

**LEHMAN COLLEGE  
OF THE  
CITY UNIVERSITY OF NEW YORK**

**DEPARTMENT OF HEALTH SCIENCES**

**Curriculum Change**

**Name of Program and Degree Award:** Health Education and Promotion, MA

**Hegis Number:** 0837.00

**Program Code:** 02186

**Effective Term:** Fall 2017

1. **Type of Change:** Change in degree requirements and Addition of Distance Education Format (Online MA format)

2. **From:**

**Health Education and Promotion M.A. Program**

Degree Requirements

The curriculum consists of 33 graduate credits and ~~includes either a thesis or a comprehensive examination.~~ Course and credit requirements are as follows:

In required HEA courses ~~(24)~~:

	Credits
<del>HEA 600</del> <del>Biostatistics</del>	<del>3</del>
HEA 602 Research Methods in Health Education	3
HEA 603 History and Philosophy of Health Education and Promotion	3
HEA 620 Health Counseling	3
HEA 622 Organization and Administration of Health Education and Promotion Programs	3
HEA 623 Program Planning and Evaluation in Health Education	3
HEA 670 Field Experience in Health Education	3

~~HEA 600, HEA 603, HEA 670: Students who have previously taken this course (or its equivalent) may substitute a 3-credit HEA elective in its place.~~

And one of the following:

		Credits
HEA 671	Teaching Strategies for Health; Psychosocial Wellness	_____3
HEA 672	Teaching Strategies for Health: Health Promotion Behaviors	_____3
HEA 673	Teaching: Strategies for Health: Disease and Disability	_____3

In HEA electives (9)

Note: ~~Students who do the thesis option and register for HEA 691 and HEA 692, need to earn only 3 credits of HEA electives. Otherwise, students must take HEA elective courses totaling 9 credits and pass a comprehensive exam.~~

### **3. To:**

#### **Health Education and Promotion M.A. Program**

The M.A in Health Education and Promotion is a 33-credit graduate degree that provides advanced academic training for individuals employed or planning to seek employment as health educators in academic, clinical, community, and corporate settings. This program prepares students to meet the expanding need for health education professionals capable of working with the community in a variety of public, private, and professional settings. Graduates of the program may also find career opportunities as health advocates, program planners and evaluators, case managers, policy analysts and health administrators. This degree may also be suitable for individuals such as nurses, social workers, physician assistants or allied health personnel who wish to enhance their qualifications. Upon completion of the degree, students are eligible to sit for the CHES (Certified Health Education Specialist) or MCHES exam (Master Certified Health Education Specialist), a national credential awarded by the National Commission for Health Education Credentialing.

Students also may complete the degree program entirely online by taking online courses only. The online-only option is not available to students studying on an F1 Visa.

#### Admission requirements

To be considered for admission to the M.A. in Health Education and Promotion, an applicant must:

1. Possess a bachelor's degree from an accredited university.
2. Have completed an approved program of study with a minimum average of approximately B (3.0) in the major and B- (2.7) overall.
3. Submit three letters of recommendation (including one from a professor from

your undergraduate degree program).

4. Submit a personal goal statement.

Degree Requirements

The curriculum consists of 33 graduate credits and a comprehensive examination. Course and credit requirements are as follows:

In required HEA courses (21):

HEA 602	Research Methods in Health Education	3
HEA 603	History and Philosophy of Health Education and Promotion	3
HEA 620	Health Counseling	3
HEA 622	Organization and Administration of Health Education and Promotion Programs	3
HEA 623	Program Planning and Evaluation in Health Education	3
HEA 670*	Field Experience in Health Education	3
HEA 671	Teaching Strategies for Health: Psychosocial Wellness	3

\* Subject to departmental permission, students currently employed in the field of health education may take an HEA elective in lieu of HEA 670.

In HEA electives (12):

**4. Rationale:**

These changes are being proposed to enable the degree program to be more aligned with the responsibilities and competencies for health education specialists as stipulated by the National Commission for Health Education Credentialing (NCHEC). At the completion of this program students are eligible to sit for the CHES or MCHES exam, which is a national certification exam for health education specialists.

- a) A description of the degree and admission requirements have been added as this was previously missing.
- b) HEA 600 has been dropped given that a separate course in Biostatistics (HEA 600) is not required for national certification as a health education specialist (CHES). Relevant content of this course has been incorporated into an existing course (HEA 602 Research Methods in Health Education). This is consistent with similar MA programs in Health Education nation-wide.

