

# Adult Degree Program - Winter & Spring 2016

## IBA Classes

### WINTER 2016

**IBA 150.IJ81 Reg. Code:62484 Is Good Parenting Enough (3 cr)**  
**Tuesday, Thursday, Saturday 6PM – 9:30PM (T/TH) & 10AM – 5PM (SAT) Instructor: R. Grizzel**

This course will exam the psychological, sociological and cultural changes that have impacted parenting within the past 400 years. Different schools of thought regarding parenting will be examined as well as historical differences, cultures, and consideration of today's challenges. Traditional and non-traditional family structures (two parents, single parent, and extended family) will also be discussed.

+++++

### SPRING 2016

**IBA 150.XW81 Reg Code:63591 The Art and Science of Relationships (3 cr)**  
**Wednesdays 6PM – 8:40PM Instructor: R. Grizzel**

Humans are social creatures and exist in a social context. While social behavior occurs in the here and now, relationships are also impacted by the past. This course will explore the interpersonal dynamics that occur in a person's life to gain a better understanding of relationships using empirical research and information from psychology and sociology. Variations of relationships will be examined (i.e. intimate, personal, business and familial).

**IBA 151.XH81 Reg Code: 63602 Food, Health and The Environment: What's The Connection (3 cr)**  
**Thursdays 6PM – 8:40PM Instructor: L. Judd**

This class will explore the ways that food, health and the environment are inter-connected. The course will examine food production and consumptions and how this affects both individual (personal) health and the health of the planet. We will explore exposure to environmental factors such as water and air pollution, indoor air pollution, toxic contamination, etc. Additionally, we will explore ways in which health care that emphasizes environmental responsibility and protecting the health of patients in a holistic manner is beneficial for everyone.

**IBA152.XW81 Reg Code: 63609 The Historical Fascination with Fear (3 cr)**  
**Wednesday 6PM – 8:40PM Instructor: G. Green**

This course will chronicle the thrilling careers of monsters, mad scientists, and psycho killers from "Frankenstein" to the "The Shining". We will explore the ways in which horror films and fiction help us to manage existential fear and fear of the unknown. Students will cringe and shriek their way through selected works of fiction and feature films while learning the authors' stylistic approaches to writing.

**IBA 153.XT81 Reg Code: 63619 Cultural Identities Reflected in the Performing Arts (3 cr)**  
**Tuesday 6PM – 8:40PM Instructor: R. Heydarbeygi**

This course will examine how issues of identity, class, birthright and gender are reflected in specific works of arts and genres.

**IBA 154.H01    Reg Code: 63620    \*Images of Self: Memoirs and Autobiographies (3 cr)**

**Saturday**

**9AM – 11:40AM**

**Instructor: S. Thompson**

This course is designed to support students in exploring concepts of self through the analysis of print and visual texts, as well as sharing meaningful experiences in their own lives through written expression. Coursework will be comprised of both informal and formal responses to visual and written representations of the self by writers, photographers, and painters, and exercises in memoir writing.

*\*Please note that this is a hybrid class. Coursework will be divided between on-campus class sessions and online work via Blackboard. The course will meet on the following Saturdays: 01/30, 02/13, 02/27, 03/12, 04/09, 04/16, 05/07, and 05/21*

**IBA 155.H01    Reg Code: 63633    \*Food for Thought: Eating and Drinking Across Cultures (3 cr)**

**Saturday**

**12PM – 2:40PM**

**Instructor: S. Thompson**

This course will explore attitudes toward food across cultures, with an emphasis on both literal and figurative roles of eating and drinking in popular literature and film. Readings will be drawn from traditional articles and fiction, as well as websites, blogs, and other forms of New Media. Online viewing of documentaries, feature films, and video clips of food-centric reality television will be an integral part of coursework, as will research and blogging about our discoveries.

*\*Please note that this is a hybrid class. Coursework will be divided between on-campus class sessions and online work via Blackboard. The course will meet on the following Saturdays: 01/30, 02/13, 02/27, 03/12, 04/09, 04/16, 05/07, and 05/21*

**IBA 156.H81    Reg Code: 63635    \*Bullying: The Toxicity of Our Culture (3 Cr)**

**Fridays**

**6PM – 8:40PM**

**Instructor: R. Grizzel**

This course uses both a psychological and sociological perspective to examine bullying online, in person, at school, and in the workplace. Issues pertaining to age, gender, clique, gang, ethnicity, sexual orientation, power and/or position are introduced. The focus is on recognizing, understanding, and learning how to deal with its complexities. The course will use research, journal articles, books and current news topics to develop an understanding of “bullying” in its many forms and manifestations in the 21st century.

*\*Please note that this is a hybrid class. Coursework will be divided between on-campus class sessions and online work via Blackboard. The course will meet on the following: Fridays: 1/29, 2/5, 3/4, 3/11, 3/23 (Wed), 4/15, and 5/27*

**IBA 157.01    Reg Code: 63636    The Art of Persuasion: The Craft of Political Action (3 cr)**

**Saturday**

**3PM – 5:40PM**

**Instructor: F. Aquino**

This course will study the art of persuasion. Students will gain a fundamental understanding of persuasion through exploration of the underlying theories. A large portion of this course will be built around the understanding of how and why others are persuaded. Students will analyze political messages and apply learned concepts through demonstration via written and oral communications. Writings will include, but not be limited to, op-ed, letters to the editor and political representatives, and pieces for advertising and fundraising.

**IBA 158.01      Reg Code: 63638      Immigration and the Media (3 cr)**

**Saturday**

**12PM-2:40PM**

**Instructor: F. Aquino**

A significant portion of the history of the United States of America, from the Mayflower to the recent discussion on accepting Syrian refugees, can be understood through the lens of media coverage on immigration. We will take a close look at the role the media has had on the immigration debate including shaping public opinion, presenting government policies as successful or not, and the impact this has had on immigrant communities. The course goal is to help students evaluate different approaches the media has taken around the issue of immigration and apply critical analysis through written and verbal assignments.

**IBA 159.XT81      Reg Code: 63640      Unchained Cinema: The Struggle of Human Rights on Film (3 cr)**

**Tuesday**

**6PM - 8:40PM**

**Instructor: J. Gaffney**

The course will exam films that present the struggles and hardships endured by those who rebel against the harsh implementation of abusive power through the world. Not all the people involved in these struggles are heroic, though some most certainly are. Questions concerning strategy, goals, character, morality, and justice will be addressed as the process of evaluation turns complex. The course will encompass politics, culture, and history as we examine the films under consideration.

**IBA 160.XM81      Reg Code: 63644      \*Prior Learning Assessment: Portfolio Development (3 cr)**

**Monday**

**6PM – 8:40PM**

**Instructor: J. Gaffney**

This course is designed to teach students the organization and structure needed to develop a formal portfolio of their alternative learning experiences in the workforce. Many adult students have done substantial learning through work experience. The ability to write a comprehensive and convincing document of these experiences is critical for positive evaluation and award of credits.

\*This is a three-credit course, in addition to the 1–15 credits which may be awarded for the life experience. Prerequisite: You must have a minimum of 60 credits, 12 of which were awarded at Lehman College.

**IBA 162.01 Reg Code : 63647      Health, Wealth, and Happiness: The Importance of Greening (3 cr)**

**Sunday**

**12PM – 2:40PM**

**Instructor: L. Judd**

This course explores the growing necessity to understand how living, working, and eating "green" affects our lives. Panel discussions with experts from respective fields include Water and Conservation, Green Business Development, and Sustainable Living, and a field trip will add insight to class lectures. Green Investing Eco-Tourism, working, building and eating "green" will also be explored.