

CAREER GUIDE

Health-Related Majors



Lehman College



Contact us:

lehman.edu/career-services

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LEHMAN
COLLEGE



TABLE OF CONTENTS

Introduction	3
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MAJORS

Dietetics, Foods, and Nutrition.....	4
Exercise Science	5
Health Education and Promotion	6
Health N-12 Teacher	7
Health Services Administration.....	8
Nursing	9
Recreation Education.....	11
Speech Pathology and Audiology.....	12
Therapeutic Recreation.....	14

PRE-PROFESSIONAL PROGRAMS

Physician Assistant	15
Pre-Dentistry	16
Pre-Medicine	17
Pre-Optometry.....	18
Pre-Pharmacy	19
Pre-Physical Therapy	20
Pre-Veterinary	21
Additional Minors	22
Student Clubs.....	23
Hospital Listings for Volunteer Opportunities.....	24-25



INTRODUCTION

This guide was designed to provide undergraduate students with information and insight into the many health-related programs offered at Lehman College. It is intended for individuals who may be interested in pursuing careers in healthcare and should serve as a tool to assist you in making decisions when selecting a major.

For each program you will find:

- A brief description of each major
- Examples of occupations in that field and possible work environments
- Possibilities for internship and volunteer opportunities
- Online resources for additional information

Please note that this guide does not replace the advisement expertise provided through Lehman's Career Services Center or your major academic department. Rather, it is intended to serve as an added resource as you begin to plan and prepare for your future career.

As you work toward your career goals, Lehman College will assist you every step of the way. To learn more about the majors listed in this guide, please contact the respective academic department.

The Career Services Center, located in Shuster Hall, Room 254, can provide assistance as you explore your options, select a major, identify experiential learning opportunities, and take advantage of a variety of available career developmental activities.

DIETETICS, FOODS, AND NUTRITION MAJOR

MINOR ALSO AVAILABLE

OPTION 1: DIETETICS, FOODS, AND NUTRITION OPTION 2: FOOD SERVICE AND NUTRITION

BRIEF DESCRIPTION: This program prepares students for entry-level positions as Dietitians or Nutritionists in hospitals, nursing homes, clinics, restaurants, catering services, community food service, and corporate food service organizations. It also prepares students for graduate study in dietetics and nutrition.

OCCUPATIONS	SALARY RANGE	LEVEL OF EDUCATION
Dietitian/Nutritionist	\$40,000 to \$60,500 per year	Graduate Degree
Dietetic Technician	\$28,500 to \$40,500 per year	Undergraduate Degree
Food Service Manager	\$38,500 to \$67,500 per year	Undergraduate Degree
Food Scientist/Technologist	\$43,000 to \$84,500 per year	Graduate Degree

WORK ENVIRONMENTS: Clinics, Cafeterias, Day Care Centers, Health Clubs, Home Health Agencies, Hospitals, Nursing Facilities, Physician Offices, Private Practice, Public Health/Government Agencies, Research Agencies and Schools

CAREER OUTLOOK/PROJECTION

Employment of dietitians and nutritionists is expected to increase 20 percent from 2010 to 2020, faster than the average for all occupations.

EXAMPLES OF INTERNSHIPS AND VOLUNTEER OPPORTUNITIES

Bronx Westchester Area Health Education Center: www.bwahec.org/

Food Bank for New York City: <http://volunteer.foodbanknyc.org/>

New York Presbyterian Hospital: nyp.org/

Peer Health Exchange: www.peerhealthexchange.org/

School Food: www.opt-osfns.org/schoolfood/public/default.aspx

For more information, contact the Career Services Center and the major advisor in Health Sciences.

PROFESSIONAL ORGANIZATIONS

Academy of Nutrition and Dietetics: www.eatright.org/foundation/

American Society for Nutrition: www.nutrition.org/

WEBSITE RESOURCES

New York State Education Department: www.op.nysed.gov/prof/diet/

Explore Health Careers: www.explorehealthcareers.org/en/index.aspx

Lehman College: www.lehman.edu/academics/health-sciences/dietetics-foods-nutrition.php

LICENSURE

New York State Education Department, Office of the Professions
Division of Professional Licensing Services, Dietetics-Nutrition Unit

89 Washington Avenue

Albany, New York 12234-1000

Phone: (518) 474-3817, extension 270

Fax: (518) 402-5354

E-mail: opunit3@mail.nysed.gov

Sources: ama-assn.org, bls.gov/ooh, <http://www.lehman.edu/undergraduate-bulletin/dieteticsfoodsandnutritionbs54615creditmajor.htm>

EXERCISE SCIENCE MAJOR

MINOR ALSO AVAILABLE

BRIEF DESCRIPTION: This program prepares students for careers in exercise science, physical fitness, and wellness in a corporate environment, community settings, and the fitness industry.

OCCUPATIONS	SALARY RANGE	LEVEL OF EDUCATION
Athletic Coach	\$37,000 to \$53,500 per year	Graduate Degree
Athletic Trainer	\$37,000 to \$53,500 per year	Graduate Degree
Fitness Trainer	\$37,000 to \$78,500 per year	Undergraduate Degree
Health Educator	\$50,500 to \$71,000 per year	Graduate Degree
Physiologist	\$40,500 to \$69,500 per year	Graduate Degree
Sports/Athletics Manager	\$36,500 to \$75,500 per year	Graduate Degree

WORK ENVIRONMENTS: Health Clinics, Fitness Centers, Retirement Centers, Nursing Homes, Daycare Centers, Resorts, Camps and Park Districts, Cruise Lines, Community Centers, Rehabilitation Centers, Sports Facilities, Individual Athletes and Health Care Programs (Clinical, Industrial, Corporate)

CAREER OUTLOOK/PROJECTION

Employment through these fields is expected to increase between 24 to 29 percent from 2010 to 2020, faster than the average for all occupations.

EXAMPLES OF INTERNSHIPS AND VOLUNTEER OPPORTUNITIES

New York Presbyterian Hospital: www.nyp.org/

Westchester Square Physical Therapy: www.wspt.org/

For more information, contact the Career Services Center and the major advisor in the Health Sciences Department.