- c) In an effort to streamline the program and because we have not had any students do a thesis in the past decade, we have dropped the thesis option and all students will now be required to complete the comprehensive exam. Since students will no longer have the option of doing a thesis, this is another reason for dropping HEA 600. We have added an HEA elective to replace HEA 600 so that students have more opportunity to cover the core competencies of NCHEC.
- d) Students will be required to do HEA 671 instead of having a choice of either HEA 671, 672 or 673. HEA 671 is better suited to students in this program as it is geared more toward community health education practice than HEA 672 and 673 which are geared more towards competencies needed by students in the M.S. Ed. Program.
- e) The following statement has been dropped:  
“HEA 600, HEA 603, HEA 670: Students who have previously taken this course (or its equivalent) may substitute a 3-credit HEA elective in its place.”  
The reason is that HEA 600 is no longer offered, and we have never had a situation where students had previously taken HEA 603 and needed to do a substitute. It is unclear why it was inserted in the first place many years ago.
- f) In terms of HEA 670, we have inserted an asterisk next to HEA 670 and included this statement:  
“Subject to departmental permission, students currently employed in the field of health education may take a HEA elective in lieu of HEA 670.”  
This course change has already been approved. We are merely highlighting that students have a choice of doing an elective in place of HEA 670.
- g) This statement has been dropped as it no longer applies given the removal of the thesis option:  
“Note: Students who do the thesis option and register for HEA 691 and HEA 692, need to earn only 3 credits of HEA electives. Otherwise, students must take HEA elective courses totaling 9 credits and pass a comprehensive exam.”
- h) The number of required courses has been reduced to 21 since HEA 600 has been dropped and the number of electives has increased to 12 credits. The total number of credits for the degree remains the same.
- i) The addition of a distance education format for the MA degree is in response to high demand from students for a fully online degree. The distance learning format will provide greater flexibility to students by allowing them to complete the program by taking all courses online. Another benefit is that the online format should also increase student enrollment. The addition of a distance education format will not affect the course learning objectives of the existing program.

Everything remains the same. The department will offer at least one section of each course online each year.

5. **Date of departmental approval:** November 9, 2016

**LEHMAN COLLEGE  
OF THE  
CITY UNIVERSITY OF NEW YORK**

**DEPARTMENT OF HEALTH SCIENCES**

**Curriculum Change**

**Name of Program and Degree Award:** Health Pre K-12 Teacher, M.S.Ed.

**Hegis Number:** 0837.00

**Program Code:** 25951

**Effective Term:** Fall 2017

1. **Type of Change:** Change in degree requirements and delete Sequence 2

2. **From:**

**Health Pre K-12 Teacher, M.S.Ed. Program**

This program is designed for students seeking a master's degree in Teaching Health Education. Graduates of this program are recommended for New York State Initial or Professional Certification in Health Education (Pre K-12). Students are supervised in their fieldwork and student teaching by faculty members of the Health Education program in the Department of Health Sciences. Advisement is provided by the Graduate Program Director and faculty members of the Health Education Program in the Department of Health Sciences and/or the Department of Middle and High School Education.

To be eligible for this Master's Program, potential students must fall into one of the following categories:

*Sequence 1 (39 credits). Students who already possess New York State certification in a related area and who seek additional certification in Health Education Pre K-12.*

~~*Sequence 2 (51 credits). Liberal arts and sciences graduates who lack professional education coursework and who seek initial certification in Health Education Pre K-12.*~~

~~\*Note: Not expected to be offered 2016-2018~~

*Sequence 3 (30 credits). Students who already possess New York State certification in health education and who seek professional certification in Health Education Pre K-12.*

Admission Requirements

- Possess a Bachelor's degree (or its equivalent) from an accredited college or university.
- Submit scores of the Graduate Record Examination (GRE) revised general test, i.e., verbal reasoning, quantitative reasoning, and analytical writing.
- Demonstrate the ability to successfully pursue graduate study by having attained a minimum cumulative undergraduate grade point average of 3.0 or higher.
- Three letters of recommendation and a Personal Goal Statement.
- For Sequence 1 admission, possess New York State teacher certification in an area other than health education.
- ~~For Sequence 2 admission, submit scores on the appropriate New York State teacher certification examinations. \*Note: Not expected to be offered 2016-2018~~
- For Sequence 3 admission, possess New York State teacher certification in health education.

### Degree Requirements

Students must consult with the graduate adviser in the health education program before starting their Master's Program. During their first semester, matriculated students are required to plan their graduate program with an adviser in the health education program.

Students must complete one of the ~~three~~ sequences outlined below:

#### Sequence 1 (39 credits):

For students who already possess New York State certification in another subject and who seek certification in Health Education Pre K-12. Course and credit requirements are as follows:

#### Required HEA courses (~~12~~ credits):

	Credits
<del>HEA 600 Biostatistics</del>	<del>3</del>
HEA 602 Research Methods in Health Education	3
HEA 603 History and Philosophy of Health Education and Promotion	3
HEA 620 Health Counseling	3

#### HEA electives (9)

#### Courses linking health with teaching strategies (9):

	Credits
HEA 671 Teaching Strategies for Health; Psychosocial Wellness	3
HEA 672 Teaching Strategies for Health: Health Promotion Behaviors	3

HEA 673 Teaching: Strategies for Health: Disease and Disability 3

Special Education (3):

ESC 506 Special Needs Education in TESOL and Secondary Settings 3

Or

EDS 701 Understanding Individuals with Disabilities 3

EDS 701: Or equivalent.

