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1. A dart of mass 1 kg is dropped from a height of 1 m , with the intention to hit a certain point on the ground. Estimate the limitation set by the uncertainty principle of the accuracy that can be achieved. For simplicity, consider only motion in the $x y$ plane ( $y$ vertical and $x$ horizontal).
2. Using the uncertainty principle estimate how long a time a pencil can be balanced on its point.
3. The operator $A^{\dagger}$ is called the hermitian conjugate (or adjoint) of $\hat{A}$ if

$$
\begin{equation*}
\int_{-\infty}^{+\infty}\left(\hat{A}^{\dagger} \phi\right)^{*} \psi d x=\int_{-\infty}^{+\infty} \phi^{*} \hat{A} \psi d x \tag{1}
\end{equation*}
$$

in bra-ket notation (1) becomes $\left\langle A^{\dagger} \phi \mid \psi\right\rangle=\langle\phi \mid A \psi\rangle$. Its easy to show that $(c \hat{A})^{\dagger}=c^{*} \hat{A}^{\dagger}$ and $(\hat{A}+\hat{B})^{\dagger}=\hat{A}^{\dagger}+\hat{B}^{\dagger}$ just from the properties of the dot product. Using (1) show that $\left(\hat{A}^{\dagger}\right)^{\dagger}=\hat{A}$ and $(\hat{A} \hat{B})^{\dagger}=\hat{B}^{\dagger} \hat{A}^{\dagger}$.
4. The operator $\hat{A}$ is called hermitian if $\hat{A}^{\dagger}=\hat{A}$, i.e.

$$
\begin{equation*}
\int_{-\infty}^{+\infty}(\hat{A} \phi)^{*} \psi d x=\int_{-\infty}^{+\infty} \phi^{*} \hat{A} \psi d x \tag{2}
\end{equation*}
$$

in bra-ket notation (2) becomes $\langle A \phi \mid \psi\rangle=\langle\phi \mid A \psi\rangle$. Convince yourself that $\hat{x}$ and $\hat{p}=-i \hbar \partial / \partial x$ are hermitian operators.
5. A physical variable must have real expectation values (and eigenvalues). By computing the complex conjugate of the expectation value of a physical variable show that every operator corresponding to an observable is hermitian.

## SOLUTIONS

1. If there was no uncertainty principle, then a dart released from a height $h$ above the point $x=0$ would strike the point $x=0$ since we can set both $x(0)=0$ and $v_{x}(0)=0$ initially. Quantum mechanics does not let us do this, however. Assume that $y(0)=h=1 \mathrm{~m}$ and $v_{y}(0)=0$ for the vertical motion. Any uncertainty principle effects will be negligible in the vertical direction. We also assume that $x(0)=\Delta x$ and $v_{x}(0)=p_{x}(0) / m=p_{x}(0)=\Delta p$, where $\Delta x \Delta p \approx \hbar$. We then have the following equations of motion:

$$
\left\{\begin{array}{l}
y(t)=y(0)+v_{y}(0) t-\frac{1}{2} g t^{2}=h-\frac{1}{2} g t^{2} \\
x(t)=x(0)+v_{x}(0) t=\Delta x+\Delta p t \Rightarrow t=\frac{x-\Delta x}{\Delta p}
\end{array}\right.
$$

We then have

$$
y=h-\frac{1}{2} g\left(\frac{x-\Delta x}{\Delta p}\right)^{2}
$$

We are interested in finding the minimum value of $x$ when $y=0$ (hits the ground). Substituting $y=0, h=1 \mathrm{~m}, g=10 \mathrm{~m} / \mathrm{s}^{2}, \Delta p=\hbar / \Delta x$ and solving for $x$ we get

$$
x=\Delta x+\frac{0.45 \hbar}{\Delta x} .
$$

We find the minimum by computing

$$
\frac{\partial x}{\partial \Delta x}=0=1-\frac{0.45 \hbar}{(\Delta x)^{2}} \Rightarrow \Delta x=\sqrt{0.45 \hbar}
$$

Therefore, the minimum $x$ consistent with quantum mechanics is $x_{\min }=2 \sqrt{0.45 \hbar} \approx 10^{-17} \mathrm{~m}$. This is a very small distance! An atomic nucleus has a diameter of $10^{15} \mathrm{~m}$.
2. Consider the diagram in Fig. 1. Modeling the pencil as a uniform rod with mass $m$, length $r$, moment of inertia $I=\frac{1}{3} m r^{2}$, the torque $\tau$ when it is at an angle $\theta$ to the vertical is $\tau=m g r \sin \theta$. For small deflections, $\sin \theta \approx \theta$ and we will use that assumption below. Then the equation of motion for the center-of-mass of the pencil becomes

$$
I \ddot{\theta}=m g r \sin \theta \Rightarrow \dot{\theta} \frac{d \dot{\theta}}{d \theta}=\frac{m g r}{I} \sin \theta .
$$