PROFESSIONAL ORGANIZATIONS

National Health & Exercise Science Association: www.nhesa.org/

American Society of Exercise Physiologists: www.asep.org/

National Academy of Kinesiology: www.nationalacademyofkinesiology.org/

National Athletic Trainers' Association: www.nata.org/

American Kinesiotherapy Association (AKTA): www.akta.org

American College of Sports Medicine (ACSM): www.acsm.org

WEBSITE RESOURCES

Lehman College: www.lehman.edu/vpstud/careerservices/majors/html/exercisescience.html

Explore Health Careers: http://explorehealthcareers.org/en/Career/57/Athletic_Trainer

Sources: bls.gov/ooh, www.lehman.edu/academics/health-sciences/

HEALTH EDUCATION AND PROMOTION MAJOR

MINOR ALSO AVAILABLE

OPTION 1: COMMUNITY HEALTH OPTION 2: COMMUNITY HEALTH AND NUTRITION

BRIEF DESCRIPTION: The primary aim of health education is to motivate individuals and groups in various settings to assume greater responsibility for their health by learning and adopting behaviors that promote wellness and prevent disease. This rapidly expanding field has received added impetus from recent Federal legislation emphasizing disease prevention and health promotion as major priorities of national social policy. The program is designed to prepare students for careers in community health education. Students are able to develop, manage, and evaluate health education and promotion programs in a variety of settings including public and community agencies, business and industry, hospitals, and other clinical facilities.

OCCUPATIONS	SALARY RANGE	LEVEL OF EDUCATION
Health Educator	\$50,500 to \$71,000 per year	Graduate Degree Recommended
Recreation Leader	\$32,500 to \$48,000 per year	Undergraduate Degree
Volunteer Coordinator	\$54,500 to \$81,000 per year	Undergraduate Degree
Fitness Trainer	\$37,000 to \$78,500 per year	Undergraduate Degree
Human Services Assistant	\$27,000 to \$38,000 per year	Undergraduate Degree

WORK ENVIRONMENTS: Colleges/ Universities, Corporations, Correctional Facilities, Hospitals, Non-profit Organizations, Physician Offices, Rehabilitation Clinics, Public Health Agencies and Schools

CAREER OUTLOOK/PROJECTION

Employment of health educators is expected to grow by 37 percent from 2010 to 2020, much faster than the average for all occupations. Growth will be driven by efforts to reduce healthcare costs by teaching people about healthy habits and behaviors.

EXAMPLES OF INTERNSHIPS/VOLUNTEER OPPORTUNITIES

Bronx Health Link: www.bronxhealthlink.org/

Northern Manhattan Perinatal Partnership: www.sisterlink.com/

Peer Health Exchange: www.peerhealthexchange.org/

Public Health Solutions: <http://www.healthsolutions.org/>

For more information, contact the Career Services Center and the major advisor in the Health Sciences Department.

PROFESSIONAL ORGANIZATIONS

American Association for Health Education: <http://www.aahperd.org/aahe/>

Society for Public Health Education: <http://www.sophe.org/>

American Public Health Association: <http://www.apha.org/>

Coalition of National Health Education Organizations: <http://www.cnheo.org/>

WEBSITE RESOURCES

What is Public Health? www.whatispublichealth.org/

National Commission for Health Education Credentialing, Inc.: www.nchec.org/

National Education Association: www.nea.org/

Lehman College: www.lehman.edu/academics/health-sciences/health-education-promotion.php

Sources: bls.gov/ooh/, <http://www.lehman.edu/undergraduate-bulletin/healtheducationandpromotionbs52575creditmajor.htm>

HEALTH N-12 TEACHER MAJOR

BRIEF DESCRIPTION: This program prepares students to be health teachers in public and private elementary, middle and secondary schools. Students who complete the Health N-12 Teacher Degree Program and who pass the New York State Teacher Certification Examination will be provisionally certified as licensed teachers by the State Education Department.

OCCUPATIONS	SALARY RANGE	LEVEL OF EDUCATION
Elementary Teacher	\$40,000 to \$65,000 per year	Graduate Degree
Secondary Teacher	\$40,500 to \$64,000 per year	Graduate Degree

WORK ENVIRONMENTS: Elementary and Middle School

CAREER OUTLOOK/PROJECTION

Employment as health educators is expected to grow by 37 percent from 2010 to 2020, much faster than the average for all occupations. Growth will be driven by efforts to reduce healthcare costs by teaching people about healthy habits and behaviors.

EXAMPLES OF INTERNSHIPS AND VOLUNTEER OPPORTUNITIES

Bronx Health Link: www.bronxhealthlink.org/

Northern Manhattan Perinatal Partnership: www.sisterlink.com/

Peer Health Exchange: www.peerhealthexchange.org/

For more information, contact the Career Services Center and the major advisor in the Health Sciences Department.

PROFESSIONAL ORGANIZATIONS

American Association for Health Education: www.aahperd.org/aahe

American Public Health Association: www.apha.org/

Society for Public Health Education: www.sophe.org

WEBSITE RESOURCES

Lehman College: www.lehman.edu/academics/health-sciences/

On-line Application System for Educators: www.olasjobs.org/

New York City Department of Education: <http://schools.nyc.gov/default.htm>

The Coalition of National Health Education Organizations: www.cnheo.org/

CERTIFICATIONS

You must meet the requirements and pass the New York State Teacher Certification Examination to be provisionally certified as a licensed teacher by the State Education Department.

HEALTH SERVICES ADMINISTRATION MAJOR

MINOR ALSO AVAILABLE

BRIEF DESCRIPTION: The program in Health Services Administration provides individuals with the knowledge and skills needed by administrators in hospitals, community health facilities, nursing homes, extended care facilities, financing and insurance agencies, health maintenance organizations, managed care organizations, and other health services programs. Career opportunities involving hospital administration, the management of long-term care, managed care, and ambulatory care facilities, and the planning and implementing of many different kinds of health services were all considered in designing this program. The curriculum also prepares students for graduate study in Health Services Administration.

OCCUPATIONS	SALARY RANGE	LEVEL OF EDUCATION
Health Services Administrator	\$ 69,500 to \$109,000 per year	Graduate Degree
Environmental Health Inspector	\$ 51,000 to \$ 71,500 per year	Undergraduate Degree
Medical Records Technician	\$ 33,000 to \$ 47,500 per year	Undergraduate Degree
Food and Drug Inspector	\$ 42,500 to \$ 61,000 per year	Undergraduate Degree
Insurance Claim Representative	\$ 40,500 to \$ 63,000 per year	Undergraduate Degree

WORK ENVIRONMENTS: Insurance Companies, Long-term Care Facilities, Pharmaceutical Companies, Research Facilities, Information Systems Vendors, Corporations, Hospitals, Non-profit Organizations, Physician Offices, Rehabilitation Clinics and Public Health Agencies

CAREER OUTLOOK/PROJECTION

Employment of medical and health services managers is expected to grow by 22 percent from 2010 to 2020, faster than the average for all occupations. As the large baby-boom population ages and people remain active later in life, the healthcare industry as a whole will see an increase in the demand for medical services.