Student Teaching (3 credits):

Credits

ESC 595 Internship in Classroom Teaching 1

ESC 611 Seminar in Secondary and TESOL Student Teaching 1

ESC 595: For in-service teachers.

Master's Project (3):

Credits

ESC Project Seminar in Curriculum, Materials, and Assessment in  
708 Specialized Areas 3

ESC 708: Culminates in an approved curriculum project

~~Sequence 2 (51 credits):~~

~~For liberal arts and sciences graduates who lack professional education coursework and who seek initial certification in Health Education Pre K-12. Course and credit requirements are as follows:~~

~~Required HEA courses (12 credits):~~

~~HEA 600 Biostatistics 3~~

~~HEA 602 Research Methods in Health Education 3~~

~~HEA 603 History and Philosophy of Health Education and Promotion 3~~

~~HEA 620 Health Counseling 3~~

~~HEA electives (9)~~

~~Courses linking health with teaching strategies (9):~~

Credits

~~HEA 671 Teaching Strategies for Health; Psychosocial Wellness 3~~

~~HEA 672 Teaching Strategies for Health: Health Promotion Behaviors 3~~

~~HEA 673 Teaching: Strategies for Health: Disease and Disability 3~~



~~Core Education (12 credits):~~

	Credits
<del>ESC 501 Psychological Foundations of Education</del>	<del>3</del>
<del>ESC 502 Historical Foundations of Education: A Multicultural Perspective</del>	<del>3</del>
<del>-</del>	
<del>ESC 506 Special Needs Education in TESOL and Secondary Settings</del>	<del>3</del>
<del>Or</del>	
<del>EDS 701 Understanding Individuals with Disabilities</del>	<del>3</del>
<del>-</del>	
<del>EDR 529 Language, Literacy, and Educational Technology</del>	<del>3</del>
<del>EDS 701: Or equivalent.</del>	

~~Student Teaching (6 credits):~~

	Credits
<del>ESC 596 Student Teaching in the Middle and High School Grades</del>	<del>3</del>
<del>ESC 612 Seminar in Secondary and TESOL Student Teaching</del>	<del>3</del>
<del>ESC 596: For pre-service teachers.</del>	

~~Master's Project (3):~~

	Credits
<del>ESC 708 Project Seminar in Curriculum, Materials, and Assessment in Specialized Areas</del>	<del>3</del>
<del>ESC 708: Culminates in an approved curriculum project.</del>	

~~Sequence 2 Note: Not expected to be offered 2014-2016~~

## Sequence 3 (30 credits):

For students who already possess New York State certification in health education and who seek professional certification in Health Education Pre K-12. The curriculum consists of 30 graduate credits. Course and credit requirements are as follows:

## Required HEA courses (12 credits):

	Credits
<del>HEA 600 Biostatistics</del>	<del>3</del>
HEA 602 Research Methods in Health Education	3
HEA 603 History and Philosophy of Health Education and Promotion	3
HEA 620 Health Counseling	3

## Courses linking health with teaching strategies (9):

	Credits
HEA 671 Teaching Strategies for Health; Psychosocial Wellness	3
HEA 672 Teaching Strategies for Health: Health Promotion Behaviors	3
HEA 673 Teaching: Strategies for Health: Disease and Disability	3

## Special Education (3):

	Credits
ESC 506 Special Needs Education in TESOL and Secondary Settings	3
Or	
EDS 701 Understanding Individuals with Disabilities	3
EDS 701: Or equivalent.	

## Student Teaching (3 credits):

	Credits
ESC 595 Internship in Classroom Teaching	1
ESC 611 Seminar in Secondary and TESOL Student Teaching	1
ESC 595: For in-service teachers.	

## Master's Project (3):

	Credits
ESC 708 Project Seminar in Curriculum, Materials, and Assessment in Specialized Areas	3
Culminates in an approved curriculum project	

**3. To:****Health Pre K-12 Teacher, M.S.Ed. Program**

This program is designed for students seeking a master's degree in Teaching Health Education. Graduates of this program are recommended for New York State Initial or Professional Certification in Health Education (Pre K-12). Students are supervised in their fieldwork and student teaching by faculty members of the Health Education program in the Department of Health Sciences. Advisement is provided by the Graduate Program Director and faculty members of the Health Education Program in the Department of Health Sciences and/or the Department of Middle and High School Education.