Integrating we get the conservation equation

$$
\frac{\dot{\theta}^{2}-\dot{\theta}_{0}^{2}}{2}=-\frac{m g r}{I}\left(\cos \theta-\cos \theta_{0}\right) .
$$

We then get

$$
\frac{d \theta}{d t}=\sqrt{\dot{\theta}_{0}^{2}-\frac{m g r}{I}\left(\cos \theta-\cos \theta_{0}\right)},
$$

which implies (integrating)

$$
t=K_{1} \int_{\theta_{0}}^{\theta_{f}} \frac{d \theta}{\sqrt{K_{2}-\cos \theta}}
$$



Figure 1: The situation in problem 5.
where

$$
K_{1}=\sqrt{\frac{I}{2 m g r}} \quad \text { and } \quad K_{2}=\frac{I \dot{\theta}_{0}^{2}+2 m g r \cos \theta_{0}}{2 m g r} .
$$

Now we assume that $\theta_{0} \approx(\Delta \theta)_{0}$ and $\dot{\theta}_{0} \approx(\Delta \dot{\theta})_{0}$ which says that the best possible initial conditions are given by the uncertainties. If we are trying to balance the pencil for the longest time, then $\theta_{0}$ and $\dot{\theta}_{0}$ must be as small as possible. Therefore we have $K_{2} \approx 1+\epsilon$, with $\epsilon \ll 1$. Therefore, small $\theta$-values will dominate the integral, i.e., the pencil spends most of its time at small $\theta$. You can see that this is true by trying an experiment!

Therefore we can write $\cos \theta \approx 1-\theta^{2} / 2$ which gives

$$
t=K_{1} \int_{\theta_{0}}^{\theta_{f}} \frac{d \theta}{\sqrt{K_{3}+\theta^{2} / 2}}
$$

where $K_{3}=K_{2}-1=\epsilon$. Now let

$$
\theta=\sqrt{2 K_{3}} \tan \phi \rightarrow d \theta=\sqrt{2 K_{3}} \sec ^{2} \phi
$$

We then have

$$
t=K_{1} \int_{\phi_{0}}^{\phi_{f}} \sec \phi d \phi
$$

where $\phi_{0}=\tan ^{-1}\left(\theta_{0} / \sqrt{2 K_{3}}\right)$ and $\phi_{f}=\tan ^{-1}\left(\theta_{f} / \sqrt{2 K_{3}}\right)$. Now, $\int \sec \phi d \phi=\ln (\sec \phi+\tan \phi)$ and se we get

$$
t=\sqrt{2} K_{1} \ln \frac{\sec \phi_{f}+\tan \phi_{f}}{\sec \phi_{0}+\tan \phi_{0}} .
$$

The uncertainty principle says (at best) that initially

$$
\left.(\Delta x)_{0}\left(\Delta p_{x}\right)_{0}=\hbar \Rightarrow\left[r(\Delta \theta)_{0}\right)\right]\left[m r(\Delta \dot{\theta})_{0}\right]=\hbar=m r^{2} \theta_{0} \dot{\theta}_{0}
$$

which implies that

$$
\dot{\theta}_{0}=\frac{\hbar}{m r^{2} \theta_{0}} .
$$

Thus,

$$
K_{2} \approx 1+\frac{\theta_{0}^{2}}{2}+\alpha \frac{\hbar^{2}}{\theta_{0}^{2}}
$$

where for a typical pencil

$$
\alpha=\frac{I}{2 m^{3} g r^{5}} \approx 0.005 .
$$

Therefore,

$$
K_{3}=\epsilon=\frac{\theta_{0}^{2}}{2}+\alpha \frac{\hbar^{2}}{\theta_{0}^{2}}
$$

and

$$
\phi_{0}=\tan ^{-1} \frac{\theta_{0}}{\sqrt{2 K_{3}}} \Rightarrow \tan \phi_{0} \approx 1 \approx \sec \phi_{0} .
$$

Using $\theta_{f}=\pi / 2$ (pencil on the floor), we have

$$
\frac{\theta_{f}}{\sqrt{2 K_{3}}} \gg 1 \Rightarrow \sec \phi_{f} \approx \tan \phi_{f} \approx \frac{\pi}{2 \sqrt{2 K_{3}}} .
$$