EXAMPLES OF INTERNSHIPS AND VOLUNTEER OPPORTUNITIES

SUNY Downstate Medical Center: http://sls.downstate.edu/minority_affairs/prospective_students/programs.html

Cobble Hill Health Center: <http://www.cobblehilllifecare.org/cobblehill/>

Jewish Home Life Care: www.jewishhome.org/

NYU Hospital for Joint Diseases: hjd.med.nyu.edu/

Metropolitan Hospital: www.nyc.gov/html/hhc/mhc/html/home/home.shtml

Doctors Without Borders: <http://www.doctorswithoutborders.org/>

NYC Department of Health and Mental Hygiene: <http://www.nyc.gov/html/doh/html/career/hrtp.shtml>

For more information, contact the Career Services Center and the major advisor in Health Sciences.

PROFESSIONAL ORGANIZATIONS

Professional Association of Health Care Office Management: www.pahcom.com/

American Health Information Management Association: www.ahima.org/

American College of Healthcare Administrators: www.achca.org/

WEBSITE RESOURCES

Commission on Accreditation of Healthcare Management Education: www.cahme.org/

American College of Healthcare Executives: www.healthmanagementcareers.org/

Lehman College: <http://lehman.edu/undergraduate-bulletin/healthservicesadministrationbs55creditmajor.htm>

Medical Group Management Association: www.mgma.com/

Sources: bls.gov/ooh, <http://www.lehman.edu/undergraduate-bulletin/healthservicesadministrationbs55creditmajor.htm>



NURSING MAJOR

BRIEF DESCRIPTION: The B.S. in Nursing is intended for non-nurses and for Registered Nurses licensed in New York State. The upper-division Nursing program leads to the B.S. degree and prepares students for a nursing career and for graduate studies in professional nursing. It fulfills the requirements of the NY State Education Department, is accredited by the Commission on Collegiate Nursing Education, and entitles graduates to take the National Council Licensing Examination (NCLEX) for licensure as a Registered Nurse. Graduates may work in general medical and surgical hospitals, physicians' offices, home health care agencies and nursing facilities.

OCCUPATIONS	MEDIAN SALARY	LEVEL OF EDUCATION
Licensed Practical Nurse	\$ 35,000 to \$ 48,000 per year	Associate's Degree
Registered Nurse	\$ 51,500 to \$ 78,000 per year	Associate's/Bachelor's Degree
Nurse Practitioner	\$ 70,500 to \$101,000 per year	Graduate Degree
Nurse - Midwife	\$ 73,000 to \$108,500 per year	Graduate Degree

WORK ENVIRONMENTS: Government Agencies, Non-profit Organizations, Community Health Centers and Schools

CAREER OUTLOOK/PROJECTION

Employment of registered nurses is expected to grow 26 percent from 2010 to 2020, faster than the average for all occupations. Growth projections are based primarily on technological advancements, an increased emphasis on preventative care, and the large aging population of baby boomers who will require more healthcare services as they live longer more active lives.

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EXAMPLES OF INTERNSHIPS AND VOLUNTEER OPPORTUNITIES

American Diabetes Association: <http://www.diabetes.org/about-us/careers/internship-opportunities.html>

Compassionate Care Hospice: www.cchnet.net/

Montefiore Medical Center: www.montefiore.org/

Visiting Nurse Services of New York: www.vnsny.org/

For more information, contact the Career Services Center and the major advisor in the Nursing Department.

PROFESSIONAL ORGANIZATIONS

Sigma Theta Tau International Honor Society of Nursing: www.nursingsociety.org

American Nurses Association: nursingworld.org/default.aspx

American Association of Colleges of Nursing: www.aacn.nche.edu

WEBSITE RESOURCES

Johnson & Johnson: www.discovernursing.com/

Nurse.com: www.nurse.com/students/careersinnursing.html

Lehman College: www.lehman.edu/academics/nursing/

Nursing Students Association: <http://lehman.edu/academics/health-human-services-nursing/nursing/>

National League of Nursing: www.nln.org

NYC Health and Hospitals Corporation: <http://www.nyc.gov/html/hhc/html/professionals/ForHCPros-Nursing.shtml>

LICENSURE

Registered Nurses & Licensed Practical Nurses:

New York State Education Department, Office of the Professions

Division of Professional Licensing Services, Nurse Unit

89 Washington Avenue

Albany, New York 12234-1000

Phone: (518) 474-3817, extension 280

Fax: (518) 474-3398

E-mail: opunit4@nysed.gov

NURSE PRACTITIONERS

New York State Education Department, Office of the Professions

Division of Professional Licensing Services, Nurse Practitioner Unit

89 Washington Avenue

Albany, New York 12234-1000

Phone: (518) 474-3817, extension 300

Fax: (518) 486-2966

E-mail: comped@nysed.gov

Sources: ama-assn.org, bls.gov/ooh, <http://www.lehman.edu/academics/health-human-services-nursing/nursing/>

RECREATION EDUCATION MAJOR

MINOR ALSO AVAILABLE

BRIEF DESCRIPTION: The B.S. degree program prepares students for entry into the recreation and leisure services profession. Graduates work with people of all ages in carefully planned and organized recreation settings. They may specialize in therapeutic recreation, administration, or exercise and sport. Students in the administration option work in public park and recreation agencies, not-for-profit organizations such as PAL and the YMCA, health and fitness centers, camps, and sports associations. Upon graduation, these students have met the requirements to sit for the Certified Park and Recreation Professional (CPRP) examination administered by the National Recreation and Park Association. Students in the Exercise and Sport option can work as programmers, fitness trainers, group exercise leaders or coaches, and in sports and fitness programs in a variety of settings. Students are prepared to obtain various fitness certifications from several national organizations. Fieldwork and internship experiences, important components of the major, give students the opportunity to apply theory to practice in an actual work setting under the supervision of a qualified professional.

OCCUPATIONS	SALARY RANGE	LEVEL OF EDUCATION
Recreational Therapist	\$ 35,500 to \$ 50,500 per year	Graduate Degree
Recreation Leader	\$ 32,500 to \$ 48,000 per year	Bachelor's Degree
Athletic Trainer	\$ 37,000 to \$ 53,500 per year	Graduate Degree
Athletic Coach	\$ 37,000 to \$ 53,500 per year	Graduate Degree

WORK ENVIRONMENTS: Convention Services, Event Planning Companies, Corporate Employee Services, Hotels, Resorts, Theme/Amusements Parks, Country Club, Non-profit Organizations, Nursing Homes, and Schools

CAREER OUTLOOK/PROJECTION

Employment for recreational therapists is expected to grow 17 percent, about as fast as the average for all occupations. With the aging of the baby boomer generation, recreational therapists will be needed to help treat age-related injuries and illnesses, such as strokes.

EXAMPLES OF INTERNSHIPS AND VOLUNTEER OPPORTUNITIES

Kingsbridge Heights Community Center: www.khcc-nyc.org/

Mosholu Montefiore Community Center: www.mmcc.org/

For more information, contact the Career Services Center and the major advisor in the Health Sciences Department.