To be eligible for this Master's Program, potential students must fall into one of the following categories:

*Sequence 1 (39 credits). Students who already possess New York State certification in a related area and who seek additional certification in Health Education Pre K-12.*

*Sequence 2 (30 credits). Students who already possess New York State certification in health education and who seek professional certification in Health Education Pre K-12.*

### Admission Requirements

- Possess a Bachelor's degree (or its equivalent) from an accredited college or university.
- Submit scores of the Graduate Record Examination (GRE) revised general test, i.e., verbal reasoning, quantitative reasoning, and analytical writing.
- Demonstrate the ability to successfully pursue graduate study by having attained a minimum cumulative undergraduate grade point average of 3.0 or higher.
- Three letters of recommendation and a Personal Goal Statement.
- For Sequence 1 admission, possess New York State teacher certification in an area other than health education.
- For Sequence 2 admission, possess New York State teacher certification in health education.

### Degree Requirements

Students must consult with the graduate adviser in the health education program before starting their Master's Program. During their first semester, matriculated students are required to plan their graduate program with an adviser in the health education program.

Students must complete one of the two sequences outlined below:

Sequence 1 (39 credits):

For students who already possess New York State certification in another subject and who seek certification in Health Education Pre K-12. Course and credit requirements are as follows:

Required HEA courses (9 credits):

HEA 602 Research Methods in Health Education	3
HEA 603 History and Philosophy of Health Education and Promotion	3
HEA 620 Health Counseling	3

HEA electives (12)

Courses linking health with teaching strategies (9):

	Credits
HEA 671 Teaching Strategies for Health; Psychosocial Wellness	3
HEA 672 Teaching Strategies for Health: Health Promotion Behaviors	3

HEA 673 Teaching: Strategies for Health: Disease and Disability 3

Special Education (3):

Credits

ESC 506 Special Needs Education in TESOL and Secondary Settings 3  
Or

EDS 701 Understanding Individuals with Disabilities 3  
EDS 701: Or equivalent.

Student Teaching (3 credits):

Credits

ESC 595 Internship in Classroom Teaching 1  
ESC 611 Seminar in Secondary and TESOL Student Teaching 1  
ESC 595: For in-service teachers.

Master's Project (3):

Credits

ESC 708 Project Seminar in Curriculum, Materials, and Assessment in Specialized Areas 3  
ESC 708: Culminates in an approved curriculum project

Sequence 2 (30 credits):

For students who already possess New York State certification in health education and who seek professional certification in Health Education Pre K-12. The curriculum consists of 30 graduate credits. Course and credit requirements are as follows:

Required HEA courses (9 credits):

Credits

HEA 602 Research Methods in Health Education 3  
HEA 603 History and Philosophy of Health Education and Promotion 3  
HEA 620 Health Counseling 3

Health electives (3)

Courses linking health with teaching strategies (9):

Credits

HEA 671 Teaching Strategies for Health; Psychosocial Wellness 3  
HEA 672 Teaching Strategies for Health: Health Promotion Behaviors 3  
HEA 673 Teaching: Strategies for Health: Disease and Disability 3

## Special Education (3):

	Credits
ESC 506 Special Needs Education in TESOL and Secondary Settings	3
Or	
EDS 701 Understanding Individuals with Disabilities	3
EDS 701: Or equivalent.	

## Student Teaching (3 credits):

	Credits
ESC 595 Internship in Classroom Teaching	1
ESC 611 Seminar in Secondary and TESOL Student Teaching	1
ESC 595: For in-service teachers.	

## Master's Project (3):

	Credits
ESC 708 Project Seminar in Curriculum, Materials, and Assessment in Specialized Areas	3
Culminates in an approved curriculum project	

**4. Rationale:**

HEA 600 has been dropped from all three sequences. Relevant content of this course has been incorporated into an existing course (HEA 602 Research Methods in Health Education). This is consistent with similar MS Ed Health Teacher programs nation-wide. HEA 600 has been replaced by another health elective. This enables us to increase the number of health content courses (electives) in each sequence so there is more balance between content courses and methods courses.

Sequence 2 (51 credits) has been eliminated. We stopped offering this sequence several years ago. We wish to formally remove it from the bulletin. The sequence was dropped due to very low enrollment. Most schools in the region that employ health teachers require that teachers be certified in not only health but also physical education. There are very limited opportunities for students who do this track as they will end up with only health certification. The majority of our students are in Sequence 1. They are already certified in physical education and are not working toward their health certification in their Master's degree. They will thus be better qualified for openings as PE/Health Teachers in schools.

Sequence 3 (30 credits) has been renamed Sequence 2.

