressed some common themes, including the need for people not to make assumptions about the nature or degree of someone’s disability, the difficulty for disabled people to ask for help, and the callousness of strangers in New York City public places.

Latavia Sturdivant, who has the spastic quadriplegic variety of cerebral palsy, always uses a wheelchair. She volunteers in a daycare center and hopes to become a lawyer advocating for people with disabilities because “accommodations that we need should not be requested, they should be required.” Despite her wheelchair, sometimes people don’t perceive her as being disabled due to her vivacious and outgoing personality.

Jehu Brown’s mother was informed he would never walk or talk. Now 31, with a B.A. in Business Administration from Lehman, he has designed websites, such as ease1.com, which enables people to send care packages to loved ones at Riker’s Island. He has also written a children’s book, Jehu’s Shoes, about a young boy who dislikes his orthopedic shoes, which was nominated for an American Library Association award in 2010.

Sharon Lowe might have been prevented from becoming legally blind by a cornea transplant — if they had been available when she was diagnosed in her youth. She hopes to combine her major in Social Work with her two-decade career as a fitness instructor and personal trainer.

LaQuon Johnson has Stargardt’s Disease, a rare vision disorder, diagnosed when he was 17. He earned a degree in Psychology from Lehman and an MS in Education with a focus on Rehabilitative Counseling at Hunter College. He is a LEADS Counselor at John Jay and provides vocational counseling. He stated he missed many chances to develop his life until he learned to “put his pride in his back pocket” in order to seek and accept needed help. With technological aids, he was able to go from a 0.8 GPA at BMCC to a 3.9 at Monroe College before he started Lehman.

Margaret Baker, an athlete and stage manager, was diagnosed with multiple sclerosis less than a year ago. A self-reliant person who tends to take care of others, she has found it hard to ask for help. Her severe symptoms have caused an “identity crisis” for her, and trauma for her parents. Margaret plans to work in public health and epidemiology, and is earning a certificate in Geographic Information Systems while working in ticket services in Manhattan. She observed that each individual’s resources and life experiences provide them a unique “tool set” to cope with their disability and make the most of their opportunities.

Edmund Asiedu is President of Lehman’s new club for disabled students. In 2010, he emigrated from Ghana after winning a permanent-residency lottery. Struck with polio at age two, he is proud of working to get a law passed in Ghana to protect rights and provide services for the disabled. He is majoring in Social Work and plans to become a lawyer specializing in human rights. He declared, “I can do everything, from A to Z,” and has participated in wheelchair basketball and the New York City Marathon.

Buttons saying Attitudes Are the Real Disability were distributed at this event. This sums up the program’s true message.

--Kathy Casey
Continuing Education student

We happily announce the birth of IT Academic Technology Specialist Raymond Diaz’s son. Raymond was welcomed into the world on May 28 at 5:31 AM weighing in at 5 pounds, 9 ounces. Mother, father and baby are all doing well.
Ask a Librarian - 24/7 Chat
First Anniversary Statistics
The Library has offered 24/7 Chat for one year.
Lehman students “ask” from 70-80 questions
per month on average.
April 2011 - May 2012
Number of Chat Requests from Lehman College = 920
Look for Chat boxes on Library website:
http://www.lehman.edu/library/ask-us.php
Research Guides: http://libguides.lehman.edu/

2012 Library Graduates
Shakiya Cook - Reference
Major: B.A., African Studies

Renate Ender - Education
Major: M.A., Music Education

Mariela Galarza - Special Collections
Major: B.B.A., Business Administration

Vianelly Guzman - Library Office
Major: B.S., Exercise Science

Nadine Jeremy - Fine Arts
Major: B.A., Business Administration

Tamara Neusser - Circulation
Major: B.B.A., Business Administration

Shanay White - Circulation/Stacks
Major: B.S., Health Education and Promotion

Biblio-Tech
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Library FAX: 718-960-8952

For previous issues, see:
http://www.lehman.edu/library/newsletter.php

Summer 2012 Hours

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<th>Period</th>
<th>Hours</th>
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<tr>
<td>May 29 – June 22</td>
<td>Monday – Thursday 9:00 AM – 8:45 PM</td>
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<tr>
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<td>Friday 9:00 AM – 4:45 PM</td>
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<tr>
<td>June 25 – August 1</td>
<td>Monday – Thursday 9:00 AM – 8:45 PM</td>
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<tr>
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<td>OPEN</td>
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<td></td>
<td>Friday, July 6 9:00 AM – 4:45 PM</td>
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<td>August 2 – 9</td>
<td>Monday – Thursday 9:00 AM – 4:45 PM</td>
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<td>August 13 – 24</td>
<td>Monday – Friday 9:00 AM – 4:45 PM</td>
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<td>May 26 – September 4</td>
<td>♦ Weekends</td>
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<td>June 29 – August 13</td>
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<td>July 4 (Wednesday)</td>
<td>♦ Independence Day</td>
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<td>Hours are subject to change</td>
<td>Call for current schedule, 718-960-7766</td>
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