PROFESSIONAL ORGANIZATIONS

National Recreation and Park Association: www.nrpa.org/

Wilderness Education Association: www.weainfo.org/

The Association of Church Sports and Recreation Ministries: www.csrnm.org/

WEBSITE RESOURCES

Lehman College: <http://www.lehman.edu/undergraduate-bulletin/recreationeducationbs40creditmajor.htm>

Sources: bls.gov/ooh, <http://www.lehman.edu/undergraduate-bulletin/recreationeducationbs40creditmajor.htm>

SPEECH PATHOLOGY AND AUDIOLOGY MAJOR

MINOR ALSO AVAILABLE

BRIEF DESCRIPTION: The B.A. degree program provides students with fundamental knowledge related to normal and abnormal speech and language and basic communication processes in the context of a liberal arts and sciences education. The Department of Speech-Language-Hearing Sciences offers pre-professional coursework in typical and atypical communication processes, also in the context of a liberal arts education. The B.A. program prepares students for graduate study in Speech-Language Pathology or Audiology.

OCCUPATIONS	SALARY RANGE	LEVEL OF EDUCATION
Speech Language Pathologist	\$52,500 to \$79,000	Graduate Degree
Audiologist	\$49,500 to \$79,000	Graduate Degree

WORK ENVIRONMENTS: Colleges/ Universities, Hospitals, Private Practice, Speech and Hearing Clinics, Physician Offices, Rehabilitation Clinics, Home Health Agencies and Schools

CAREER OUTLOOK/PROJECTION

Employment of speech pathologists is expected to increase 23 percent from 2010 to 2020, faster than average for all occupations. Employment of Audiologists is expected to increase 37 percent from 2010 to 2020, much faster than average for all occupations.

EXAMPLES OF INTERNSHIPS/VOLUNTEER OPPORTUNITIES

Bronx Westchester Area Health Education Center: www.bwahec.org/

Health Career Connection: www.healthcareers.org/

YAI: www.yai.org/

For more information, contact the Career Services Center and the major advisor in the Speech Pathology and Audiology Department.

PROFESSIONAL ORGANIZATIONS

American Academy of Audiology: www.audiology.org/Pages/default.aspx

American Auditory Society: www.amauditorysoc.org/

Audiological Resource Association: www.audresources.org/

American Speech Language Hearing Association: www.asha.org/default.htm

National Center for Voice and Speech: www.ncvs.org/

WEBSITE RESOURCES

Lehman College: www.lehman.edu/career-services/audiology-speech2.php

Explore Health Careers: explorehealthcareers.org/en/Career/25/Speech_Language_Pathologist

New York State Education Department: www.op.nysed.gov/prof/slpa/speechlic.htm

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LICENSURE

New York State Education Department
Office of the Professions
P.O. Box 22063
Albany, NY 12201

CERTIFICATION/REGISTRATION

American Speech-Language-Hearing Association (ASHA)
2200 Research Boulevard
Rockville, MD 20850
(800) 498-2071

Sources: ama-assn.org, bls.gov/ooh, <http://www.lehman.edu/academics/health-human-services-nursing/speech-language-hearing-sciences/>

THERAPEUTIC RECREATION MAJOR

MINOR ALSO AVAILABLE

BRIEF DESCRIPTION: Therapeutic recreation specialists are employed in health and human service settings such as hospitals, nursing homes, adult day care facilities, youth agencies, drug treatment centers, and homeless shelters. They work with people with a variety of disabilities and health conditions. Students are eligible to sit for the national examination for Certified Therapeutic Recreation Specialist (CTRS).

OCCUPATIONS	SALARY RANGE	LEVEL OF EDUCATION
Recreational Therapist	\$ 35,500 to \$ 50,500 per year	Graduate Degree
Fitness Trainer	\$ 37,000 to \$ 78,500 per year	Bachelor's Degree
Recreation Leader	\$ 32,500 to \$ 48,000 per year	Bachelor's Degree
Physiologist	\$ 40,500 to \$ 69,500 per year	Master's or Doctorate

WORK ENVIRONMENTS: Convention Services, Event Planning Companies, Corporate Employee Services, Hotels, Resorts, Theme/Amusements Parks, Country Club, Non-profit Organizations, Nursing Homes, and Schools

CAREER OUTLOOK/PROJECTION

Employment for recreational therapists is expected to grow 17 percent, about as fast as the average for all occupations. The large aging baby boom generation will need recreational therapists to help treat age-related injuries and illnesses, such as strokes.

EXAMPLES OF INTERNSHIPS AND VOLUNTEER OPPORTUNITIES

Hospital for Special Surgery, Sports Rehabilitation and Performance Center: www.hss.edu/sports-rehabilitation-and-performance-center.asp

Isabella Nursing Home: www.isabella.org/isabella/programs/nursinghome/

Kingsbridge Heights Rehabilitation and Care Center: www.khrcc.com/

Schervier Nursing Care Center: <http://www.scherviercares.org/about-us-volunteer.html>

For more information, contact the Career Services Center and the major advisor in the Health Sciences Department.

PROFESSIONAL ORGANIZATIONS

New York State Therapeutic Recreation Association: www.nystra.org/

American Therapeutic Recreation Association: www.atra-online.com

National Council for Therapeutic Recreation Certification: www.nctrc.org/

National Recreation and Park Association: www.nrpa.org/

WEBSITE RESOURCES

Therapeutic Recreation Directory: www.recreationtherapy.com/abouttr.htm

Lehman College: <http://www.lehman.edu/undergraduate-bulletin/therapeuticrecreationbs52creditmajor.htm>

CERTIFICATIONS

National Council for Therapeutic Recreation Certification

7 Elmwood Drive

New City, NY 10956

Phone: (845) 639-1439

E-mail: nctrc@nctrc.org

Sources: ama-assn.org, bls.gov/ooh, <http://www.lehman.edu/undergraduate-bulletin/therapeuticrecreationbs52creditmajor.htm>

PRE-PROFESSIONAL PROGRAMS

PHYSICIAN ASSISTANT

BRIEF DESCRIPTION: Physician Assistant is not a degree, nor is it a major or a minor. A physician assistant (PA) is a medical professional. Under a doctor's supervision, and within the scope of the regulations of each state where the PA is licensed, a licensed PA may perform physical exams, diagnose and treat illnesses, assist in surgery, order and interpret lab tests, provide patient education, and prescribe drugs. Most PAs are found in primary care settings, especially family medicine, internal medicine, Ob/Gyn, and surgery. There are also options to specialize in a variety of medical fields such as orthopedics, cardiology, dermatology, radiology, pediatrics, and emergency medicine.