**5. Date of departmental approval: October 19, 2016**

**LEHMAN COLLEGE  
OF THE  
CITY UNIVERSITY OF NEW YORK**

**DEPARTMENT OF HEALTH SCIENCES**

**CURRICULUM CHANGE**

1. **Type of Change:** Prerequisite

2. **From:**

Department(s)	Health Sciences
Career	<input type="checkbox"/> Undergraduate <input checked="" type="checkbox"/> Graduate
Academic Level	<input checked="" type="checkbox"/> Regular <input type="checkbox"/> Compensatory <input type="checkbox"/> Developmental <input type="checkbox"/> Remedial
Subject Area	Health Education (HEA)
Course Prefix & Number	HEA 602
Course Title	Research Methods in Health Education
Description	Study of the design, methods, and research tools used in health education. Formulation of a research problem.
Pre/ Co Requisites	HEA 600 or equivalent.
Credits	3
Hours	3
Liberal Arts	<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No
Course Attribute (e.g. Writing Intensive, WAC, etc)	
General Education Component	<input checked="" type="checkbox"/> Not Applicable <input type="checkbox"/> Required <input type="checkbox"/> English Composition <input type="checkbox"/> Mathematics <input type="checkbox"/> Science  <input type="checkbox"/> Flexible <input type="checkbox"/> World Cultures <input type="checkbox"/> US Experience in its Diversity <input type="checkbox"/> Creative Expression <input type="checkbox"/> Individual and Society <input type="checkbox"/> Scientific World

--	--

**3. To:**

Department(s)	Health Sciences
Career	<input type="checkbox"/> Undergraduate <input checked="" type="checkbox"/> Graduate
Academic Level	<input checked="" type="checkbox"/> Regular <input type="checkbox"/> Compensatory <input type="checkbox"/> Developmental <input type="checkbox"/> Remedial
Subject Area	Health Education (HEA)
Course Prefix & Number	HEA 602
Course Title	Research Methods in Health Education
Description	Study of the design, methods, and research tools used in health education. Formulation of a research problem.
Pre/ Co Requisites	<u>Eighteen credits in health education.</u>
Credits	3
Hours	3
Liberal Arts	<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No
Course Attribute (e.g. Writing Intensive, WAC, etc)	
General Education Component	<input checked="" type="checkbox"/> Not Applicable <input type="checkbox"/> Required <input type="checkbox"/> English Composition <input type="checkbox"/> Mathematics <input type="checkbox"/> Science  <input type="checkbox"/> Flexible <input type="checkbox"/> World Cultures <input type="checkbox"/> US Experience in its Diversity <input type="checkbox"/> Creative Expression <input type="checkbox"/> Individual and Society <input type="checkbox"/> Scientific World

**4. Rationale:**

HEA 600 will be dropped as a required course in both the MA and MS Ed in Health Education. Relevant content of HEA 600 has already been incorporated into HEA 602 Research Methods in Health Education. Hence there is no longer a need for the HEA 600 prerequisite.

A prerequisite has been added whereby students need to have completed 18 graduate credits in HEA before they can take HEA 602. The reason is that HEA 602 is an advanced level course and is best taken after students have already completed several graduate courses in the program. They need to have some mastery of health content before they embark on developing a grant proposal of their own and analyzing research studies in the field which is required in HEA 602.

5. **Date of departmental approval:** 09/28/2016



**LEHMAN COLLEGE  
 OF THE  
 CITY UNIVERSITY OF NEW YORK**  
**DEPARTMENT OF HEALTH SCIENCES**  
**CURRICULUM CHANGE**

1. **Type of Change:** Course description and prerequisite

2. **From:**

Department(s)	Health Sciences
Career	<input type="checkbox"/> Undergraduate <input checked="" type="checkbox"/> Graduate
Academic Level	<input checked="" type="checkbox"/> Regular <input type="checkbox"/> Compensatory <input type="checkbox"/> Developmental <input type="checkbox"/> Remedial
Subject Area	Health Education (HEA)
Course Prefix & Number	HEA 620
Course Title	Health Counseling
Description	<p><del>Health problems of the school child, remedial procedures, and health-counseling techniques.</del></p> <p>Notes</p> <p><del>NOTE: Students (in consultation with the instructor) will be expected to enter into a specific health-counseling situation in depth and follow it to fruition at the end of the semester.</del></p>
Pre/ Co Requisites	<del>Either a personal health, public health, or physical inspection course (or equivalents), or Departmental permission.</del>
Credits	3
Hours	3
Liberal Arts	<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No
Course Attribute (e.g. Writing Intensive, WAC, etc)	
General Education Component	<p><input checked="" type="checkbox"/> Not Applicable</p> <p><input type="checkbox"/> Required</p> <p><input type="checkbox"/> English Composition</p> <p><input type="checkbox"/> Mathematics</p> <p><input type="checkbox"/> Science</p>

	<input type="checkbox"/> Flexible <input type="checkbox"/> World Cultures <input type="checkbox"/> US Experience in its Diversity <input type="checkbox"/> Creative Expression <input type="checkbox"/> Individual and Society <input type="checkbox"/> Scientific World
--	---

