

ALCOHOLISM AND SUBSTANCE ABUSE COUNSELOR (CASAC)

There is a great demand for credentialed alcoholism and substance abuse counselors (CASACs) who have a sound clinical foundation as well as sensitivity to the diversity of the client population. The program is designed for health and human services professionals, educators, clergy, and employee assistance personnel who wish to enter or advance in the field.

The Certificate Program

Satisfactory completion of a required number of hours of education/training, supervised practical training, and documented work experience will enable an individual to sit for the New York State Office of Alcoholism and Substance Abuse Services (NYS-OASAS) written examination to obtain the Credentialed Alcoholism and Substance Abuse Counselor (CASAC) designation. Credential applicants are required to document 350 clock hours of course work covering 4 categories of knowledge. Assistance in identifying resources for the supervised practical training hours is provided.

To earn the Lehman College Alcoholism and Substance Abuse Counselor Certificate, students must (1) complete all required courses with a grade of “C” or better; (2) attend at least 80 percent of classroom instruction for each course; and (3) maintain an overall grade average of “B.” A certificate of completion is awarded after satisfactory completion of each course. This training is provided under New York State OASAS Provider # AI 0157.

Required Courses

A. Knowledge of Alcohol and Substance Abuse (85 hours)

- ASC 01 Overview of Alcohol and Substance Abuse (40 hours)
- ASC 02 Diversity of Intervention and Treatment Approaches in Alcoholism and Substance Abuse (45 hours)

B. Alcoholism & Substance Abuse Counseling (150 hours)

- ASC 24 Counseling Issues I: Individual and Group Counseling (45 hours)
- ASC 26 Human Growth and Development (30 hours)
- ASC 27 Counseling Issues II: The Family, Relapse Prevention and Vocational Education (40 hours) *(offered spring 2010)*
- ASC 28 Counseling Issues III: Communicable Diseases and Special Populations (35 hours) *(offered summer 2010)*

C. Assessment, Clinical Evaluation, Treatment Planning, Case Management and Patient, Family & Community Education (70 hours)

- ASC 31 Treatment Planning, Clinical Record Keeping and Discharge Planning (30 hours) *(offered spring 2010)*
- ASC 33 Assessment, Evaluation, Case Management and Referral (40 hours)

D. Professional & Ethical Responsibility & Documentation (45 hours)

- ASC 42 Professional and Ethical Responsibilities and the Counselor/Client Relationship (45 hours) *(offered summer 2010)*

Admission Policy

All applications should be submitted no later than September 4. Applicants will be notified of their status after applications have been reviewed by the coordinator of the program. *An interview may be required.* For individuals who have been affected by alcoholism or any chemical addiction, it is strongly recommended that there have been a period of two years of uninterrupted recovery in order to be prepared for the personal and professional rigors of an intensive, extended program.

Recredentialing Information

For recredentialing information, please contact Robert Charles Wright, LMSW, CASAC, Program Coordinator at (718)960-8864.

ALCOHOLISM & SUBSTANCE ABUSE

Overview of Alcohol and Substance Abuse

ASC 01/\$375

This course provides an overview of basic knowledge of alcoholism and substance abuse. Special attention is given to physical and pharmacological effects of alcohol and other substances of abuse and the interactive role of these effects on the dynamics of addiction. 40 hours, 4 CEU

LC Mon., 6:30 p.m.-9:35 p.m., Sept. 14-Dec. 21, (no classes Sept. 28, Oct. 12) (13 sessions) John Gordon, CASAC.

Diversity of Intervention and Treatment Approaches in Alcoholism and Substance Abuse

ASC 02/\$420

This course provides basic instruction in the diversity of alcoholism and substance abuse intervention and treatment approaches including school and community-based intervention programs, inpatient treatment and rehabilitation programs, residential treatment programs, detoxification services, medically supervised ambulatory drug-free treatment programs, methadone maintenance, psychotherapy, acupuncture, and self-help principles. (Prerequisite: ASC 01: *Overview of Alcohol and Substance Abuse* or permission of the program coordinator.) 45 hours, 4.5 CEU

LC Thurs., 6:30 p.m.-9:30 p.m., Sept. 17-Jan. 14 (no classes Nov. 26, Dec. 24, 31) (15 sessions) Rory Gilbert, MSW.

Counseling Issues I: Individual and Group Counseling

ASC 24/\$420

The theories and practices of counseling the alcohol and substance abuser in both individual and group settings are addressed. Topics include the definition of the group counseling process, selection and establishment of the group structure and the time frame for maximizing group dynamics. Individual counseling issues such as client-counselor dynamics are explored along with guidelines for establishing client-counselor contracts. (Prerequisites: ASC 01: *Overview of Alcohol and Substance Abuse* and ASC 02: *Diversity of Intervention and Treatment Approaches in Alcoholism and Substance Abuse* or permission of the program coordinator.) 45 hours, 4.5 CEU

LC Tues., 6:30 p.m.-9:30 p.m., Sept. 15-Jan. 5 (no classes Sept. 29, Dec. 29) (15 sessions) Robert Charles Wright, LMSW, CASAC.

Human Growth and Development

ASC 26/\$285

Physical growth and psychological development from the prenatal period through late adulthood are studied. The relationship between life-span development and alcohol and substance abuse issues is addressed. *Undergraduate or graduate courses in this area might be accepted for CASAC credentialing; therefore students are advised to consult with the program coordinator prior to enrolling.* (No prerequisite.) 30 hours, 3.6 CEU

LC Sat., 9:30 a.m.-12:30 p.m., Sept. 26-Dec. 5 (no class Nov. 28) (10 sessions) Susan Kaskowitz, MSW, CSW.

Assessment, Evaluation, Case Management and Referral

ASC 33/\$375

This course focuses on clinical assessment and evaluation and their impact on case management and the referral process. Interviewing techniques and instruments used in assessment and case management are covered. The role of the CASAC counselor in the larger context of social and other human services delivery systems is addressed. (Prerequisites: ASC 01, ASC 02, and ASC 31.) 40 hours, 4 CEU

LC Wed., 6:30 p.m.-9:35 p.m., Sept. 16-Dec. 16 (no class Oct. 14) (13 sessions) Robert Charles Wright, LMSW, CASAC.

FREE CAREER SEMINARS

Alcoholism & Substance Abuse Counselor

Saturday, August 22

10:30 a.m.-12:00 p.m.
and

Wednesday, September 2

6:30 p.m.-8:30 p.m.

at Lehman College,
Carman Hall 129

For more information, call
(718) 960-8512