Therefore,

$$
t \approx \sqrt{2} K_{1} \ln \frac{\pi}{2 \sqrt{2 K_{3}}}
$$

where for a typical pencil

$$
K_{1}=\sqrt{\frac{I}{2 m g r}} \approx 0.1
$$

Now, if we want maximum time (upright) we need to minimize $K_{3}$. Thus we have

$$
\frac{\partial K_{3}}{\partial \theta_{0}}=\theta_{0}-\frac{2 \alpha \hbar^{2}}{\theta_{0}^{3}}=0,
$$

and we get

$$
\theta_{0} \approx(2 \alpha)^{1 / 4} \sqrt{\hbar} \approx \frac{1}{3} \sqrt{\hbar} \Rightarrow K_{3} \approx \frac{\hbar}{4} .
$$

Finally, we have

$$
t_{\max } \approx \frac{\sqrt{2}}{2} \frac{1}{10}\left(-\ln K_{3}\right) \approx 0.1(-\ln \hbar) \approx 0.1 \times 34 \sim 3 \text { to } 4 \mathrm{~s}
$$

Again, try a few experiments!
3. (i) From the indentity (1) it follows that:

$$
\begin{equation*}
\left\langle\left(A^{\dagger}\right)^{\dagger} \phi \mid \psi\right\rangle=\left\langle\phi \mid A^{\dagger} \psi\right\rangle=\left\langle A^{\dagger} \psi \mid \phi\right\rangle^{*}=\langle\psi \mid \hat{A} \phi\rangle^{*}=\left(\langle A \phi \mid \psi\rangle^{*}\right)^{*}=\langle\hat{A} \phi \mid \psi\rangle \Rightarrow\left(\hat{A}^{\dagger}\right)^{\dagger}=\hat{A} \tag{3}
\end{equation*}
$$

and

$$
\begin{equation*}
\langle\phi \mid \hat{A} \hat{B} \psi\rangle=\left\langle\hat{A}^{\dagger} \phi \mid B \psi\right\rangle=\left\langle\hat{B}^{\dagger} \hat{A}^{\dagger} \phi \mid \psi\right\rangle \Rightarrow(A B)^{\dagger}=B^{\dagger} A^{\dagger} . \tag{4}
\end{equation*}
$$

4. (i) The operator $\hat{x}$ is hermitian because

$$
\begin{equation*}
\int_{-\infty}^{+\infty}(\hat{x} \phi)^{*} \psi d x=\int_{-\infty}^{+\infty}(x \phi(x))^{*} \psi(x)=\int_{-\infty}^{+\infty} \phi^{*} x \psi d x=\int_{-\infty}^{+\infty} \psi^{*} \hat{x} \psi d x \tag{5}
\end{equation*}
$$

(ii) The operatror $\hat{p}$ is hermitian because

$$
\begin{equation*}
\int(\hat{p} \phi)^{*} \psi d x=\int_{-\infty}^{+\infty}\left(-i \hbar \frac{\partial \phi}{\partial x}\right)^{*} \psi d x=i \hbar \int_{-\infty}^{+\infty}\left(\frac{\partial \phi}{\partial x}\right)^{*} \psi d x \tag{6}
\end{equation*}
$$

and after integration by parts, recognizing that the wave function tends to zero as $x \rightarrow \infty$, the right-hand side of (6) becomes

$$
\begin{equation*}
-i \hbar \int_{-\infty}^{+\infty} \phi^{*} \frac{\partial \psi}{\partial x} d x=\int_{-\infty}^{+\infty} \phi^{*} \hat{p} \psi d x \tag{7}
\end{equation*}
$$

5. We may assert without proof that the expectation value of a physical observable is real, i.e. $\langle\psi \mid \hat{A} \psi\rangle=\langle\psi \mid \hat{A} \psi\rangle^{*}$. Now,
$\langle\psi \mid \hat{A} \psi\rangle^{*}=\left[\int_{-\infty}^{+\infty} \psi^{*}(x) \hat{A} \psi(x) d x\right]^{*}=\int_{-\infty}^{+\infty} \psi(x)[\hat{A} \psi(x)]^{*} d x=\int_{-\infty}^{+\infty}[\hat{A} \psi(x)]^{*} \psi d x=\langle\hat{A} \psi \mid \psi\rangle$,
so from (2) it follows that physical observables are represented by hermitian operators.