**3. To:**

Department(s)	Health Sciences
Career	<input type="checkbox"/> Undergraduate <input checked="" type="checkbox"/> Graduate
Academic Level	<input checked="" type="checkbox"/> Regular <input type="checkbox"/> Compensatory <input type="checkbox"/> Developmental <input type="checkbox"/> Remedial
Subject Area	Health Education (HEA)
Course Prefix & Number	HEA 620
Course Title	Health Counseling
Description	<u>Principles of behavior change and overview of basic counseling skills. Emphasis on helping people with behavior change within school and health settings to promote optimal health.</u>
Pre/ Co Requisites	<u>9 graduate credits in health education or 9 undergraduate and/or graduate credits in nutrition</u>
Credits	3
Hours	3
Liberal Arts	<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No
Course Attribute (e.g. Writing Intensive, WAC, etc)	
General Education Component	<input checked="" type="checkbox"/> Not Applicable <input type="checkbox"/> Required <input type="checkbox"/> English Composition <input type="checkbox"/> Mathematics <input type="checkbox"/> Science  <input type="checkbox"/> Flexible <input type="checkbox"/> World Cultures <input type="checkbox"/> US Experience in its Diversity <input type="checkbox"/> Creative Expression <input type="checkbox"/> Individual and Society <input type="checkbox"/> Scientific World

4. **Rationale:**

This course is required of both HEA and DFN graduate students. A prerequisite has been added whereby students need 9 graduate credits in health education or 9 undergraduate and/or graduate credits in nutrition before they can take HEA 620. HEA 620 is an advanced level course and is best taken after students have already completed several graduate courses. Students need to have some mastery of health or nutrition content before they learn how to counsel people on behavior change.

Course description has been updated to more accurately reflect the content of the course.

The note has been removed as it is no longer relevant.

5. **Date of departmental approval:** 09/28/2016

**LEHMAN COLLEGE  
OF THE  
CITY UNIVERSITY OF NEW YORK**

**DEPARTMENT OF HEALTH SCIENCES**

**CURRICULUM CHANGE**

1. **Type of Change:** Course description

2. **From:**

Department(s)	Health Sciences
Career	<input type="checkbox"/> Undergraduate <input checked="" type="checkbox"/> Graduate
Academic Level	<input checked="" type="checkbox"/> Regular <input type="checkbox"/> Compensatory <input type="checkbox"/> Developmental <input type="checkbox"/> Remedial
Subject Area	Health Education (HEA)
Course Prefix & Number	HEA 636
Course Title	Perspectives on Death and Dying
Description	Study of death, dying, and bereavement from psychological, social, and cultural perspectives. Topics including end of life care, the effects of different types of death on the grief process, children and bereavement, and grief counseling. Implications for health services delivery.
Pre/ Co Requisites	
Credits	3
Hours	3
Liberal Arts	<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No
Course Attribute (e.g. Writing Intensive, WAC, etc)	
General Education Component	<input checked="" type="checkbox"/> Not Applicable <input type="checkbox"/> Required <input type="checkbox"/> English Composition <input type="checkbox"/> Mathematics <input type="checkbox"/> Science  <input type="checkbox"/> Flexible <input type="checkbox"/> World Cultures <input type="checkbox"/> US Experience in its Diversity <input type="checkbox"/> Creative Expression

	<input type="checkbox"/> Individual and Society <input type="checkbox"/> Scientific World
--	--

**3. To:**

Department(s)	Health Sciences
Career	<input type="checkbox"/> Undergraduate <input checked="" type="checkbox"/> Graduate
Academic Level	<input checked="" type="checkbox"/> Regular <input type="checkbox"/> Compensatory <input type="checkbox"/> Developmental <input type="checkbox"/> Remedial
Subject Area	Health Education (HEA)
Course Prefix & Number	HEA 636
Course Title	Perspectives on Death and Dying
Description	Study of death, dying, and bereavement from psychological, social, and cultural perspectives. Topics including end of life care, the effects of different types of death on the grief process, children and bereavement, and grief counseling. Implications for health services delivery. <u>(Closed to students who have taken an undergraduate course in death and dying or equivalent.)</u>
Pre/ Co Requisites	
Credits	3
Hours	3
Liberal Arts	<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No
Course Attribute (e.g. Writing Intensive, WAC, etc)	
General Education Component	<input checked="" type="checkbox"/> Not Applicable <input type="checkbox"/> Required <input type="checkbox"/> English Composition <input type="checkbox"/> Mathematics <input type="checkbox"/> Science  <input type="checkbox"/> Flexible <input type="checkbox"/> World Cultures <input type="checkbox"/> US Experience in its Diversity <input type="checkbox"/> Creative Expression <input type="checkbox"/> Individual and Society <input type="checkbox"/> Scientific World

4. **Rationale:**

Since HEA 636 is an introductory course in death and dying, it is closed to students who have already completed a course in this subject such as HEA 360 Special Topics (Death & Dying) or equivalent.