OCCUPATIONS	SALARY RANGE	LEVEL OF EDUCATION
Physician Assistant	\$ 69,000 to \$ 95,000 per year	Master's Degree

WORK ENVIRONMENTS: Group Practices, Health Maintenance Organizations, Hospitals, Long-term Care Facilities, Outpatient Care Centers, Physician Offices, Public Health Departments, and Student Health Services

CAREER OUTLOOK/PROJECTIONS

Employment of physician assistants is expected to increase 30 percent from 2010 to 2020, much faster than the average for all occupations. As more physicians enter specialty areas of medicine, there will be a greater need for primary healthcare providers, such as physician assistants.

EXAMPLES OF INTERNSHIPS AND VOLUNTEER OPPORTUNITIES

Bronx Westchester Area Health Education Center: <http://www.bwahec.org/>

Health Career Connection: <http://www.healthcareers.org/>

Metropolitan Hospital: <http://www.nyc.gov/html/hhc/mhc/html/help/volunteer.shtml>

For more information, contact the Career Services Center and the advisor for the pre-professional programs.

PROFESSIONAL ASSOCIATIONS

American Academy of Physician Assistants: <http://www.aapa.org/>

Physician Assistant Education Association: <http://www.paeaonline.org/>

New York State Society of Physician Assistants: <http://www.nysspa.org/>

WEBSITE RESOURCES

Lehman College: <http://www.lehman.edu/academics/pre-health-advising/physician-assistant.php>

Occupational Outlook Handbook: <http://www.bls.gov/ooh/Healthcare/Physician-assistants.htm>

NYS Education Department Office of the Professions: <http://www.op.nysed.gov/prof/med/rpa.htm>

Explore Health Careers: http://explorehealthcareers.org/en/Career/19/Physician_Assistant

LICENSURE

New York State Education Department

Office of the Professions, Division of Professional Licensing Services, Medicine Unit

89 Washington Avenue, Albany, NY 12234-1000

Phone: (518) 474-3817, ext. 260

Fax: (518) 402-2323

Email: opunit2@mail.nysed.gov

Sources: ama-assn.org, bls.gov/ooh, <http://www.lehman.edu/academics/pre-health-advising/physician-assistant.php>

PRE-DENTISTRY

BRIEF DESCRIPTION: Pre-Dentistry is not a degree, nor is it a major or a minor. It is a plan of action to prepare you for admission into dental school, in addition to completing a four-year bachelor's degree. The pre-dental course requirements must be completed before you apply to dental school. When planning the program of study, it is important to complete the subject matter that will be on the Dental Admissions Test (DAT) before actually taking the test. This includes two semesters each of biology, general (inorganic) chemistry, organic chemistry, and college-level math. Students typically take the DAT in the spring or summer following the junior year. To meet this timeline, the student should finish these courses by the end of the junior year.

OCCUPATIONS	SALARY RANGE	LEVEL OF EDUCATION
Dentist	\$104,000 to \$204,500 per year	Medical Degree
Dental Hygienist	\$ 58,500 to \$ 76,000 per year	Bachelor's Degree

WORK ENVIRONMENTS: Private Dental Practices, Public Health, Clinics, Hospitals, Federal Government Facilities, Military, Teaching Institutions, Research Facilities and Dental Sales

CAREER OUTLOOK/PROJECTIONS

Employment of dentists is expected to grow by 21 percent from 2010 to 2020, faster than the average for all occupations. Dentists will see an increase in public demand for their services as studies continue to link oral health to overall health.

EXAMPLES OF INTERNSHIPS AND VOLUNTEER OPPORTUNITIES

Kingsbridge Heights Rehabilitation and Care Center: www.khrcc.com/

The Center for Special Dentistry: www.nycdentist.com/student

For more information, contact the Career Services Center and the advisor for pre-professional programs.

PROFESSIONAL ASSOCIATIONS

American Dental Association: www.ada.org/

American Dental Education Association: www.adea.org/

American Student Dental Association: www.asdanet.org/

Academy of General Dentistry: <http://www.agd.org/>

American Association of Oral & Maxillofacial Surgeons: www.aaoms.org/

American Academy of Pediatric Dentistry: www.aapd.org/

American Association of Orthodontists: www.aaomembers.org/

American Association of Women Dentists: www.aawd.org/

WEBSITE RESOURCES

Lehman College: www.lehman.edu/academics/pre-health-advising/pre-dental.php

New York State Department of Education Office of the Professions: www.op.nysed.gov/prof/dent/

Sources: ama-assn.org, bls.gov/ooh, <http://www.lehman.edu/academics/pre-health-advising/pre-dental.php>

PRE-MEDICINE

BRIEF DESCRIPTION: Pre-Medicine is not a degree, nor is it a major or a minor. It is a plan of action to prepare you to meet the requirements for admission into medical school, in addition to completing a four-year bachelor's degree. The pre-medical course requirements must be completed before entering medical school but not necessarily before applying to medical school.

OCCUPATIONS	SALARY RANGE	LEVEL OF EDUCATION
Chiropractor	\$ 66,000 to \$128,000 per year	Master's or Doctorate Degree
Dermatologist	\$167,500 to \$283,500 per year	Medical Degree
Internist	\$137,500 to \$232,500 per year	Medical Degree
Pediatrician	\$135,500 to \$231,500 per year	Medical Degree
Podiatrist	\$125,000 to \$216,000 per year	Medical Degree
Surgeon	\$175,000 to \$573,500 per year	Medical Degree

WORK ENVIRONMENTS: Clinics, Government Agencies, Health Maintenance Organizations, Hospitals, Long-term Care Facilities, Medical Schools, Military, Overseas, Peace Corps, Private Practice, Public Health Departments, Research Organizations and Health Centers

CAREER OUTLOOK/PROJECTIONS

Employment of physicians and surgeons is expected to grow by 24 percent from 2010 to 2020, faster than the average for all occupations. Job prospects should be very good for physicians willing to practice in rural and low-income areas because these areas typically have difficulty attracting doctors.

EXAMPLES OF INTERNSHIPS AND VOLUNTEER OPPORTUNITIES

Bronx Westchester Area Health Education Center: www.bwahec.org/

Health Career Connection: www.healthcareers.org/

New York Presbyterian Hospital: www.nyp.org/

For more information, contact the Career Services Center and the advisor for the pre-professional programs.

