IBA Course Codes Are Changing!
The course codes for IBA classes are changing to better reflect the actual level of the class. Here’s a grid to show how the course codes will change. The schedule for winter/spring is in this bulletin. You can repeat a course as long as the topic is different.

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Winter/Spring Registration Starts in Early November!
Make an Appointment for Advising Now!
Have you met with your advisor to plan your Winter and/or Spring registration? If not, please make an appointment ASAP! Email adult.degree@lehman.cuny.edu or call 718-960-8666. Please have your Empl ID handy and include some days and times you can come in.

New Advising Model in ADP
In order to better serve you, we are moving to a caseload advising model. This means you will be assigned to one ADP advisor who will work with you throughout your time at Lehman. The purpose of our doing this is to help each student develop a relationship with their advisor that is consistent. Of course, we will continue to send you to your major department for major advising. You will be informed of who your advisor is by email. If for some reason, you prefer to work with a different advisor, just let us know.

Winter 2019 IBA Course

IBA 150/250: Is Good Parenting Enough? Grizzel, Class # 48151
Schedule: Tu/Th 6-9:30 pm and Sat 10:00 am - 5:00 pm + Additional Online hours
Explore the psychosocial & cultural changes that have impacted parenting during the past 400 years. Different schools of thought about parenting will be considered along with historical differences, varying cultural beliefs and consideration of today’s challenges. Traditional & non-traditional family structures will also be discussed.
### NEW CLASS!

**IBA 135: Learning Inside & Outside the Classroom (WI). 3 sections**

This course will introduce students to principles of cognitive psychology and neuroscience that have a direct bearing on becoming a high performing student. Topics include attention, memory processes, motivation, and brain-behavior correlates. Students will develop strategies for managing the challenging and increasing workload of returning to school and be able to apply this knowledge as learners, employees and, for those with children, as parents. Students will also have the opportunity to explore learning in the context of current or future career prospects. Highly recommended for all first or second semester students. 3 sections available: Monday, Maritza Rivera # 59738; Wednesday, Harriet Fayne, # 59732; Friday, Ray Grizzel, # 59738

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<tr>
<th>Time</th>
<th>Monday</th>
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<td>IBA 160/360 HINDEN Prior Learning Assessment</td>
<td>ENG 111</td>
<td>IBA 135 RIVERA Learning Inside and Outside the Classroom</td>
<td>ENG 111</td>
<td>IBA 150/250 GRIZZEL The Art and Science of Relationships</td>
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<td>MAT 126 T/TH</td>
<td>IBA 135 GRIZZEL Death: A Course for the Living</td>
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**Time**

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<td>9:00 AM</td>
<td>IBA 150/250 CLARKE Food for Thought: Eating and Drinking Across Cultures</td>
<td>IBA 154/254 JUDD Food, Health and the Environment</td>
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<td>12:00 PM</td>
<td>IBA 153/253 CLARKE Images of Self: Memoir and Autobiography</td>
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### IBA 150/250: Interdisciplinary Studies of People and Culture

**Death: A Course for the Living (WI). Wednesday 6 pm, Grizzel. Class # 59705**

This course will consider the biopsychosociospiritual aspects of death in its various forms in our society. Endings and losses are experienced by everyone. The impermanence of reality makes them impossible to avoid. Yet these deeply emotional occurrences are rarely openly addressed. Through readings of source material from books, articles, and research, we will consider the biological, psychological, social, and spiritual aspects of these events and the ways that people engage to ineffectively and effectively deal with these significant changes in their lives.

**The Art and Science of Relationships (WI). Monday 6 pm, Grizzel. Class # 59706**

Humans are social creatures and exist in a social context. While social behavior occurs in the here and now, relationships are also impacted by the past. This course will explore the interpersonal dynamics that occur in a person’s life to gain a better understanding of relationships using empirical research and information from psychology and sociology. Variations of relationships will be examined (i.e. intimate, personal, business and familial).

**Food for Thought, Eating & Drinking Across Cultures (WI). Saturday 9 am, Clarke. Class # 59707**

An exploration of attitudes toward food across cultures, with an emphasis on both literal and figurative roles of eating and drinking in popular literature and film. Readings will be drawn from traditional articles and fiction, as well as websites, blogs, and other forms of New Media. Online viewing of documentaries, feature films, and video clips of food-centric reality television will be an integral part of coursework, as well as research and blogging about our discoveries.

### IBA 151/251: Interdisciplinary Studies in Local and Global Issues

**Making NYC Neighborhoods Sustainable. Thursday 6 pm, Judd. Class # 59708**

This course will introduce students to the subjects of urban sustainability and resilience by examining community projects in New York City. The focus will be to compare and contrast these projects in an environmental, economic, political, and sociological context. Projects studied will include local community development projects, affordable green housing projects, parks restoration, and school sustainability projects. Discussions with guest speakers, films, and a field trip will bring students face to face with the people, places and community groups that are on the front lines of the sustainability movement in NYC. Students will then complete a research and analysis project focusing on an area of need in the local community and compare and contrast with similar projects.
IBA 152/252: Interdisciplinary Studies in Politics, Power and Change

Immigration and the Media. Friday 6PM, Aquino.  Class # 59710

A significant portion of the history of the United States, from the Mayflower to the recent discussion on accepting Syrian refugees, can be understood through the lens of media coverage on immigration. We will take a close look at the role the media has had on the immigration debate including shaping public opinion, presenting government policies, and the impact this has had on immigrant communities. The course goal is to help students evaluate different approaches the media has taken around the issue of immigration and apply critical analysis through written and verbal assignments.