5. **Date of departmental approval:** 09/28/2016

**LEHMAN COLLEGE  
OF THE  
CITY UNIVERSITY OF NEW YORK**

**DEPARTMENT OF HEALTH SCIENCES**

**CURRICULUM CHANGE**

1. **Type of Change:** Course description and prerequisite

2. **From:**

Department(s)	Health Sciences
Career	<input type="checkbox"/> Undergraduate <input checked="" type="checkbox"/> Graduate
Academic Level	<input checked="" type="checkbox"/> Regular <input type="checkbox"/> Compensatory <input type="checkbox"/> Developmental <input type="checkbox"/> Remedial
Subject Area	Health Education (HEA)
Course Prefix & Number	HEA 640
Course Title	Nutrition and Chronic Diseases
Description	The relationship of diet to health promotion and disease prevention and management. Emphasis on current dietary patterns in the United States and other industrialized nations and the high incidence of degenerative diseases, such as arteriosclerosis, diabetes mellitus, diverticulosis, and cancer.
Pre/ Co Requisites	<del>BIO 181 and BIO 182 or equivalents and permission of the Department.</del>
Credits	3
Hours	3
Liberal Arts	<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No
Course Attribute (e.g. Writing Intensive, WAC, etc)	
General	<u>  X  </u> Not Applicable

Education Component	<input type="checkbox"/> Required <input type="checkbox"/> English Composition <input type="checkbox"/> Mathematics <input type="checkbox"/> Science <input type="checkbox"/> Flexible <input type="checkbox"/> World Cultures <input type="checkbox"/> US Experience in its Diversity <input type="checkbox"/> Creative Expression <input type="checkbox"/> Individual and Society <input type="checkbox"/> Scientific World
---------------------	--

**3. To:**

Department(s)	Health Sciences
Career	<input type="checkbox"/> Undergraduate <input checked="" type="checkbox"/> Graduate
Academic Level	<input checked="" type="checkbox"/> Regular <input type="checkbox"/> Compensatory <input type="checkbox"/> Developmental <input type="checkbox"/> Remedial
Subject Area	Health Education (HEA)
Course Prefix & Number	HEA 640
Course Title	Nutrition and Chronic Diseases
Description	The relationship of diet to health promotion and disease prevention and management. Emphasis on current dietary patterns in the United States and other industrialized nations and the high incidence of degenerative diseases, such as arteriosclerosis, diabetes mellitus, diverticulosis, and cancer. <u>(Closed to students who have taken HSD 240 or equivalent.)</u>
Pre/ Co Requisites	
Credits	3



Hours	3
Liberal Arts	[ ] Yes [X] No
Course Attribute (e.g. Writing Intensive, WAC, etc)	
General Education Component	<input checked="" type="checkbox"/> Not Applicable <input type="checkbox"/> Required <input type="checkbox"/> English Composition <input type="checkbox"/> Mathematics <input type="checkbox"/> Science <input type="checkbox"/> Flexible <input type="checkbox"/> World Cultures <input type="checkbox"/> US Experience in its Diversity <input type="checkbox"/> Creative Expression <input type="checkbox"/> Individual and Society <input type="checkbox"/> Scientific World

4. **Rationale:**

Since HEA 640 is an introductory course in nutrition it is closed to students who have already completed an introductory course in nutrition such as HSD 240 or equivalent.

We have removed the BIO prerequisites as it is not necessary for this type of course.

5. **Date of departmental approval:** 09/28/2016

**LEHMAN COLLEGE  
OF THE  
CITY UNIVERSITY OF NEW YORK**

**DEPARTMENT OF HEALTH SCIENCES**

**CURRICULUM CHANGE**

1. **Type of Change:** Course description and prerequisite

2. **From:**

Department(s)	Health Sciences
Career	<input type="checkbox"/> Undergraduate <input checked="" type="checkbox"/> Graduate
Academic Level	<input checked="" type="checkbox"/> Regular <input type="checkbox"/> Compensatory <input type="checkbox"/> Developmental <input type="checkbox"/> Remedial
Subject Area	Health Education (HEA)
Course Prefix & Number	HEA 672
Course Title	Teaching Strategies for Health: Health Promotion Behaviors
Description	Study of health behaviors and the promotion of healthy lifestyles. Emphasis will be on using educational strategies to promote health among students from pre K-12.  Credits: 3  Offered Fall-Spring
Pre/ Co Requisites	
Credits	3
Hours	3
Liberal Arts	<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No
Course Attribute (e.g. Writing Intensive, WAC, etc)	
General Education Component	<input checked="" type="checkbox"/> Not Applicable <input type="checkbox"/> Required <input type="checkbox"/> English Composition <input type="checkbox"/> Mathematics <input type="checkbox"/> Science  <input type="checkbox"/> Flexible

	<input type="checkbox"/> World Cultures <input type="checkbox"/> US Experience in its Diversity <input type="checkbox"/> Creative Expression <input type="checkbox"/> Individual and Society <input type="checkbox"/> Scientific World
--	--