PROFESSIONAL ASSOCIATIONS

American Medical Association: www.ama-assn.org/

Association of American Medical Colleges: www.aamc.org/

American Osteopathic Association: www.osteopathic.org/

American Association of Colleges of Osteopathic Medicine: www.aacom.org/Pages/default.aspx

WEBSITE RESOURCES

Lehman College: <http://www.lehman.edu/academics/pre-health-advising/pre-medicine.php#resources>

Mentoring in Medicine: <http://medicalmentor.ning.com/>

Sources: ama-assn.org, bls.gov/ooh, www.lehman.edu/academics/pre-health-advising/

PRE-OPTOMETRY

BRIEF DESCRIPTION: Pre-Optometry is not a degree, nor is it a major or a minor. Optometrists provide general eye and vision care. However, optometry involves more than just prescribing and fitting contact lenses and glasses. According to the American Optometric Association, "Doctors of Optometry are independent primary health care providers who examine, diagnose, treat, and manage diseases and disorders of the visual system, the eye and associated structures, as well as diagnose related systemic conditions." Optometrists perform comprehensive examinations of both the internal and external structures of the eye, diagnose problems and diseases, and prescribe appropriate treatment. Optometrists also evaluate vision, diagnose visual abnormalities, and prescribe appropriate corrective treatment. In addition, many systemic diseases such as hypertension and diabetes often involve the eyes in the earliest stages. Optometrists can detect these changes and refer the patient for further medical evaluation.

OCCUPATIONS	SALARY RANGE	LEVEL OF EDUCATION
Optician	\$ 31,500 to \$ 46,000 per year	2 year Degree
Optometric Assistant	\$ 34,500 to \$ 49,000 per year	2 year Degree
Optometrist	\$ 84,000 to \$ 136,500 per year	Doctoral Degree

WORK ENVIRONMENTS: Chain Optical Stores, Clinics, Government Health Agencies, Health Maintenance Organizations, Hospitals, Optical Manufacturers and Private Practices

CAREER OUTLOOK/PROJECTIONS

Employment of optometrists is expected to grow by 33 percent from 2010 to 2020, much faster than the average for all occupations.

EXAMPLES OF INTERNSHIPS AND VOLUNTEER OPPORTUNITIES

Step for Leaders: <http://stepforleaders.org/>

Urban Optiques: www.urbanoptiques.com/about/careers

For more information, contact the Career Services Center and the advisor for the pre-professional program.

PROFESSIONAL ASSOCIATIONS

American Optometric Student Association: <http://www.theaosa.org/>

American Academy of Optometry: <http://www.aaopt.org/>

National Optometric Association: <http://www.natoptassoc.org/>

New York State Optometric Association: <http://nysoa.org/>

American Academy of Ophthalmology: <http://www.aao.org/>

WEBSITE RESOURCES

Lehman College: <http://www.lehman.edu/academics/pre-health-advising/pre-optometry.php>

Review of Optometry: <http://www.revoptom.com/>

Optometric Management: <http://www.optometricmanagement.com/>

National Board of Examiners in Optometry: <http://www.optometry.org/>

National Eye Institute: <http://www.nei.nih.gov/>

World Council of Optometry: <http://www.worldoptometry.org/>

Sources: ama-assn.org, bls.gov/ooh, <http://www.lehman.edu/academics/pre-health-advising/pre-optometry.php>

PRE-PHARMACY

BRIEF DESCRIPTION: Pre-Pharmacy is not a degree, nor is it a major or a minor. Pharmacy is a profession that is primarily concerned with the formulation and distribution of drugs and medications. Pharmacists advise on dosages, interactions, and side effects of drugs, and they instruct patients on safe and correct usage of medications. Many pharmacists also provide information about diet, health, and the management of common conditions from poison ivy to diabetes. Most pharmacists work in a retail pharmacy setting or in a hospital, clinic, or long-term care facility. Retail pharmacists may work for a larger chain of drugstores, or they may start their own independent business. Many pharmacists are directly involved in the management and business aspects of their practice.

OCCUPATIONS	SALARY RANGE	LEVEL OF EDUCATION
Pharmacist	\$ 80,000 to \$123,000 per year	Master's or Doctorate
Pharmacologist	\$ 41,500 to \$106,500 per year	Master's or Doctorate
Pharmacy Technician	\$ 27,000 to \$ 36,000 per year	Two-year Degree
Sales Representative	\$ 42,000 to \$ 67,500 per year	Bachelor's Degree

WORK ENVIRONMENTS: Clinics, Government Agencies, Home Health Care Agencies, Hospitals, Insurance Companies, Mail Order Pharmacy Companies, Pharmaceutical Companies, Retail Pharmacy Stores and Retail Store/Supermarket Pharmacy Departments

CAREER OUTLOOK/PROJECTIONS

Employment of pharmacists is expected to increase by 25 percent from 2010 to 2020, faster than the average for all occupations.

EXAMPLES OF INTERNSHIPS AND VOLUNTEER OPPORTUNITIES

CVS Caremark: <http://jobs.cvshealth.com/article/pharmacists-jobs>

Duane Reade: www.duanereade.com/careers.aspx

Rite Aid: www.riteaid.com/careers/

Walgreens: <http://careers.walgreens.com/>

For more information, contact the Career Services Center and the advisor for the pre-professional programs.

PROFESSIONAL ASSOCIATIONS

American Association of Colleges of Pharmacy: <http://www.aacp.org/>

Accreditation Council for Pharmacy Education: <https://www.acpe-accredit.org/>

American Pharmacists Association: <http://www.pharmacist.com/>

American Association of Pharmaceutical Scientists: <https://www.aaps.org/default.aspx>

National Community Pharmacists Association: <http://www.ncpanet.org/>

WEBSITE RESOURCES

Admissions Requirements: <http://www.aacp.org/resources/student/Pages/default.aspx>

New York State Education Department Office of the Professions: www.op.nysed.gov/prof/pharm/

Lehman College: www.lehman.edu/academics/pre-health-advising/pre-pharmacy.php

Institute for Safe Medical Practices: www.ismp.org/

PharmWeb: www.pharmweb.net/

Sources: ama-assn.org, bls.gov/ooh, www.lehman.edu/academics/pre-health-advising/

PRE-PHYSICAL THERAPY

BRIEF DESCRIPTION: Physical Therapy is not a degree, nor is it a major or a minor. A Physical Therapist (PT) is a healthcare professional, who commonly provides non-invasive treatment for musculoskeletal injuries and diseases, but may be involved in treatment of other body systems as well. In addition to treatment of existing problems, they may also provide therapies and strategies to maintain function and/or prevent future injury from occurring. Most PTs are found in primary care settings, such as hospitals, clinics, rehabilitation centers, and nursing homes. There are also options to specialize in a variety of subspecialties such as orthopedics, pediatrics, geriatrics, cardiology, sports medicine, and neurology. The PT field is rapidly growing as demand steadily increases and interest in the profession expands. Many people are attracted to the ability to provide healthcare and earn a good salary. Physical Therapy programs award either the Masters in Physical Therapy (MPT) or Doctorate of Physical Therapy (DPT) degree.