The Art of Persuasion (WI). Thursday 6 pm, Ferris. Class # 59712

This course will study the art of persuasion. Students will gain a fundamental understanding of persuasion through exploration of the underlying theories. A large portion of this course will be built around the understanding of how and why others are persuaded. Students will analyze political messages and apply learned concepts through demonstration via written and oral communications. Writings will include, but not be limited to, op-ed, letters to the editor and political representatives, and pieces for advertising and fundraising.

IBA 153/253 - Interdisciplinary Studies in Artistic and Literary Expression

The Language of Love (WI). Tuesday 6 pm, Green. Class # 59714

Students will read and analyze the most beautiful love poems ever written and poems that speak to every aspect of desire and aspiration. We will cover the “greatest hits” of the English language tradition as well as poems in translation and the most exciting and compelling contemporary poems. The class will take a “nuts and bolts” approach to poetic technique and learn the methods that poets employ to enchant and delight us.

Images of Self: Memoirs and Autobiographies (WI). Saturday 12 pm, Clarke. Class # 59716

This course is designed to support students in exploring concepts of self through the analysis of print and visual texts, as well as sharing meaningful experiences in their own lives through written expression. Coursework will be comprised of both informal and formal responses to visual and written representations of the self by writers, photographers, and painters, as well as exercises in memoir writing.

IBA 154/254 - Interdisciplinary Studies in Science Literacy

Food, Health and the Environment. Sunday 12 pm, Judd. Class # 59719

This class will explore the ways that food, health and the environment are inter-connected. We will look at the way food is produced and consumed in this country and how food affects our personal health as well as the health of the planet. We will look at ways that our personal health is affected by exposure to environmental factors such as water and air pollution, indoor air pollution, toxic contamination, etc. Additionally, we will explore how health care that emphasizes environmental responsibility and protecting the health of patients in a holistic manner is beneficial for everyone.

IBA 160/360 - Prior Learning Assessment: Portfolio Development

Prior Learning Assessment: Portfolio Development (WI). Monday 6 pm, Hinden. Class # 59721

This course is designed to teach students the organization and structure needed to develop a formal portfolio of their alternative learning experiences. Many adult students have done substantial learning through work or volunteer experience. The ability to write a comprehensive and convincing document of these experiences is critical for positive evaluation and award of credits. This is a three-credit course, in addition to the 1–15 credits which may be awarded for the life experience. Prerequisite: 60 total credits of which 12 must be at Lehman. For permission to register, please email pamela.hinden@lehman.cuny.edu.

Please note: PLA credits do not count towards residency requirements. In order to graduate from Lehman College, every student must earn a minimum of 30 credits in residence. For honors, a student must earn 60 credits in residence at Lehman College, of which at least 42 are indexable, with a minimum cumulative index of 3.4. PLA credits are not indexable and do not count towards residency. This is likely to impact eligibility for honors.

WI—WRITING INTENSIVE DESIGNATION

All Lehman students need to complete courses with the writing intensive designation. Some but not all IBA courses are designated as WI. Other departments also offer WI courses including English, Sociology and LEH. Speak to your advisor about your WI requirements so you can choose classes that will fulfill this requirement.
English and Math Classes for ADP Students

Math 126: Quantitative Reasoning, 3 sections, M/W 6-7:40, Josue Cordones, Class # 52599; T/TH 6-7:40 pm, Rafael Gonzalez, Class # 52600; T/TH 7:50-9:30 pm, Handel Leon, Class # 52601

This is a special MAT 126 class only for ADP students who have not passed the CUNY Math Assessment Test or the CUNY Elementary Algebra Final Exam (CEAFE). This course provides a survey of modern quantitative techniques in a variety of disciplines. Critical thinking and mathematical/quantitative literacy are emphasized.

Math 132: Intro to Statistics, 2 sections, Julian Adams-Ng T/TH 6-7:40 pm, Class # 56723; T/TH 7:50 pm-9:30 pm, Class # 56725

This is a special MAT 132 class only for ADP students who have passed MAT 030/OSS or placed into MAT 104. It is designed to allow students to skip MAT 104 entirely if it is not needed for the major. Please check your major requirements to determine whether or not MAT 104 is a requirement or prerequisite for other courses that you plan to take such as chemistry, etc.

English 111—Composition I: T/TH 6-7:40 pm, Sandra Holy, Class # 58617
English 121—Composition 2: T/TH 7:50 pm—9:30 pm, Sandra Holy, Class # 58769

Focus on all aspects of reading and writing, with particular attention to summary, critical responses to short texts, argumentative development in paragraphs and essays, and the rewriting process. Emphasis on organization, language, accuracy, grammar, and mechanics. Classroom instruction supplemented by individual conferences on drafts with instructor, library resources sessions, and appropriate use of available technology. Note: All students, unless exempted, must pass this course in fulfillment of the General Education Requirement in English Composition. Students who take but do not pass this course should repeat it the following semester. Students who pass ENG 111 proceed to ENG 121 the following semester. These are special English composition classes only for ADP students.

Permission

All ADP classes including English and Math are by permission. To obtain permission, email adult.degree@lehman.cuny.edu with your name, Empl ID, and the specific course you want. Please include the course name, and the day(s) and time the class meets. This will allow us to process your permission as quickly as possible.

Lehman College
Adult Degree Program
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