**3. To:**

Department(s)	Health Sciences
Career	<input type="checkbox"/> Undergraduate <input checked="" type="checkbox"/> Graduate
Academic Level	<input checked="" type="checkbox"/> Regular <input type="checkbox"/> Compensatory <input type="checkbox"/> Developmental <input type="checkbox"/> Remedial
Subject Area	Health Education (HEA)
Course Prefix & Number	HEA 672
Course Title	Teaching Strategies for Health: Health Promotion Behaviors
Description	Study of health behaviors and the promotion of healthy lifestyles. Emphasis will be on using educational strategies to promote health among students from pre K-12.
Pre/ Co Requisites	<u>Open only to MS Ed Health Teacher students or department permission.</u>
Credits	3
Hours	3
Liberal Arts	<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No
Course Attribute (e.g. Writing Intensive, WAC, etc)	
General Education Component	<input checked="" type="checkbox"/> Not Applicable <input type="checkbox"/> Required <input type="checkbox"/> English Composition <input type="checkbox"/> Mathematics <input type="checkbox"/> Science  <input type="checkbox"/> Flexible <input type="checkbox"/> World Cultures <input type="checkbox"/> US Experience in its Diversity <input type="checkbox"/> Creative Expression <input type="checkbox"/> Individual and Society <input type="checkbox"/> Scientific World

**4. Rationale:**

HEA 672 is geared toward students who are in the MS Ed Health Teacher program and emphasis is on teaching strategies about health in the school setting. Students in the MA in Health Education and Promotion who are preparing for careers in community health are better suited taking HEA 671 where assignments are tailored for teaching health in other settings besides schools, such as clinics, hospitals and community based organizations.

The semester when the course is offered is being removed from the description, since this information is not necessary.

5. **Date of departmental approval:** 09/28/2016

**LEHMAN COLLEGE  
OF THE  
CITY UNIVERSITY OF NEW YORK**

**DEPARTMENT OF HEALTH SCIENCES**

**CURRICULUM CHANGE**

1. **Type of Change:** Course description and prerequisite

2. **From:**

Department(s)	Health Sciences
Career	<input type="checkbox"/> Undergraduate <input checked="" type="checkbox"/> Graduate
Academic Level	<input checked="" type="checkbox"/> Regular <input type="checkbox"/> Compensatory <input type="checkbox"/> Developmental <input type="checkbox"/> Remedial
Subject Area	Health Education (HEA)
Course Prefix & Number	HEA 673
Course Title	Teaching: Strategies for Health: Disease and Disability
Description	Examines the etiology of health problems and risk factors for diseases and disabilities. Emphasis will be on using educational strategies to identify and reduce risks for various health problems among students from pre K-12.  Credits: 3  Offered Fall-Spring
Pre/ Co Requisites	
Credits	3
Hours	3
Liberal Arts	<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No
Course Attribute (e.g. Writing Intensive, WAC, etc)	
General Education Component	<input checked="" type="checkbox"/> Not Applicable <input type="checkbox"/> Required <input type="checkbox"/> English Composition <input type="checkbox"/> Mathematics <input type="checkbox"/> Science

	<input type="checkbox"/> Flexible <input type="checkbox"/> World Cultures <input type="checkbox"/> US Experience in its Diversity <input type="checkbox"/> Creative Expression <input type="checkbox"/> Individual and Society <input type="checkbox"/> Scientific World
--	---

**3. To:**

Department(s)	Health Sciences
Career	<input type="checkbox"/> Undergraduate <input checked="" type="checkbox"/> Graduate
Academic Level	<input checked="" type="checkbox"/> Regular <input type="checkbox"/> Compensatory <input type="checkbox"/> Developmental <input type="checkbox"/> Remedial
Subject Area	Health Education (HEA)
Course Prefix & Number	HEA 673
Course Title	Teaching: Strategies for Health: Disease and Disability
Description	Examines the etiology of health problems and risk factors for diseases and disabilities. Emphasis will be on using educational strategies to identify and reduce risks for various health problems among students from pre K-12.
Pre/ Co Requisites	<u>Open only to MS Ed Health Teacher students or department permission.</u>
Credits	3
Hours	3
Liberal Arts	<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No
Course Attribute (e.g. Writing Intensive, WAC, etc)	
General Education Component	<input checked="" type="checkbox"/> Not Applicable <input type="checkbox"/> Required <input type="checkbox"/> English Composition <input type="checkbox"/> Mathematics <input type="checkbox"/> Science  <input type="checkbox"/> Flexible <input type="checkbox"/> World Cultures <input type="checkbox"/> US Experience in its Diversity <input type="checkbox"/> Creative Expression <input type="checkbox"/> Individual and Society <input type="checkbox"/> Scientific World

4. **Rationale:**

HEA 673 is geared toward students who are in the MS Ed Health Teacher program and emphasis is on teaching strategies about health in the school setting. Students in the MA in Health Education and Promotion who are preparing for careers in community health are better suited taking HEA 671 where assignments are tailored for teaching health in other settings besides schools, such as clinics, hospitals and community based organizations.

The semester when the course is offered is being removed from the description, since this information is not necessary.

5. **Date of departmental approval:** 09/28/2016