OCCUPATIONS	SALARY RANGE	LEVEL OF EDUCATION
Physical Therapist	\$52,500 to \$ 81,000 per year	Graduate/Doctoral Degree
Physical Therapy Assistant	\$25,500 to \$ 54,000 per year	2 Year Degree

WORK ENVIRONMENTS: Clinics, Hospitals, Health Centers, Private Practices, Rehabilitation Center, Schools, Sports Facilities and Nursing Homes

CAREER OUTLOOK/PROJECTIONS

Employment of physical therapists is expected to increase 39 percent from 2010 to 2020, much faster than the average for all occupations. Demand for PT services will come, in large part, from the aging baby boomers, who are staying active later in life than previous generations did.

EXAMPLES OF INTERNSHIPS AND VOLUNTEER OPPORTUNITIES

Westchester Square Physical Therapy: www.wspt.org

NY Sports Med: <http://www.nysportsmed.com/services/workintern.html>

NYU Hospital for Joint Diseases: <http://tinyurl.com/RuskRehabilitationInternship>

Visiting Nurse Services of New York: <http://www.vnsny.org/careers/students-and-new-grads/>

For more information, contact the Career Services Center and the advisor for the pre-professional programs.

PROFESSIONAL ASSOCIATIONS

American Physical Therapy Association: <http://www.apta.org/>

New York Physical Therapy Association: <http://www.nypta.org/>

RESOURCES

Lehman College: <http://www.lehman.edu/academics/pre-health-advising/pre-physical-therapy.php>

Federation of State Boards of Physical Therapy: www.fsbpt.org

Occupational Outlook Handbook: <http://www.bls.gov/ooh/Healthcare/Physical-therapists.htm>

NYS Education Department Office of the Professions: <http://www.op.nysed.gov/prof/pt/>

LICENSURE

Physical Therapy, Podiatry & Ophthalmic Dispensing

Office of the Professions, New York State Education Department

89 Washington Avenue, Albany, NY 12234

Phone: (518) 474-3817 x180, Email: PTBD@mail.nysed.gov

Sources: ama-assn.org, bls.gov/ooh, www.lehman.edu/academics/pre-health-advising/pre-physical-therapy.php

PRE-VETERINARY

BRIEF DESCRIPTION: Veterinary medicine is not a degree, nor is it a major or a minor. It encompasses a highly diverse professional field. Although traditionally associated with treating and preventing animal disease, veterinarians are also directly involved in protecting public health. The veterinary field has become very specialized, with most modern veterinarians choosing to concentrate in areas such as small animal, large animal, food animal, or exotic animal species. Following completion of pre-veterinary studies, veterinary students complete a standard four-year curriculum. After receiving the DVM (or VMD) degree, the graduate veterinarian is eligible to take national and state board exams and apply for a license to practice. Licensing is controlled by the Board of Veterinary Medicine in each state where the veterinarian wishes to practice. If a license is granted, the veterinarian may go directly into practice. Internships and residencies are not required.

OCCUPATIONS	SALARY RANGE	LEVEL OF EDUCATION
Animal Caretaker	\$ 23,000 to \$ 30,500 per year	Two-year Degree
Animal Trainer	\$ 28,000 to \$ 40,500 per year	Bachelor's Degree
Veterinarian	\$ 66,000 to \$111,000 per year	Medical Degree
Veterinary Technician	\$ 25,000 to \$ 35,000 per year	Two-year Degree

WORK ENVIRONMENTS: Zoos, Aquariums, Federal Land Management Agencies, Environmental Protection Agency, Conservation Agencies, Universities/Colleges and Private Practices

CAREER OUTLOOK/PROJECTIONS

Employment of veterinarians is expected to grow 36 percent from 2010 to 2020, much faster than the average for all occupations. Job opportunities should be particularly good in areas of government and farm animal care.

Employment of veterinary technologists and technicians is expected to grow 52 percent from 2010 to 2020, much faster than the average for all occupations. Job opportunities are expected to be excellent, particularly in rural areas.

EXAMPLES OF INTERNSHIPS AND VOLUNTEER OPPORTUNITIES

ASPCA: www.asPCA.org/

Iroquois National Wildlife Refuge: www.fws.gov/northeast/iroquois/

Turpentine Creek: www.turpentinecreek.org/index.php/opportunities/internships-a-volunteers

Wildlife Conservation Society: www.wcs.org/

For more information, contact the Career Services Center and the advisor for the pre-professional programs.

PROFESSIONAL ASSOCIATIONS

American Veterinary Medical Association: www.avma.org/

Association of American Veterinary Medical Colleges: www.aavmc.org/

National Association of Veterinary Technicians in America: www.navta.net/

Student American Veterinary Medical Association: www.avma.org/savma/

RESOURCES

Lehman College: <http://www.lehman.edu/academics/pre-health-advising/veterinary-medicine.php>

Sources: ama-assn.org, bls.gov/ooh, <http://www.lehman.edu/academics/pre-health-advising/veterinary-medicine.php>



ADDITIONAL MINORS

The following health-related minors are currently available through the Health Sciences Department. Any student interested in learning more about these minors should contact the advisor in the Health Sciences Department for further information.

Developmental Disabilities
Geriatric Health
Public Health
Youth Services



STUDENT CLUBS

Below is a listing of clubs relevant to students within the health majors as well as clubs accepting students in any major. If you are interested in learning more about a club or becoming a member, please contact the Office of Campus Life at 718-960-8535 or visit the Student Life Building, Room 219.

Academic Honors Club

African Nursing Student Association (ANSA)

African Student Association

Anthropology Club

Human Rights and Peace Club

IDENTE Student Association

Intervarsity Christian Fellowship

Latin American Student Association

Latino Health and Nutrition

Lehman Bollywood Dance Club

Lehman College Nutrition Club (LCNC)

Lehman College Women and Leadership Club

Lehman DREAM Team

Lehman Health Promoters Club

Minority Association of Pre-Health Students (MAPS)

Multicultural Awareness Club

Muslim Student Association

National Society of Black Engineers (NSBE)

National Student Speech Language & Hearing Association - Lehman Chapter

Nursing Student Association

Pre-Nursing Club

South Asian Student Association

The Biology Club

TRAX

Truth Club

Woman in Science, Health and Engineering (WISHE)

HOSPITALS OFFERING VOLUNTEER OPPORTUNITIES

If you are interested in volunteering to gain experience in a healthcare setting, below is a listing of hospitals with the links for their volunteer page. Please follow the directions and apply to any facility you are interested in at least 2 months prior to the start of the semester.

MANHATTAN HOSPITALS

Bellevue Hospital Center

462 1st Avenue, New York, NY 10016

<http://tinyurl.com/BellevueHospitalCenter>

Coler-Goldwater Specialty Hospital and Nursing Facility

One Main Street, Roosevelt Island, NY 10044

<http://tinyurl.com/Coler-Goldwater>

Harlem Hospital Center

506 Lenox Avenue, New York, NY 10037

<http://tinyurl.com/HarlemHospitalCenter>

Hospital for Special Surgery

535 East 70th Street, New York, NY 10021

<http://www.hss.edu/volunteer-in-new-york-city.asp>

Memorial Sloan Kettering Cancer Center

1275 York Avenue, New York, NY 10065

<http://www.mskcc.org/mskcc/html/1288.cfm>

Metropolitan Hospital Center

1901 First Avenue @ 97th Street, New York, NY 10029

<http://tinyurl.com/MetropolitanHospitalCenter>

Mount Sinai Medical Center

One Gustave L. Levy Place, Box, 1274 New York, NY 10029

<http://tinyurl.com/MountSinaiMedicalCenter>

New York Foundling

590 Avenue of the Americas, New York, NY 10011

<http://nyfoundling.org/volunteer>

New York Presbyterian Hospital/Weill Cornell Medical Center

525 East 68th Street, New York, NY 10065

<http://nyp.org/volunteer/weillcornell.html>

New York Presbyterian Hospital/The Allen Hospital

5141 Broadway, 1 Center West-Room 011, New York, NY 10034

<http://nyp.org/volunteer/allen.html>

New York Presbyterian Hospital/Columbia University Medical Center & Morgan Stanley Children's Hospital

622 West 168th Street, Energy Court 2nd Floor, New York, NY 10032

<http://nyp.org/volunteer/columbia.html> /

<http://nyp.org/volunteer/morganstanley-location.html>

NYU Langone Medical Center and School of Medicine

550 First Avenue, New York, NY 10016

<http://www.med.nyu.edu/about-us/how-you-can-help/volunteer>

BRONX HOSPITALS

Bronx-Lebanon Hospital Center

1650 Grand Concourse, Bronx, NY 10457

<http://www.bronxcare.org/about-us/contact-us/>

Calvary Hospital, Inc.

1740 Eastchester Road, Bronx, NY 10461

Web: www.calvaryhospital.org

Jacobi Medical Center

1400 Pelham Parkway South, Bronx, NY 10461

<http://tinyurl.com/JacobiMedicalCenter>

James J. Peters VA Medical Center

130 West Kingsbridge Road,
Bronx, NY 10468

<http://www.bronx.va.gov/giving/>

Lincoln Medical and Mental Health Center

234 East 149th Street, Bronx, NY 10451

<http://tinyurl.com/LincolnMedical>

Montefiore Medical Center - Henry & Lucy Moses Div.

111 East 210th Street, Bronx, NY 10467

<http://www.montefiore.org/volunteer>

North Central Bronx Hospital

3424 Kossuth Avenue & 210th Street, Bronx, NY 10467

<http://tinyurl.com/NorthCentralBronxHospital>

St. Barnabas Hospital

4422 Third Avenue, Bronx, NY 10457

College Volunteers: (718) 960-9203

http://sbhny.org/index.php/about_us/volunteers

BROOKLYN HOSPITALS

Brookdale Hospital Medical Center

2554 Linden Boulevard, Brooklyn, NY 11208

<http://brookdalehospital.org/community/volunteers.html>

The Brooklyn Hospital Center

121 DeKalb Avenue, Brooklyn, NY 11201

<http://www.tbh.org/ways-to-give/volunteering>

Kingsbrook Jewish Medical Center

585 Schenectady Avenue, Brooklyn, NY 11203

<http://tinyurl.com/KingsbrookJewishMedicalCenter>

Mount Sinai Brooklyn

3201 Kings Highway, Brooklyn, NY 11234

<http://tinyurl.com/MountSinaiBrooklyn>

New York Community Hospital of Brooklyn, Inc.

2525 Kings Highway, Brooklyn, NY 11229

<http://www.nych.com/Community-Outreach-and-Volunteers>

SUNY Downstate Medical Center

450 Clarkson Avenue, Brooklyn, NY 11203

<http://tinyurl.com/SUNYDownstateMedicalCenter>

QUEENS HOSPITALS

Elmhurst Hospital Center

79-01 Broadway, Elmhurst, NY 11373

<http://tinyurl.com/ElmhurstHospitalCenter>

Flushing Hospital Medical Center

43-40 Parsons Blvd., Flushing NY 11355

<http://preview.tinyurl.com/FlushingHospital>

Forest Hills Hospital

102-01 66th Road, Forest Hills, NY 11375

<http://tinyurl.com/ForestHillsHospital>

Jamaica Hospital

8900 Van Wyck Expressway, Jamaica, NY 11418

<http://tinyurl.com/JamaicaHospital>

Mt Sinai Hospital of Queens

2322 30th Road Ste. 2, Astoria, NY 11102

<http://www.mshq.org/about-us/volunteer>

New York Presbyterian-Queens

56-45 Main, Street, Flushing, NY 11355

http://www.nyhq.org/Become_a_Volunteer

Queens Hospital Center

82-70 164th Street, Jamaica, NY 11432

<http://tinyurl.com/QueensHospitalCenter>

St. John's Episcopal Hospital

327 Beach 19th Street, Far Rockaway, NY 11691

<http://www.ehs.org/About-Us/Volunteering>

WESTCHESTER HOSPITALS

Blythedale Children's Hospital

95 Bradhurst Avenue, Valhalla, NY 10595

<http://www.blythedale.org/volunteers>

Hudson Valley Hospital Center

1980 Crompond Road, Cortlandt Manor, NY 10567

Volunteer: Pick up Application

New York Presbyterian Hospital - Westchester Division

21 Bloomingdale Road, White Plains, NY 10605

<http://nyp.org/volunteer/westchester.html>

Northern Westchester Hospital

400 East Main Street, Mount Kisco, NY 10549

<http://nwhc.net/about-us/volunteer>

Phelps Memorial Hospital

701 North Broadway, Sleepy Hollow, NY 10591

<http://tinyurl.com/PhelpsMemorialHospitalCenter>

SJRH - St John's Division

967 North Broadway, Yonkers, NY 10701

<http://tinyurl.com/St-JohnsRiversideHospital>

St Joseph's Medical Center

127 South Broadway, Yonkers, NY 10701

<http://tinyurl.com/St-JosephsMedicalCenter>

Westchester Medical Center

100 Woods Road, Valhalla, NY 10595

<http://tinyurl.com/WestchesterMedicalCenter>

White Plains Hospital Center

41 East Post Road, White Plains, NY 10601

<http://www.givetowphospital.org/volunteer-opportunities/volunteer-program>

NOTES

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Lehman College/CUNY
THE CAREER SERVICES CENTER

250 Bedford Park Boulevard West
Bronx, NY 10468

p: 718-960-8366 ▪ f: 718.960.7887

e-mail: career.services@lehman.cuny.edu ▪ <http://www.lehman.edu/career-services/>



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